



Colorado WIC

Farm to Family

What is the Farm to Family Program?

Colorado WIC families can now buy their fruits and vegetables from WIC authorized farmers.

Benefits include:

- Choosing from a variety of delicious local fruits and vegetables
- Feeding your family healthy and fresh produce straight from the farmer to your table!
- Educating your children about Colorado farmers and farming
- Enjoying fun family activities. Many Farmer's markets have family entertainment such as live music, face painters, balloon artists, and more!
- Supporting Colorado farmers and your community

Take your family to a farmer's market or road-side stand to experience all the great benefits of buying local produce.

Buy Fresh

Fruits & Vegetables

From Your

Local Farmers

Ask your WIC Educator for more information!



Colorado Department of Public Health and Environment

Colorado Women, Infants, Children (WIC) Program

www.coloradowic.com

