

Colorado

Family Planning Program



2014 Annual Report



COLORADO
Department of Public
Health & Environment

What is Title X (Title X)?

The Title X Family Planning program ["Population Research and Voluntary Family Planning Programs" (Public Law 91-572)] was enacted in 1970 as Title X of the Public Health Service Act. Title X is the only federal grant program dedicated solely to providing individuals with comprehensive family planning and related preventive health services. The Title X program is designed to provide access to contraceptive services, supplies and information to all who want and need them. By law, priority is given to persons from low-income families.

History of Title X in Colorado

The Colorado Department of Public Health and Environment (CDPHE) has been a grantee of Federal Title X funds since 1970. The Title X program has received bipartisan support for the past 45 years and continues to be an integral piece of the public health system nationally and in Colorado.

Activities

Over the past 45 years, Title X Family Planning clinics have played a critical role in ensuring access to a broad range of family planning and related preventive health services for millions of low-income or uninsured individuals. In addition to contraceptive services and counseling, Title X-supported clinics provide a number of important preventive health services:

- Patient education and counseling
- Pelvic examinations
- Breast and cervical cancer screening according to nationally recognized standards of care
- Sexually transmitted disease (STD) and Human Immunodeficiency Virus (HIV) prevention education, counseling, testing and referral
- Pregnancy diagnosis and counseling

"Nearly 70 percent of the individuals who utilize Title X funding are at or below the federal poverty level. This is why we must work to affirmatively protect access for the millions of women who receive health care through Title X participants."
[TPM, 5/9/12]

US Rep. Robert Dold (R-IL)

By law, Title X funds may not be used for programs in which abortion is a method of family planning. The Title X family planning program is intended to assist individuals in determining the number and spacing of their children. This promotes positive birth outcomes and healthy families. The education, counseling and medical services available in Title X-funded clinic settings assist in achieving these goals.

Did You Know?

- In 2014, the Colorado Title X Family Planning Program distributed federal Title X, state and private funding to 69 clinics run by 28 agencies to provide family planning services to over 55,000 men and women in Colorado.
 - In 2014, 29% of Title X clients seeking a contraceptive method received a LARC.
 - 87 percent of Title X clients who received family planning services in 2014 had income at or below 150 percent of the federal poverty level.
 - Title X agencies in Colorado include local health departments, Federally Qualified Health Centers (FQHCs), hospitals and private nonprofit clinics.
 - Abortion services are not funded by Title X or state family planning dollars.
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Colorado's Winnable Battles

In January 2011, CDPHE chose 10 public health issues as “Winnable Battles” for Colorado. Not only was unintended pregnancy named as a Winnable Battle, but it was identified by the Prevention Services Division as one of its top two priorities. Prioritization brings focus and added support for addressing unintended pregnancy and helps coordinate prevention efforts among state agencies and external partners.

Title X Saves Colorado Money

- Unintended pregnancy costs Colorado more than \$160 million annually in Medicaid costs. Fewer than half the births (42 percent) in Colorado are paid for by Medicaid. Of these publicly funded births, more than half are the result of an unintended pregnancy (52 percent).
- Nationally, every \$1.00 invested in helping women avoid pregnancies they did not want to have saved \$7.09 in Medicaid expenditures that otherwise would have been needed (Gutmacher, October 2014).

Colorado Family Planning Initiative Grant

CDPHE's Colorado Family Planning Initiative (CFPI) was created in 2008 to increase Title X clients' access to long-acting reversible contraceptives (LARC) and expand access to family planning services. More than \$25 million has been invested in this seven-year effort through an anonymous donor to remove barriers of these highly efficacious, but expensive methods of family planning. Title X agencies have developed local approaches for expanding family planning services that include increased family planning staff, expanded clinic hours, additional clinic sites, improved collaboration with local providers and community organizations, the purchase of equipment, improvements to clinical space and outreach strategies to inform potential clients. *The results from this LARC program have been game-changing:*

Outcomes (between 2008 and 2011 unless otherwise noted):

- IUD and implant use among family planning clients using contraception grew from 4.5% before the initiative began to 19.4% in 2011.
- The birth rate among low-income women in the counties served by the initiative dropped 39% for ages 15-19 and 22% for ages 20-24 between 2009 and 2012.
- Fully half of teen mothers reported using a LARC method after delivery in 2009-2010. This was the highest rate of 15 states in a study conducted by the Centers for Disease Control.
- The number of repeat teen births (teens giving birth for the second or third time, etc.) dropped by 53% between 2009 and 2013.
- The abortion rate among all women ages 15-19 fell by 42%, and among women ages 20-24 by 18%, between 2009 and 2013.
- The birth rate for all women 15-19 fell by 40% between 2009 and 2013.

2014-2015 marks the final year of this special grant-funded program. CDPHE is working on a program plan to ensure that the monumental gains made from this program will continue in the years to come.

The Solution

There is no single answer to solving the problem of unintended pregnancy. Proven strategies include ensuring access to services, providing evidence-based, comprehensive sex education in schools, and promoting reproductive life planning and positive youth development activities. Family planning health centers provide services that allow all people freedom to choose when and if they want to have children, reducing unintended pregnancy and protecting the welfare of the state.

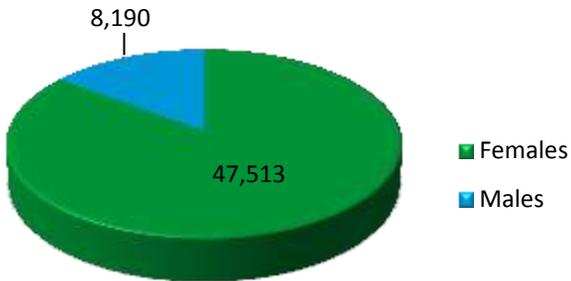
2014 Results

In 2014, the total number of clients served in Colorado was 55,703 (47,513 female and 8,190 male clients).

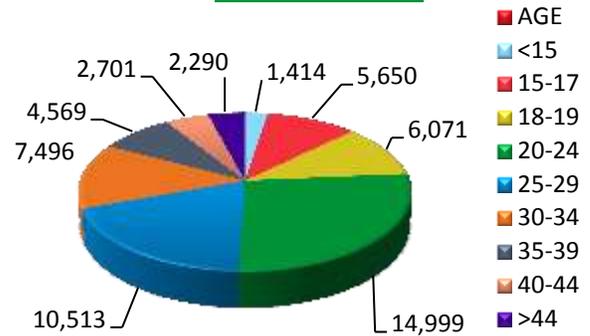
Total 2014 Budget = \$17,339,974

**This budget includes Federal Title X, State General Fund and CFPI Grant funds. Delegate agencies contribute to the project, as well, though clinic income, county support and local fund raising efforts.*

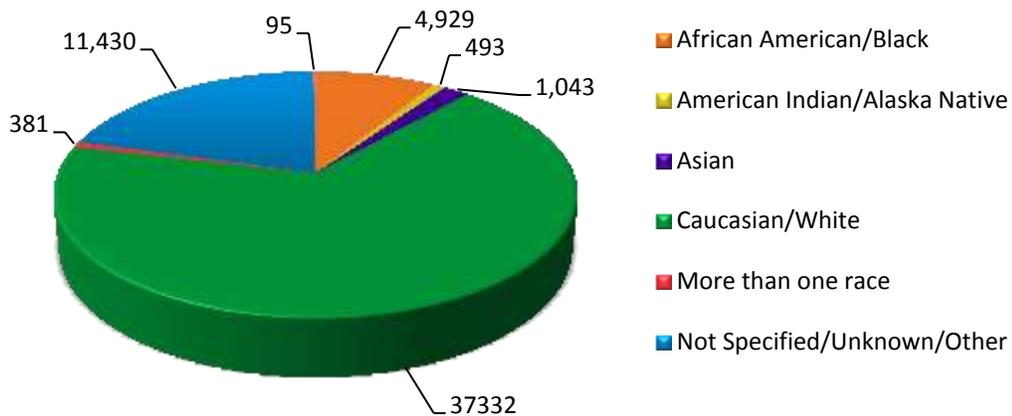
2014 - Gender



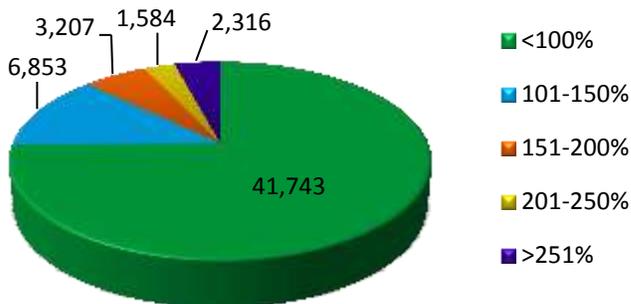
2014 - Age



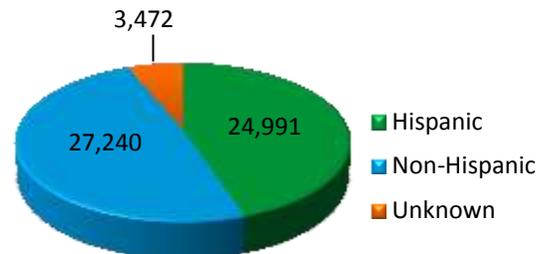
2014 - Race



2014 - Income



2014 - Ethnicity



For more information, please contact:

Jody Camp, Family Planning Manager, Jody.Camp@state.co.us

Colorado Department of Public Health and Environment • 4300 Cherry Creek Drive South • Denver, Colorado • 80246