

Dear Stakeholders:

The Division is proposing amending the section regarding personal care workers. The changes are highlighted in yellow below. Any questions or written comments regarding this amendment should be provided by June 4, 2014 and directed to Laurie Schoder at [laurie.schoder@state.co.us](mailto:laurie.schoder@state.co.us).

1 **DEPARTMENT OF PUBLIC HEALTH AND ENVIRONMENT**

2 **Health Facilities Regulation Division**

3 **STANDARDS FOR HOSPITALS AND HEALTH FACILITIES**

4 **CHAPTER XXVI - HOME CARE AGENCIES**

5 **6 CCR 1011-1 Chap 26**

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7 **Section 8. NON-MEDICAL/PERSONAL CARE**

8 \* \* \* \* \*

9 8.5 Personal care worker

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11 (D) In order to delineate the types of services that can be provided by a personal care worker, the  
12 following are examples of limitations where skilled home health care would be needed to meet  
13 higher needs of the consumer.

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15 (15) Transfers. A personal care worker may assist with transfers only when the consumer  
16 has sufficient balance and strength to reliably stand and pivot and assist with the  
17 transfer to some extent. Adaptive and safety equipment may be used in transfers,  
18 provided that the consumer and personal care worker are fully trained in the use of the  
19 equipment and the consumer, consumer's family member or guardian can direct the  
20 transfer step by step. Adaptive equipment may include, but is not limited to wheel  
21 chairs, tub seats and grab bars. Gait belts may be used in a transfer as a safety device  
22 for the personal care worker as long as the worker has been properly trained in its use.

23 (a) A personal care worker shall not perform assistance with transfers when the  
24 consumer is unable to assist with the transfer. Personal care workers, with  
25 training and demonstrated competency, may assist a consumer in a transfer  
26 involving a lift device.

27 (b) A personal care worker may assist the informal caregiver with transferring the  
28 consumer provided the consumer is able to direct and assist with the transfer.

29 \* \* \* \* \*

30 (20) Respite care and companionship. A personal care worker may provide respite and  
31 companionship in the consumer's home according to the service plan as long as the  
32 necessary provision of services during this time does not include skilled **personal care**  
33 **HOME HEALTH** services as described in this regulation.

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(21) Housekeeping services. **IF PERSONAL CARE SERVICES ARE BEING PROVIDED**, A A personal care worker may **ALSO** provide housekeeping services, such as dusting, vacuuming, mopping, cleaning bathroom and kitchen areas, meal preparation, dishwashing, linen changes, laundry and shopping in accordance with the service contract. Where meal preparation is provided, the personal care worker should receive instruction regarding any special diets required to be prepared.

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