

STATE OF COLORADO

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Dedicated to protecting and improving the health and environment of the people of Colorado

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Colorado Department
of Public Health
and Environment

Availability and Cost of First Aid Training In Colorado

According to regulations passed by the Board of Health on April 16, 2008 and **effective November 1, 2008**, there shall be **at least one staff person onsite at all times** who has a current certification in first aid specific to adults (standard first aid) that meets the standards of either the American Red Cross or the American Heart Association. This training must be documented in the staff record.

The information below refers you to information on the availability and cost of first aid courses in Colorado. This is *not* a comprehensive list. We encourage you to check your city/county recreation center, nearest community college, local fire department or hospital. When you take a first aid course from an authorized trainer for the American Red Cross or the American Heart Association, you will receive a card bearing the name of that organization when you complete the course.

(Please note: There is **not** a regulation in Colorado requiring CPR training in assisted living residences.)

American Red Cross Standard First Aid (adult first aid)

Contact information for the American Red Cross

Statewide office:

American Red Cross
444 Sherman Street
Denver, CO 80203
1-800-RED CROSS
www.redcross.org

Counties Served: All

Class Information: To register individuals for classes at the American Red Cross, please call 1-800-RED CROSS or www.redcross.org - Take A Class

To become an American Red Cross Instructor, please visit www.redcross.org – Select *Preparing and Getting Trained – Red Cross Instructors*. You need to submit an application to become an Authorized Provider for the American Red Cross. Once your application has been received, a Red Cross representative will call you with next steps.

Onsite Training: The American Red Cross can come out to your location to teach your employees with a group of 6 or more. Please contact Jen Kirkham at Jennifer.kirkham@redcross.org or (303) 607-4743.

**If a class is unavailable in your location, please contact Jen Kirkham to refer you to an American Red Cross instructor who may be able to meet your needs.

American Heart Association “Heartsaver” First Aid

“Heartsaver” first aid is available in classroom settings throughout the state (also in Spanish), as well as online. Heartsaver first aid is valid for two years. See page four for a list of American Heart Association authorized training organizations in Colorado or visit www.americanheart.org, and enter your zip code.

Instructor Training (Train-the-Trainer)

The American Heart Association also has instructor “train-the-trainer” classes. Prices and course requirements vary. Contact the American Heart Association directly for specific information on this program, or use the list (on page four) of American Heart Association Colorado authorized training organizations.

Online Training

If you are interested in taking the online heartsaver first aid, visit www.southwestcpr.com.

Onsite Training

Onsite training is offered through the American Heart Association authorized training centers listed on page four. Call the center in your area to additional information

Colorado Safety Association (Chapter of the National Safety Council)

Following the American Heart Association training guidelines, the National Safety Council’s Colorado chapter (Colorado Safety Association) offers first aid training in Denver for \$40. Their classes are also taught around the state by private safety organizations.(a listing of these is on page five). Onsite training and “train the trainer” courses are also available. Prices and course requirements vary. You may contact the organization directly at www.coloradosafety.org, 4730 Oakland St # 500, Denver, CO 80239, (303) 373-1937.

Other Approved Trainers for First Aid Training

aQuire (online training)
American Health Care Academy
American Heart Association
American Red Cross
American Safety and Health Institute (ASHI)
American Safety Training Institute
CPR Colorado
Emergency Care and Safety Institute
Emergency First Response
Emergency University (an on-line FA course
Heart Smart (Vance Drive, Arvada)
International CPR Institute
Medic First Aid,
Pro First Aid,
ULearnCPR.com (on-line course).

**Other First Aid Trainers in Colorado That Are Certified
in American Red Cross and/or American Heart Association Instruction***

Northern Colorado

Front Range Institute of Safety
1437 S Summit View Drive
Fort Collins, CO 80524
(970) 416-9650

Joel Peppo, BS, Heartsaver First Aid
Joel.peppo@gmail.com
(970) 461-1100; Cell: (303) 562-7564

Kris First Aid/CPR Instructor
2271 Woody Creek Circle
Loveland, CO 80538
(970) 663-7669

Central Front Range

CPR Professionals
www.cpr-professionals.com
(877) 290-2572

Colorado CPR Association
7550 West Yale Ave
Suite #A-220
Denver, CO 80227
(303) 980-1015

Colorado Safety Training, LLC
7625 West 5th Ave Suite 206N
Lakewood, CO 80226
(303) 847-3596

Southern Front Range

Cardicare
Bill McBride
1120 Lords Hill Drive
Fountain, CO 80817
(719) 471-3063 or (719) 351-0793

CPR Professionals
www.cpr-professionals.com
(877) 290-2572

Western Slope

Bobi Clymer
American Heart Association First Aid Training
(970) 257-9080 or (719) 282-1779
cpr-by-bobi@bresnan.net