Home and Community Based Services Waivers

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What we hope you walk away knowing today...

• Medicaid and Waiver Basics

• Accessing Waiver Services
  ➢ Case Management Agencies
  ➢ Eligibility
  ➢ Enrollment

• Waivers in Colorado

• Resources
Medicaid Basics

• Created in 1965

• Health insurance for eligible low-income adults, children, pregnant women, elderly adults and people with disabilities

• Entitlement program currently covering nearly 72 million Americans nationwide

• States given the option to participate
  - Funded jointly with State and Federal Funding
  - Some mandatory requirements
  - Some flexibility for States to tailor their Medicaid program to their needs and population
Medicaid Coverage

• Mandatory State Plan Benefits
  - Inpatient and outpatient hospital services, physician services, laboratory and x-ray services, nursing facility services, home health, and more...

• Optional Benefits
  - Prescription drugs, case management, physical therapy, occupational therapy, mental health services, home and community based services, and more...
**Benefits Pyramid**

**HCBS Waivers**
- Optional Benefits: Waivers, participant-directed services, transition services

**Long-Term Care**
- Mandatory Benefits: Nursing facility services, home health
- Optional Benefits: PACE, case management

**State Plan (Regular Medicaid)**
- Mandatory Benefits: Inpatient and outpatient hospital services, physician services, laboratory and x-ray services, more...
- Optional Benefits: Prescription drugs, dental services
Home and Community Based Services (HCBS) Waivers

• Alternative to institutional care
  ➢ Provide institutional level of care to individuals who prefer to live in their home or community

• Home and Community Based Services (HCBS) Waivers allow states flexibility to:
  ➢ Waive certain income/eligibility criteria
  ➢ Provide specific services to target groups or geographic regions
  ➢ Can have waiting lists or enrollment caps
  ➢ Provide individuals more choice and independence
Federal Requirements

Cost Neutral

Services Provided to Avoid Institutionalization

Protect Health & Welfare

Person-Centered Plan of Care
HCBS Waivers

• Provides all Health First Colorado (Colorado’s Medicaid Program) State Plan benefits plus additional waiver services

• Allows participants and their families to remain integrated in the community and have decision making power over their life and health

• Participants receive services in their home and community
  ➢ IDD Waivers - every calendar month
  ➢ Non-IDD Waivers - every 30 days

• Participants can only be enrolled in one waiver at a time, some waivers have waiting lists
HCBS Waivers

- Waivers and services vary from state to state
- Currently there are more than 300 active HCBS waivers nationwide serving more than 1 million people
- Colorado has 10 waivers
- Waivers must go through a renewal process every 5 years
# HCBS Waivers in Colorado

## Adult Waivers
- Brain Injury Waiver (BI)
- Community Mental Health Supports Waiver (CMHS)
- Developmental Disabilities Waiver (DD)
- Elderly, Blind and Disabled Waiver (EBD)
- Spinal Cord Injury Waiver (SCI)
- Supported Living Services Waiver (SLS)

## Children’s Waivers
- Children’s Extensive Support Waiver (CES)
- Children’s Home and Community Based Services Waiver (CHCBS)
- Children’s Habilitation Residential Program Waiver (CHRP)
- Children with Life Limiting Illness Waiver (CLLI)
Questions
Agency Roles

Case Management Agency

County Eligibility Office

State Department
Case Management Agencies

• 24 Single Entry Point Agencies (SEP)
  ➢ Provides case management for BI, CLLI, CMHS, EBD, SCI waivers
    ▪ Some SEPs provide case management for CHCBS waiver

• 20 Community Centered Boards (CCB)
  ➢ Provides case management for CES, CHRP, DD, SLS waivers
    ▪ Some CCBs provide case management for CHCBS waiver

• 3 Private Case Management Agencies
  ➢ Provides case management for CHCBS waiver
Waiver Eligibility

Eligibility

- Financial
  - County Human/Social Services Office
    - Income and Resources

- Level of Care
  - Case Management Agency
    - ULTC 100.2 Level of Care Assessment

- Targeting Criteria
  - Case Management Agency
    - Waiver Criteria
Financial Eligibility

- Applicant’s income must be less than three times (300%) of the current Supplemental Security Income (SSI) limit
  - May be a combination of different types of income such as SSI, SSDI, Social Security Survival benefits, child support, or income from a trust or employment
- The individual resource limit is $2,000
- The couple resource limit is $3,000
Level of Care

• Hospital Level of Care
  - Participant’s needs are similar to that of a person in a hospital. They have acute care needs or their condition is unstable and unpredictable.

• Nursing Facility Level of Care
  - Participant’s needs are similar to that of a person in a nursing facility. They require regular medical care, in-home services at least once every 30 days, and oversight of a physician to maintain stability.

• Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) Level of Care
  - Participant’s needs are similar to that of a person in an ICF-IID facility. They require regular medical care and rehabilitation.
Targeting Criteria

• Includes:
  - Age Range
  - Diagnoses
  - Injuries
  - Region

• Participants may qualify for multiple HCBS waivers

• Case managers must be familiar with all waivers to best inform participants of all of their options

• Participants and families select option that works best for them

Example:
Brain Injury Waiver participants must:
  - Be 16 years old or older
  - Living with a diagnosed brain injury
  - Sustained that injury prior to age 65
Case Manager Ongoing Responsibility

• Assist with development of a service plan
  - Activities of Daily Living (ADLs)
  - Community living goals

• Help participants navigate the system and understand all of their options to make informed choices

• Help connect participants with providers

• Maintain contact with participants regularly and monitor and adjust services as needed according to the participant’s changing needs
Questions
• For persons living with a brain injury diagnosis

• Must be 16 years old or older and meet hospital or nursing facility level of care

• Must have sustained the injury prior to the age of 65

• Contact local Single Entry Point (SEP) Agency

  www.colorado.gov/hcpf/brain-injury-waiver-bi
Community Mental Health Supports Waiver (CMHS)

• For persons living with a diagnosis of major mental illness

• Must be 18 years old or older and meet nursing facility level of care

• Contact local Single Entry Point (SEP) Agency

www.colorado.gov/hcpf/community-mental-health-supports-waiver-cmhs
Developmental Disabilities Waiver (DD)

• For persons living with a developmental disability who need access to services and supports 24 hours a day

• Must be 18 years old or older and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care

• This waiver has a waiting list

• Contact local Community Centered Board (CCB)

www.colorado.gov/hcpf/developmental-disabilities-waiver-dd

- Behavioral Services
- Colorado Choice Transitions (CCT)
- Day Habilitation Services (Specialized Habilitation, Supported Community Connections)
- Dental
- Non-Medical Transportation
- Prevocational Services
- Residential Habilitation Services and Supports (24-hour individual or group)
- Specialized Medical Equipment and Supplies
- Supported Employment
- Vision
Elderly, Blind and Disabled Waiver (EBD)

• For elderly persons with a functional impairment (aged 65+) or blind or physically disabled persons (ages 18-64), or persons diagnosed with HIV/AIDS

• Must meet nursing facility level of care

• Contact local Single Entry Point (SEP) Agency

www.colorado.gov/hcpf/elderly-blind-disabled-waiver-ebd
Spinal Cord Injury Waiver (SCI)

- For persons living with a spinal cord injury
- Must be 18 years old or older and meet hospital or nursing facility level of care
- Services available in 5 Denver Metro area counties
- Contact local Single Entry Point (SEP) Agency

www.colorado.gov/hcpf/spinal-cord-injury-waiver
Supported Living Services Waiver (SLS)

• For persons living with intellectual or developmental disabilities who can live independently with limited supports or who, if they need extensive supports, are receiving a high level of support from other sources, such as family

• Must be 18 years old or older and meet ICF-IID level of care

• Contact local Community Centered Board (CCB)

www.colorado.gov/hcpf/supported-living-services-waiver-sls

Qualified Services:

- Assistive Technology
- Behavioral Services
- Colorado Choice Transitions (CCT)
- Day Habilitation Services
- Dental Services
- Home Modifications
- Homemaker Services
- Mentorship
- Non-Medical Transportation
- Personal Care Services
- Personal Emergency Response System (PERS)
- Pre-vocational Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
- Respite Services
- Specialized Medical Equipment & Supplies
- Supported Employment
- Vehicle Modifications
- Vision Services
Children’s Extensive Support Waiver (CES)

- For children with a developmental disability and intensive behavioral or medical needs

- Must be ages birth - 17 years old and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care

- Contact local Community Centered Board (CCB)

- Adaptive Therapeutic Recreational Equipment and Fees
- Assistive Technology
- Behavioral Services
- Community Connector
- Home Accessibility Adaptations
- Homemaker Services
- Parent Education
- Personal Care Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
- Respite Services
- Specialized Medical Equipment & Supplies
- Vehicle Adaptations
- Vision Therapy

[Website Link]
www.colorado.gov/hcpf/childrens-extensive-support-waiver-ces
Children’s HCBS Waiver (CHCBS)

• For medically fragile children who would otherwise be ineligible for Health First Colorado (Colorado’s Medicaid Program) due to parental income and/or resources exceeding limit

• Must be ages birth - 17 years old and meet hospital or nursing facility level of care

• Contact local Case Management Agency

Children’s Habilitation Residential Program (CHRP)

- For children and youth with a developmental disability and very high needs that put them at risk of, or in need of, out of home placement

- Must be ages birth - 20 years old and meet ICF-IID level of care

- Contact local Community Centered Board (CCB)

www.colorado.gov/hcpf/childrens-habilitation-residential-program-waiver-chrp

* - Services marked by an asterisk are not billed separately but under the habilitation services and are part of residential services
Children with Life-Limiting Illness Waiver (CLLI)

- For children with a life-limiting diagnosis
- Must be ages birth - 18 years old and meet hospital level of care
- Contact local Single Entry Point (SEP) Agency

www.colorado.gov/hcpf/children-life-limiting-illness-waiver-clli
Questions
Waiver Charts and Flow Charts

• Waiver Charts
  ➢ Provide a side-by-side comparison of key components and eligibility requirements of each waiver
  ➢ Includes program contact information

• Flow Charts
  ➢ Provide participants and families a decision-tree to help them understand all of the program options

www.colorado.gov/hcpf/long-term-services-and-supports-training
Case Management and County Contacts

• Single Entry Point Agencies
  ➢ www.colorado.gov/hCPF/single-entry-point-agencies

• Community Centered Boards
  ➢ www.colorado.gov/hCPF/community-centered-boards
Adult Waivers Rules

• Waiver regulations:
  
  www.colorado.gov/hcpf/department-program-rules-and-regulations

• Department Waiver Rules, Colorado Code of Regulations:

  BI    10 CCR 2505-10, Section 8.515
  CMHS  10 CCR 2505-10, Section 8.509
  DD    10 CCR 2505-10, Section 8.500
  EBD   10 CCR 2505-10, Section 8.485
  SCI   10 CCR 2505-10, Section 8.517
  SLS   10 CCR 2505-10, Section 8.500.90
Children’s Waivers Rules

• Waiver regulations:
  www.colorado.gov/hcpf/department-program-rules-and-regulations

• Department Waiver Rules, Colorado Code of Regulations:
  CES  10 CCR 2505-10, Section 8.503
  CHCBS  10 CCR 2505-10, Section 8.506
  CHRP  10 CCR 2505-10, Section 8.508
  CLLI  10 CCR 2505-10, Section 8.504
Other Programs and Services

• Consumer Directed Attendant Support Services (CDASS)
  ➢ www.colorado.gov/hcpf/consumer-directed-attendant-support-services

• In-Home Support Services (IHSS)
  ➢ www.colorado.gov/hcpf/in-home-support-services

• Health First Colorado Buy-In Program for Working Adults and Children with Disabilities
  ➢ www.colorado.gov/hcpf/medicaidbuyinprograms

• Program of All-Inclusive Care for the Elderly (PACE)
  ➢ www.colorado.gov/hcpf/program-all-inclusive-care-elderly

• Nursing Facilities
  ➢ www.colorado.gov/hcpf/nursing-facilities

• Transition Services
  ➢ www.colorado.gov/hcpf/transition-services
Web Resources

• Alzheimer’s Association of Colorado
  ➢ www.alz.org/co

• Health First Colorado Member Handbook
  ➢ www.healthfirstcolorado.com/benefits-services/#member-handbook

• Health First Colorado State Plan Benefits & Services
  ➢ www.healthfirstcolorado.com/benefits-services

• Long-Term Services and Supports Programs Website
  ➢ www.colorado.gov/hcpf/long-term-services-and-supports-programs

• Seniors Blue Book
  ➢ www.seniorsbluebook.com

• Veteran-Directed HCBS Federal Waiver
  ➢ drcog.org/programs/area-agency-aging/veteran-directed-home-and-community-based-services
Questions
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Find this presentation online:
www.colorado.gov/hcpf/long-term-services-and-supports-training