

# Home and Community Based Services Waivers



May 2020

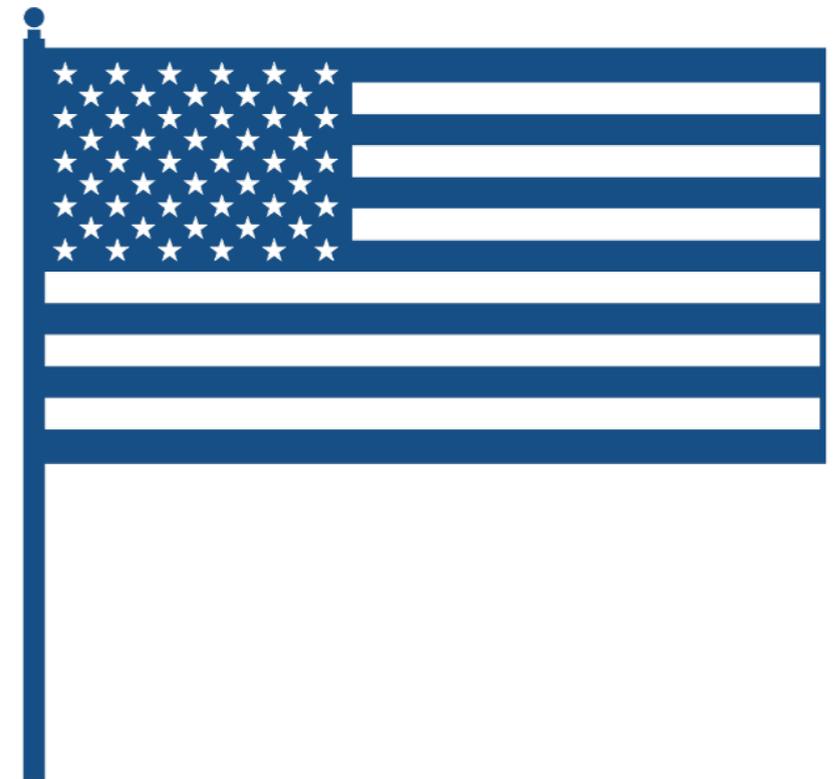
# What we hope you walk away knowing today...

- Medicaid and Waiver Basics
- Accessing Waiver Services
  - Case Management Agencies
  - Eligibility
  - Enrollment
- Waivers in Colorado
- Resources



# Medicaid Basics

- Created in 1965
- Health insurance for eligible low-income adults, children, pregnant women, elderly adults and people with disabilities
- Entitlement program currently covering nearly 72 million Americans nationwide
- States given the option to participate
  - Funded jointly with State and Federal Funding
  - Some mandatory requirements
  - Some flexibility for States to tailor their Medicaid program to their needs and population

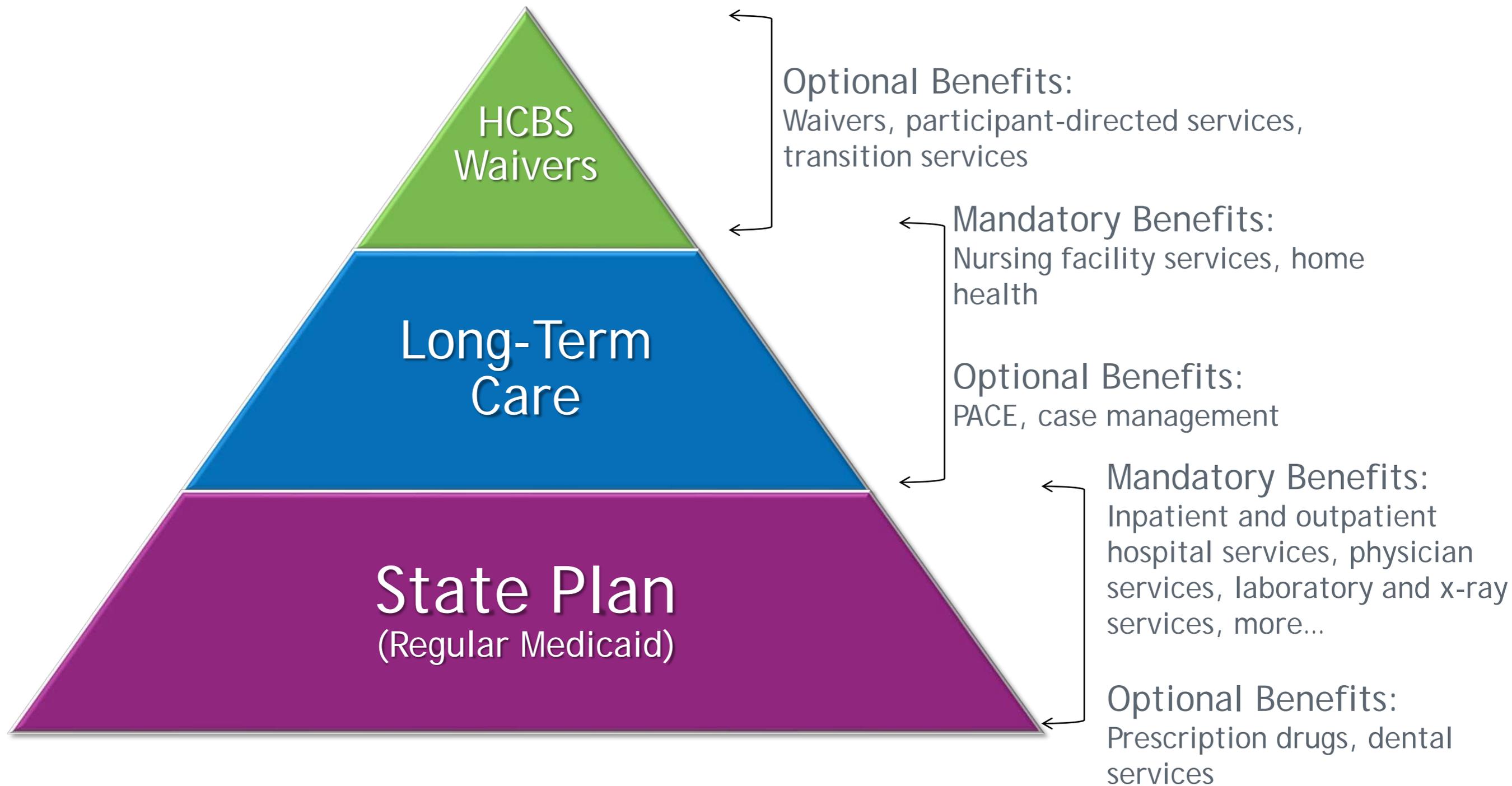


# Medicaid Coverage

- **Mandatory State Plan Benefits**
  - Inpatient and outpatient hospital services, physician services, laboratory and x-ray services, nursing facility services, home health, and more...
- **Optional Benefits**
  - Prescription drugs, case management, physical therapy, occupational therapy, mental health services, **home and community based services**, and more...

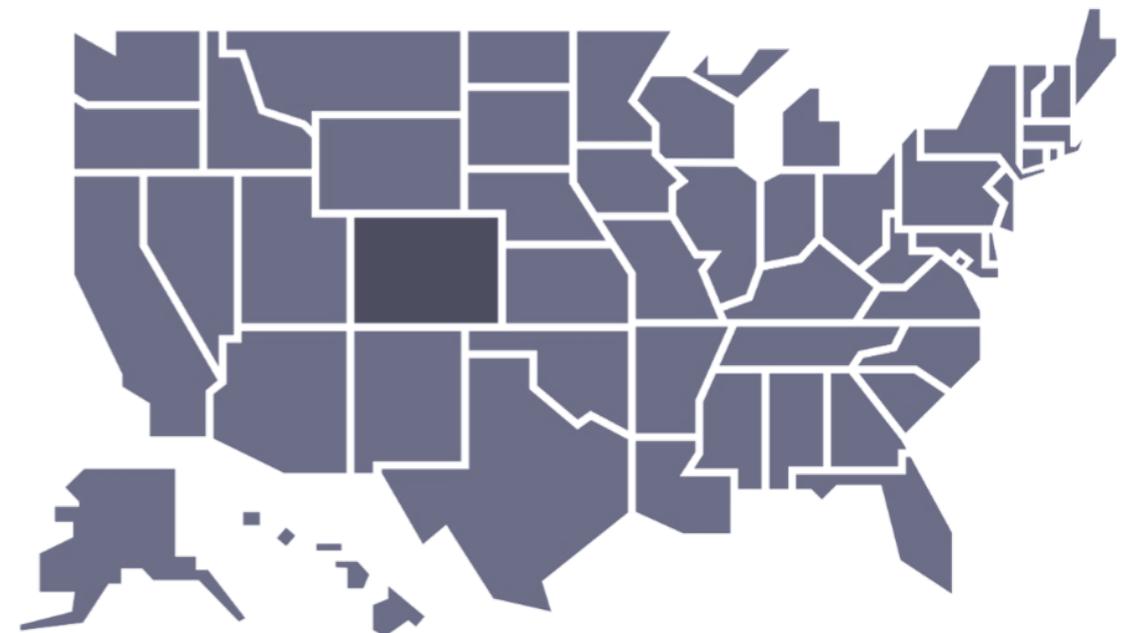


# Benefits Pyramid



# Home and Community Based Services (HCBS) Waivers

- Alternative to institutional care
  - Provide institutional level of care to individuals who prefer to live in their home or community
- Home and Community Based Services (HCBS) Waivers allow states flexibility to:
  - Waive certain income/eligibility criteria
  - Provide specific services to target groups or geographic regions
  - Can have waiting lists or enrollment caps
  - Provide individuals more choice and independence



# Federal Requirements



Cost Neutral



Services Provided to  
Avoid Institutionalization



Protect Health &  
Welfare



Person-Centered  
Plan of Care

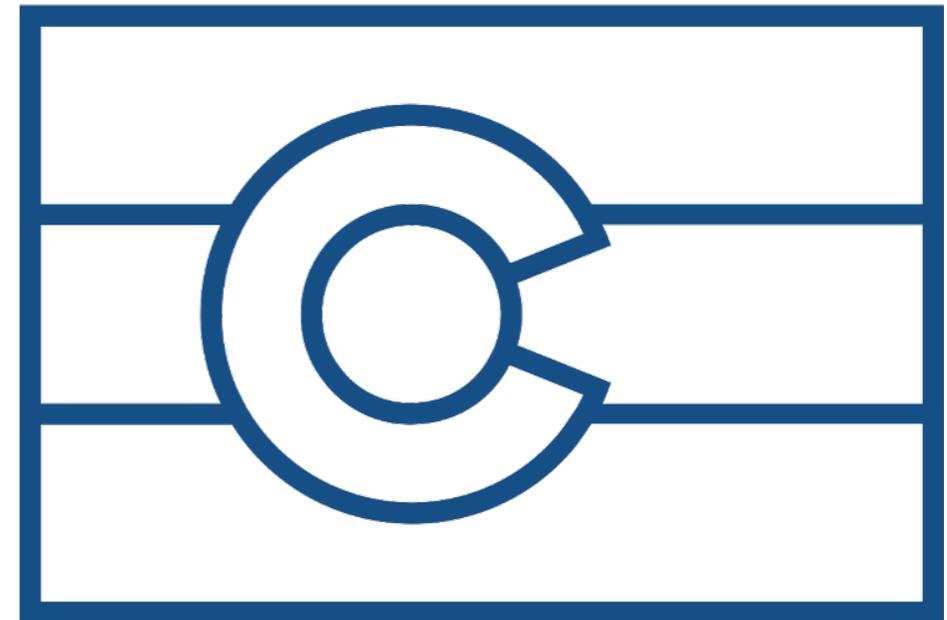
# HCBS Waivers

- Provides all Health First Colorado (Colorado's Medicaid Program) State Plan benefits plus additional waiver services
- Allows participants and their families to remain integrated in the community and have decision making power over their life and health
- Participants receive services in their home and community
  - IDD Waivers - every calendar month
  - Non-IDD Waivers - every 30 days
- Participants can only be enrolled in one waiver at a time, some waivers have waiting lists



# HCBS Waivers

- Waivers and services vary from state to state
- Currently there are more than 300 active HCBS waivers nationwide serving more than 1 million people
- Colorado has 10 waivers
- Waivers must go through a renewal process every 5 years



# HCBS Waivers in Colorado

## Adult Waivers

Brain Injury Waiver (BI)

Community Mental Health Supports Waiver (CMHS)

Developmental Disabilities Waiver (DD)

Elderly, Blind and Disabled Waiver (EBD)

Spinal Cord Injury Waiver (SCI)

Supported Living Services Waiver (SLS)

## Children's Waivers

Children's Extensive Support Waiver (CES)

Children's Home and Community Based Services Waiver (CHCBS)

Children's Habilitation Residential Program Waiver (CHRP)

Children with Life Limiting Illness Waiver (CLLI)

# Questions



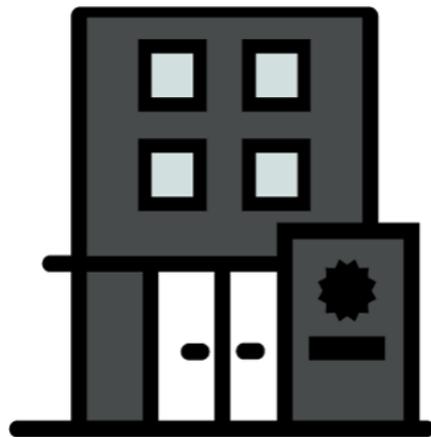
# Agency Roles



**COLORADO**

Department of Health Care  
Policy & Financing

State  
Department



Case  
Management  
Agency



County  
Eligibility Office

# Case Management Agencies

- 24 Single Entry Point Agencies (SEP)
  - Provides case management for BI, CLLI, CMHS, EBD, SCI waivers
    - Some SEPs provide case management for CHCBS waiver
- 20 Community Centered Boards (CCB)
  - Provides case management for CES, CHRP, DD, SLS waivers
    - Some CCBs provide case management for CHCBS waiver
- 3 Private Case Management Agencies
  - Provides case management for CHCBS waiver



# Waiver Eligibility

Eligibility



- Financial
  - County Human/Social Services Office
    - Income and Resources
- Level of Care
  - Case Management Agency
    - ULTC 100.2 Level of Care Assessment
- Targeting Criteria
  - Case Management Agency
    - Waiver Criteria

# Financial Eligibility

- Applicant's income must be less than three times (300%) of the current Supplemental Security Income (SSI) limit
  - May be a combination of different types of income such as SSI, SSDI, Social Security Survival benefits, child support, or income from a trust or employment
- The individual resource limit is \$2,000
- The couple resource limit is \$3,000



# Level of Care

- Hospital Level of Care
  - Participant's needs are similar to that of a person in a hospital. They have acute care needs or their condition is unstable and unpredictable.
- Nursing Facility Level of Care
  - Participant's needs are similar to that of a person in a nursing facility. They require regular medical care, in-home services at least once every 30 days, and oversight of a physician to maintain stability.
- Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) Level of Care
  - Participant's needs are similar to that of a person in an ICF-IID facility. They require regular medical care and rehabilitation.

10 CCR 2505-10 8.408

# Targeting Criteria

- Includes:

- Age Range
- Diagnoses
- Injuries
- Region

**Example:**

Brain Injury Waiver participants must:

- Be 16 years old or older
- Living with a diagnosed brain injury
- Sustained that injury prior to age 65

- Participants may qualify for multiple HCBS waivers
- Case managers must be familiar with all waivers to best inform participants of all of their options
- Participants and families select option that works best for them

# Case Manager Ongoing Responsibility

- Assist with development of a service plan
  - Activities of Daily Living (ADLs)
  - Community living goals
- Help participants navigate the system and understand all of their options to make informed choices
- Help connect participants with providers
- Maintain contact with participants regularly and monitor and adjust services as needed according to the participant's changing needs



# Questions



# Brain Injury Waiver (BI)

- For persons living with a brain injury diagnosis
- Must be 16 years old or older and meet hospital or nursing facility level of care
- Must have sustained the injury prior to the age of 65
- Contact local Single Entry Point (SEP) Agency

- Adult Day Services
- Behavioral Programming and Education
- Colorado Choice Transitions (CCT)
- Consumer Directed Attendant Support Services (CDASS)
- Day Treatment
- Home Modification
- Independent Living Skills Training (ILST)
- Mental Health Counseling
- Non-Medical Transportation
- Personal Care
- Personal Emergency Response System
- Respite Care
- Specialized Medical Equipment and Supplies/Assistive Devices
- Substance Abuse Counseling
- Supported Living Program
- Transitional Living Program

[www.colorado.gov/hcpf/brain-injury-waiver-bi](http://www.colorado.gov/hcpf/brain-injury-waiver-bi)

# Community Mental Health Supports Waiver (CMHS)

- For persons living with a diagnosis of major mental illness
- Must be 18 years old or older and meet nursing facility level of care
- Contact local Single Entry Point (SEP) Agency

- Adult Day Services
- Alternative Care Facilities
- Colorado Choice Transitions (CCT)
- Consumer Directed Attendant Support Services (CDASS)
- Homemaker Services
- Home Modifications
- Non-Medical Transportation
- Personal Care
- Personal Emergency Response System
- Respite Care
- Specialized Medical Equipment

[www.colorado.gov/hcpf/community-mental-health-supports-waiver-cmhs](http://www.colorado.gov/hcpf/community-mental-health-supports-waiver-cmhs)

# Developmental Disabilities Waiver (DD)

- For persons living with a developmental disability who need access to services and supports 24 hours a day
  - Must be 18 years old or older and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care
  - This waiver has a waiting list
  - Contact local Community Centered Board (CCB)
- Behavioral Services
  - Colorado Choice Transitions (CCT)
  - Day Habilitation Services (Specialized Habilitation, Supported Community Connections)
  - Dental
  - Non-Medical Transportation
  - Prevocational Services
  - Residential Habilitation Services and Supports (24-hour individual or group)
  - Specialized Medical Equipment and Supplies
  - Supported Employment
  - Vision

[www.colorado.gov/hcpf/developmental-disabilities-waiver-dd](http://www.colorado.gov/hcpf/developmental-disabilities-waiver-dd)

# Elderly, Blind and Disabled Waiver (EBD)

- For elderly persons with a functional impairment (aged 65+) or blind or physically disabled persons (ages 18-64), or persons diagnosed with HIV/AIDS
- Must meet nursing facility level of care
- Contact local Single Entry Point (SEP) Agency

- Adult Day Services
- Alternative Care Facilities
- Community Transition Services
- Consumer Directed Attendant Support Services (CDASS)
- Homemaker Services
- Home Modifications
- In-Home Support Services
- Medication Reminder
- Non-Medical Transportation
- Personal Care Services
- Personal Emergency Response System
- Respite Care Services

[www.colorado.gov/hcpf/elderly-blind-disabled-waiver-ebd](http://www.colorado.gov/hcpf/elderly-blind-disabled-waiver-ebd)

# Spinal Cord Injury Waiver (SCI)

- For persons living with a spinal cord injury
- Must be 18 years old or older and meet hospital or nursing facility level of care
- Services available in 5 Denver Metro area counties
- Contact local Single Entry Point (SEP) Agency

- Adult Day Services
- Complementary and Integrative Health Services (Acupuncture, Chiropractic, Massage)
- Consumer Directed Attendant Support Services (CDASS)
- Home Modification
- Homemaker Services
- In-Home Support Services
- Medication Reminder
- Non-Medical Transportation
- Personal Care
- Personal Emergency Response Systems
- Respite Care
- Specialized Medical Equipment & Supplies

[www.colorado.gov/hcpf/spinal-cord-injury-waiver](http://www.colorado.gov/hcpf/spinal-cord-injury-waiver)

# Supported Living Services Waiver (SLS)

- For persons living with intellectual or developmental disabilities who can live independently with limited supports or who, if they need extensive supports, are receiving a high level of support from other sources, such as family
- Must be 18 years old or older and meet ICF-IID level of care
- Contact local Community Centered Board (CCB)

- Assistive Technology
- Behavioral Services
- Colorado Choice Transitions (CCT)
- Day Habilitation Services
- Dental Services
- Home Modifications
- Homemaker Services
- Mentorship
- Non-Medical Transportation
- Personal Care Services
- Personal Emergency Response System (PERS)
- Pre-vocational Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
- Respite Services
- Specialized Medical Equipment & Supplies
- Supported Employment
- Vehicle Modifications
- Vision Services

[www.colorado.gov/hcpf/supported-living-services-waiver-sls](http://www.colorado.gov/hcpf/supported-living-services-waiver-sls)

# Children's Extensive Support Waiver (CES)

- For children with a developmental disability and intensive behavioral or medical needs
- Must be ages birth - 17 years old and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care
- Contact local Community Centered Board (CCB)

- Adaptive Therapeutic Recreational Equipment and Fees
- Assistive Technology
- Behavioral Services
- Community Connector
- Home Accessibility Adaptations
- Homemaker Services
- Parent Education
- Personal Care Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
- Respite Services
- Specialized Medical Equipment & Supplies
- Vehicle Adaptations
- Vision Therapy

[www.colorado.gov/hcpf/childrens-extensive-support-waiver-ces](http://www.colorado.gov/hcpf/childrens-extensive-support-waiver-ces)

# Children's HCBS Waiver (CHCBS)

- For medically fragile children who would otherwise be ineligible for Health First Colorado (Colorado's Medicaid Program) due to parental income and/or resources exceeding limit
- Must be ages birth - 17 years old and meet hospital or nursing facility level of care
- Contact local Case Management Agency

- Case Management services
- In-Home Support Services (IHSS)

[www.colorado.gov/hcpf/childrens-home-and-community-based-services-waiver-chcbs](http://www.colorado.gov/hcpf/childrens-home-and-community-based-services-waiver-chcbs)

# Children's Habilitation Residential Program (CHRP)

- For children and youth with a developmental disability and very high needs that put them at risk of, or in need of, out of home placement
- Must be ages birth - 20 years old and meet ICF-IID level of care
- Contact local Community Centered Board (CCB)

- Community Connection Services
- Habilitation Services
  - Cognitive Services\*
  - Communication Services\*
  - Emergency Assistance Training\*
  - Independent Living Training\*
  - Personal Care Services\*
  - Self-Advocacy Training\*
  - Supervision Services\*
  - Travel Services\*
- Respite Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)

[www.colorado.gov/hcpf/childrens-habilitation-residential-program-waiver-chrp](http://www.colorado.gov/hcpf/childrens-habilitation-residential-program-waiver-chrp)

\* - Services marked by an asterisk are not billed separately but under the habilitation services and are part of residential services

# Children with Life-Limiting Illness Waiver (CLLI)

- For children with a life-limiting diagnosis
  - Must be ages birth - 18 years old and meet hospital level of care
  - Contact local Single Entry Point (SEP) Agency
- Expressive Therapy:
    - Art and Play Therapy
    - Music Therapy
  - Massage Therapy
  - Palliative/Supportive Care:
    - Care Coordination
    - Pain and Symptom Management
  - Respite Care
  - Therapeutic Services:
    - Bereavement Counseling
    - Therapeutic Life Limiting Illness Support - Individual/Family/Group

[www.colorado.gov/hcpf/children-life-limiting-illness-waiver-clli](http://www.colorado.gov/hcpf/children-life-limiting-illness-waiver-clli)

# Questions



# Waiver Charts and Flow Charts

- Waiver Charts
  - Provide a side-by-side comparison of key components and eligibility requirements of each waiver
  - Includes program contact information
- Flow Charts
  - Provide participants and families a decision-tree to help them understand all of the program options



[www.colorado.gov/hcpf/long-term-services-and-supports-training](http://www.colorado.gov/hcpf/long-term-services-and-supports-training)

# Case Management and County Contacts

- Single Entry Point Agencies
  - [www.colorado.gov/hcpf/single-entry-point-agencies](http://www.colorado.gov/hcpf/single-entry-point-agencies)
- Community Centered Boards
  - [www.colorado.gov/hcpf/community-centered-boards](http://www.colorado.gov/hcpf/community-centered-boards)



# Adult Waivers Rules

- Waiver regulations:

[www.colorado.gov/hcpf/department-program-rules-and-regulations](http://www.colorado.gov/hcpf/department-program-rules-and-regulations)

- Department Waiver Rules, Colorado Code of Regulations:

BI [10 CCR 2505-10, Section 8.515](#)

CMHS [10 CCR 2505-10, Section 8.509](#)

DD [10 CCR 2505-10, Section 8.500](#)

EBD [10 CCR 2505-10, Section 8.485](#)

SCI [10 CCR 2505-10, Section 8.517](#)

SLS [10 CCR 2505-10, Section 8.500.90](#)



# Children's Waivers Rules

- Waiver regulations:

[www.colorado.gov/hcpf/department-program-rules-and-regulations](http://www.colorado.gov/hcpf/department-program-rules-and-regulations)

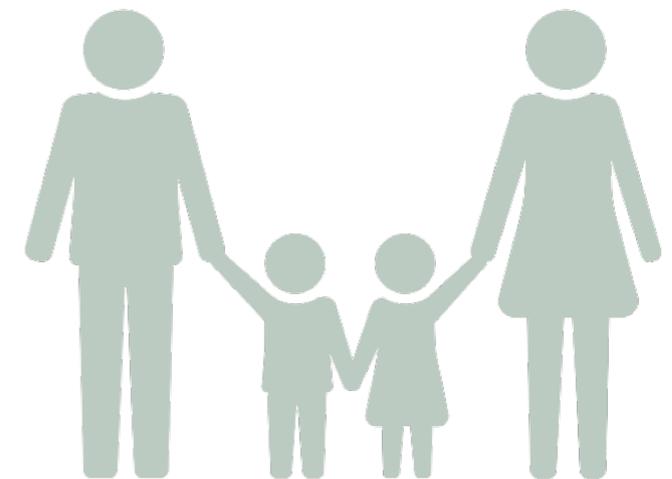
- Department Waiver Rules, Colorado Code of Regulations:

CES [10 CCR 2505-10, Section 8.503](#)

CHCBS [10 CCR 2505-10, Section 8.506](#)

CHRP [10 CCR 2505-10, Section 8.508](#)

CLLI [10 CCR 2505-10, Section 8.504](#)



# Other Programs and Services

- Consumer Directed Attendant Support Services (CDASS)
  - [www.colorado.gov/hcpf/consumer-directed-attendant-support-services](http://www.colorado.gov/hcpf/consumer-directed-attendant-support-services)
- In-Home Support Services (IHSS)
  - [www.colorado.gov/hcpf/in-home-support-services](http://www.colorado.gov/hcpf/in-home-support-services)
- Health First Colorado Buy-In Program for Working Adults and Children with Disabilities
  - [www.colorado.gov/hcpf/medicaidbuyinprograms](http://www.colorado.gov/hcpf/medicaidbuyinprograms)
- Program of All-Inclusive Care for the Elderly (PACE)
  - [www.colorado.gov/hcpf/program-all-inclusive-care-elderly](http://www.colorado.gov/hcpf/program-all-inclusive-care-elderly)
- Nursing Facilities
  - [www.colorado.gov/hcpf/nursing-facilities](http://www.colorado.gov/hcpf/nursing-facilities)
- Transition Services
  - [www.colorado.gov/hcpf/transition-services](http://www.colorado.gov/hcpf/transition-services)

# Web Resources

- Alzheimer's Association of Colorado
  - [www.alz.org/co](http://www.alz.org/co)
- Health First Colorado Member Handbook
  - [www.healthfirstcolorado.com/benefits-services/#member-handbook](http://www.healthfirstcolorado.com/benefits-services/#member-handbook)
- Health First Colorado State Plan Benefits & Services
  - [www.healthfirstcolorado.com/benefits-services](http://www.healthfirstcolorado.com/benefits-services)
- Long-Term Services and Supports Programs Website
  - [www.colorado.gov/hcpf/long-term-services-and-supports-programs](http://www.colorado.gov/hcpf/long-term-services-and-supports-programs)
- Seniors Blue Book
  - [www.seniorsbluebook.com](http://www.seniorsbluebook.com)
- Veteran-Directed HCBS Federal Waiver
  - [drcog.org/programs/area-agency-aging/veteran-directed-home-and-community-based-services](http://drcog.org/programs/area-agency-aging/veteran-directed-home-and-community-based-services)

# Questions



# Contact Information

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Find this presentation online:

[www.colorado.gov/hcpf/long-term-services-and-supports-training](http://www.colorado.gov/hcpf/long-term-services-and-supports-training)