Home and Community Based Services Waivers

September 2018
What we hope you walk away knowing today...

• Medicaid and Waiver Basics

• Accessing Waiver Services
  ➢ Case Management Agencies
  ➢ Eligibility
  ➢ Enrollment

• Waivers in Colorado

• Resources
**Medicaid Basics**

- Created in 1965
- Health insurance for eligible low-income adults, children, pregnant women, elderly adults and people with disabilities
- Entitlement program currently covering nearly 70 million Americans nationwide
- States given the option to participate
  - Funded jointly with State and Federal Funding
  - Some mandatory requirements
  - Some flexibility for States to tailor their Medicaid program to their needs and population
Medicaid Coverage

• Mandatory State Plan Benefits
  - Inpatient and outpatient hospital services, physician services, laboratory and x-ray services, nursing facility services, home health, and more...

• Optional Benefits
  - Prescription drugs, case management, physical therapy, occupational therapy, mental health services, home and community based services, and more...
**Benefits Pyramid**

**State Plan**
(Regular Medicaid)

- **Mandatory Benefits:**
  - Inpatient and outpatient hospital services, physician services, laboratory and x-ray services, more...

- **Optional Benefits:**
  - Prescription drugs, dental services

**Long-Term Care**

- **Mandatory Benefits:**
  - Nursing facility services, home health

- **Optional Benefits:**
  - PACE, case management

**HCBS Waivers**

- **Optional Benefits:**
  - Waivers, participant-directed services, transition services
Home and Community Based Services (HCBS) Waivers

- Alternative to institutional care
  - Provide institutional level of care to individuals who prefer to live in their home or community

- Home and Community Based Services (HCBS) Waivers allow states flexibility to:
  - Waive certain income/eligibility criteria
  - Provide specific services to target groups or geographic regions
  - Can have waiting lists or enrollment caps
  - Provide individuals more choice and independence
Federal Requirements

- Cost Neutral
- Protect Health & Welfare
- Services Provided to Avoid Institutionalization
- Person-Centered Plan of Care


**HCBS Waivers**

- Provides all Health First Colorado (Colorado’s Medicaid Program) State Plan benefits plus additional waiver services

- Allows participants and their families to remain integrated in the community and have decision making power over their life and health

- Participants receive services in their home and community
  - IDD Waivers - every calendar month
  - Non-IDD Waivers - every 30 days

- Participants can only be enrolled in one waiver at a time, some waivers have waiting lists
HCBS Waivers

- Waivers and services vary from state to state
- Currently there are more than 300 active HCBS waivers nationwide serving more than 1 million people
- Colorado has 10 waivers
- Waivers must go through a renewal process every 5 years
# HCBS Waivers in Colorado

## Adult Waivers
- Brain Injury Waiver (BI)
- Community Mental Health Supports Waiver (CMHS)
- Developmental Disabilities Waiver (DD)
- Elderly, Blind and Disabled Waiver (EBD)
- Spinal Cord Injury Waiver (SCI)
- Supported Living Services Waiver (SLS)

## Children’s Waivers
- Children’s Extensive Support Waiver (CES)
- Children’s Home and Community Based Services Waiver (CHCBS)
- Children’s Habilitation Residential Program Waiver (CHRPM)
- Children with Life Limiting Illness Waiver (CLLI)
Questions
Agency Roles

State Department

Case Management Agency

County Eligibility Office
Case Management Agencies

• 24 Single Entry Point Agencies (SEP)
  ➢ Provides case management for BI, CLLI, CMHS, EBD, SCI waivers
    ▪ Some SEPs provide case management for CHCBS waiver

• 20 Community Centered Boards (CCB)
  ➢ Provides case management for CES, DD, SLS waivers
    ▪ Some CCBs provide case management for CHCBS waiver

• 3 Private Case Management Agencies
  ➢ Provides case management for CHCBS waiver

• County Human/Social Services offices
  ➢ Provides case management for CHRP waiver
Waiver Eligibility

Eligibility

- Financial
  - County Human/Social Services Office
    - Income and Resources

- Level of Care
  - Case Management Agency
    - ULTC 100.2 Level of Care Assessment

- Targeting Criteria
  - Case Management Agency
    - Waiver Criteria
Financial Eligibility

• Applicant’s income must be less than three times (300%) of the current Supplemental Security Income (SSI) limit
  - May be a combination of different types of income such as SSI, SSDI, Social Security Survival benefits, child support, or income from a trust or employment

• The individual resource limit is $2,000

• The couple resource limit is $3,000
Level of Care

• Hospital Level of Care
  ➢ Participant’s needs are similar to that of a person in a hospital. They have acute care needs or their condition in unstable and unpredictable.

• Nursing Facility Level of Care
  ➢ Participant’s needs are similar to that of a person in a nursing facility. They require regular medical care, in home services at least once every 30 days, and oversight of a physician to maintain stability.

• Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) Level of Care
  ➢ Participant’s needs are similar to that of a person in an ICF-IID facility. They require regular medical care and rehabilitation.

10 CCR 2505-10 8.408
Targeting Criteria

• Includes:
  ➢ Age Range
  ➢ Diagnoses
  ➢ Injuries
  ➢ Region

• Participants may qualify for multiple HCBS waivers

• Case managers must be familiar with all waivers to best inform participants of all of their options

• Participants and families select option that works best for them

Example:
Brain Injury Waiver participants must:
• Be 16 years old or older
• Living with a diagnosed brain injury
• Sustained that injury prior to age 65
Case Manager Ongoing Responsibility

• Assist with development of a service plan
   Activities of Daily Living (ADLs)
   Community living goals

• Help participants navigate the system and understand all of their options to make informed choices

• Help connect participants with providers

• Maintain contact with participants regularly and monitor and adjust services as needed according to the participant’s changing needs
Questions
For persons living with a brain injury diagnosis

Must be 16 years old or older and meet hospital or nursing facility level of care

Must have sustained the injury prior to the age of 65

Contact local Single Entry Point (SEP) Agency

www.colorado.gov/hcpf/brain-injury-waiver-bi
Community Mental Health Supports Waiver (CMHS)

• For persons living with a diagnosis of major mental illness

• Must be 18 years old or older and meet nursing facility level of care

• Contact local Single Entry Point (SEP) Agency

www.colorado.gov/hcpf/community-mental-health-supports-waiver-cmhs
Developmental Disabilities Waiver (DD)

• For persons living with a developmental disability who need access to services and supports 24 hours a day

• Must be 18 years old or older and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care

• This waiver has a waiting list

• Contact local Community Centered Board (CCB)

www.colorado.gov/hcpf/developmental-disabilities-waiver-dd

• Behavioral Services
• Colorado Choice Transitions (CCT)
• Day Habilitation Services (Specialized Habilitation, Supported Community Connections)
• Dental
• Non-Medical Transportation
• Prevocational Services
• Residential Habilitation Services and Supports (24-hour individual or group)
• Specialized Medical Equipment and Supplies
• Supported Employment
• Vision
Elderly, Blind and Disabled Waiver (EBD)

- For elderly persons with a functional impairment (aged 65+) or blind or physically disabled persons (ages 18-64), or persons diagnosed with HIV/AIDS

- Must meet nursing facility level of care

- Contact local Single Entry Point (SEP) Agency

www.colorado.gov/hcpf/elderly-blind-disabled-waiver-ebd
For persons living with a spinal cord injury

Must be 18 years old or older and meet hospital or nursing facility level of care

Services available in 5 Denver Metro area counties

Contact local Single Entry Point (SEP) Agency

Adult Day Services
Complementary and Integrative Health Services (Acupuncture, Chiropractic, Massage)
Consumer Directed Attendant Support Services (CDASS)
Home Modification
Homemaker Services
In-Home Support Services
Medication Reminder
Non-Medical Transportation
Personal Care
Personal Emergency Response Systems
Respite Care
Specialized Medical Equipment & Supplies

www.colorado.gov/hcpf/spinal-cord-injury-waiver
Supported Living Services Waiver (SLS)

- For persons living with intellectual or developmental disabilities who can live independently with limited supports or who, if they need extensive supports, are receiving a high level of support from other sources, such as family.
- Must be 18 years old or older and meet ICF-IID level of care.
- Contact local Community Centered Board (CCB).

www.colorado.gov/hcpf/supported-living-services-waiver-sls
Children’s Extensive Support Waiver (CES)

- For children with a developmental disability and intensive behavioral or medical needs

- Must be ages birth - 17 years old and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care

- Contact local Community Centered Board (CCB)

www.colorado.gov/hcpf/childrens-extensive-support-waiver-ces

- Adaptive Therapeutic Recreational Equipment and Fees
- Assistive Technology
- Behavioral Services
- Community Connector
- Home Accessibility Adaptations
- Homemaker Services
- Parent Education
- Personal Care Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
- Respite Services
- Specialized Medical Equipment & Supplies
- Vehicle Adaptations
- Vision Therapy
Children’s HCBS Waiver (CHCBS)

• For medically fragile children who would otherwise be ineligible for Health First Colorado (Colorado’s Medicaid Program) due to parental income and/or resources exceeding limit

• Must be ages birth - 17 years old and meet hospital or nursing facility level of care

• Contact local Case Management Agency

Children’s Habilitation Residential Program (CHRP)

- For children and youth in foster care living with a developmental disability and very high needs
- Must be ages birth - 20 years old and meet ICF-IID level of care
- Contact local County Department of Human/Social Services

www.colorado.gov/cdhs/contact-your-county

* - Services marked by an asterisk are not billed separately but under the habilitation services and are part of residential services

- Community Connection Services
- Habilitation Services
  - Cognitive Services*
  - Communication Services*
  - Emergency Assistance Training*
  - Independent Living Training*
  - Personal Care Services*
  - Self-Advocacy Training*
  - Supervision Services*
  - Travel Services*
- Respite Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
Children with Life-Limiting Illness Waiver (CLLI)

- For children with a life-limiting diagnosis
- Must be ages birth - 18 years old and meet hospital level of care
- Contact local Single Entry Point (SEP) Agency

Expressive Therapy:
- Art and Play Therapy
- Music Therapy

Massage Therapy

Palliative/Supportive Care:
- Care Coordination
- Pain and Symptom Management

Respite Care

Therapeutic Services:
- Bereavement Counseling
- Therapeutic Life Limiting Illness Support - Individual/Family/Group

www.colorado.gov/hcpf/children-life-limiting-illness-waiver-clli
Questions
Waiver Charts and Flow Charts

• Waiver Charts
  ➢ Provide a side-by-side comparison of key components and eligibility requirements of each waiver
  ➢ Includes program contact information

• Flow Charts
  ➢ Provide participants and families a decision-tree to help them understand all of the program options

www.colorado.gov/hcpf/long-term-services-and-supports-training
Case Management and County Contacts

• Single Entry Point Agencies
  ➢ www.colorado.gov/hcpf/single-entry-point-agencies

• Community Centered Boards
  ➢ www.colorado.gov/hcpf/community-centered-boards

• County Eligibility
  ➢ www.colorado.gov/cdhs/contact-your-county
Adult Waivers Rules

- Waiver regulations:
  
  www.colorado.gov/hcpf/department-program-rules-and-regulations

- Department Waiver Rules, Colorado Code of Regulations:

  **BI**  
  10 CCR 2505-10, Section 8.515

  **CMHS**  
  10 CCR 2505-10, Section 8.509

  **DD**  
  10 CCR 2505-10, Section 8.500

  **EBD**  
  10 CCR 2505-10, Section 8.485

  **SCI**  
  10 CCR 2505-10, Section 8.517

  **SLS**  
  10 CCR 2505-10, Section 8.500.90
**Children’s Waivers Rules**

- Waiver regulations:
  
  www.colorado.gov/hcpf/department-program-rules-and-regulations

- Department Waiver Rules, Colorado Code of Regulations:
  
  CES  
  10 CCR 2505-10, Section 8.503

  CHCBS  
  10 CCR 2505-10, Section 8.506

  CHRP  
  10 CCR 2505-10, Section 8.508

  CLLI  
  10 CCR 2505-10, Section 8.504
Other Programs and Services

- Colorado Choice Transitions (CCT)
  - [www.colorado.gov/hcpf/colorado-choice-transitions](http://www.colorado.gov/hcpf/colorado-choice-transitions)

- Consumer Directed Attendant Support Services (CDASS)
  - [www.colorado.gov/hcpf/consumer-directed-attendant-support-services](http://www.colorado.gov/hcpf/consumer-directed-attendant-support-services)

- In-Home Support Services (IHSS)
  - [www.colorado.gov/hcpf/in-home-support-services](http://www.colorado.gov/hcpf/in-home-support-services)

- Health First Colorado Buy-In Program for Working Adults and Children with Disabilities
  - [www.colorado.gov/hcpf/medicaidbuyinprograms](http://www.colorado.gov/hcpf/medicaidbuyinprograms)

- Program of All-Inclusive Care for the Elderly (PACE)
  - [www.colorado.gov/hcpf/program-all-inclusive-care-elderly](http://www.colorado.gov/hcpf/program-all-inclusive-care-elderly)

- Nursing Facilities
  - [www.colorado.gov/hcpf/nursing-facilities](http://www.colorado.gov/hcpf/nursing-facilities)
Web Resources

- Alzheimer’s Association of Colorado
  - www.alz.org/co

- Health First Colorado Member Handbook
  - www.healthfirstcolorado.com/benefits-services/#member-handbook

- Health First Colorado State Plan Benefits & Services
  - www.healthfirstcolorado.com/benefits-services

- Long-Term Services and Supports Programs Website
  - www.colorado.gov/hcpf/long-term-services-and-supports-programs

- Seniors Blue Book
  - www.seniorsbluebook.com

- Veteran-Directed HCBS Federal Waiver
  - drcog.org/programs/area-agency-aging/veteran-directed-home-and-community-based-services
Questions
Contact Information

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Find this presentation online:
www.colorado.gov/hcpf/long-term-services-and-supports-training