

## FISCAL YEAR 2010-11 GRANTEES

### Quality Life Management(QLM)

\$20,000

QLM is committed to providing a continuum of specialized health care services to residents and their families. QLM's request is to create a program worthy of duplication that will assist:

- Residents in feeling that they care cared for, respected, and valued
- Residents in realizing their purpose and passion
- Residents improving their quality of life
- Residents in sharing their life story with friends and family
- Care givers in effectively conveying care, interest, and empathy
- Care givers in obtaining heightened job satisfaction

Objectives will be achieved by obtaining a baseline to measure improvements, having staff collect residents' stories that identify resident's individual purpose and passions, and reading shared residents' biographies. The grant will also bring in presenters and subject matter to assist staff to gain new perspectives and encourage staff to become excited about the project's purpose. This focuses on workers who are suffering from "compassion fatigue." Results will be measured on a quarterly basis using a third party company. The research and program development, along with implementation specifics, would be available in a tool-kit format to share with other organizations and facilities.

### Arapahoe Community College

\$21,100

The grant will provide scholarship funds for 24 C.N.A.s who wish to enroll and complete the Eldercare Specialist Certificate program at the College. The program intends to expand the role of C.N.A.s to become specialists in the concepts of culture change with the intent of becoming leaders in transforming nursing homes to the neighborhood and household model.

### Colorado Coalition for Elder Rights and Adult Protection (CCERAP)

\$6,300

CCERAP serves as a key resource for information, education, advocacy, and training for professionals working with elders and their families. The grant allows CCERAP to add culture change elements to its programs, training, out-reach, and community collaboration to educate its traditional audience. This will be accomplished through dedication of space on CCERAP's website for Culture Change Collaboration; specific training for students in the healthcare curriculum of community and career colleges, as well as for social work students and nurses in higher education; and presentations by CCERAP's Coordinator to service organizations, faith groups, civic organizations, senior centers, etc.

**Bessie's Hope**

\$30,000

Bessie's Hope was created to provide continuing and long-term beneficial effects on the quality of life of residents in nursing facilities and to provide consumer education to promote resident-centered care. The grant provides 10 scholarships for one year of service to long-term care providers for the "Dreams Can Still Come True" program. This is an intergenerational program providing an outlet for residents to establish relationships and socialize with others outside the nursing home. It is intended to alleviate loneliness, helplessness, and boredom while providing continued contact with children facilitating loving companionship.

### North Star Community

\$4,782

Funding will support a wellness project based on the benefits of shared rhythm circles. A staff member will become a trained HealthRhythms facilitator. Equipment will be purchased to facilitate the program; one set used for the North Star Community home and the other set available for loan to other communities.

Contact: Marcia Brenowitz

### Pinon Management

\$30,000

Funding will support the design of a curriculum to develop Neighborhood Guides from six different Pinon managed communities. The communities represent a broad spectrum of demographics allowing the identification of unique challenges such as urban vs. rural, large vs. small, short-term vs. long-term, younger vs. older, traditional vs. uniquely-abled populations, English-speaking vs. non-English-speaking staff and residents. Guides will be responsible for developing and mentoring the neighborhood teams in their communities to support a true resident-centered model of care.

Contact: Nancy Fox

*During the first year of implementation, the Nursing Facility Culture Change Accountability Board reviewed 36 proposals for meeting the legislative intent for culture change, CMS guidelines, merit, potential for replication, and ability to evaluate impact on residents. It recommended the ten proposals identified above to the Colorado Department of Healthcare Policy and Financing and the Colorado Department of Public Health and Environment. The two Departments concurred and the funds have been disbursed.*