

Dale Spencer, DO



Dr. Dale Spencer is a board certified family physician with over 15 years of clinical experience, and he has served some unique patient populations in a diversity of practice settings.

He earned his medical degree from Midwestern University of Chicago, an osteopathic medical college. Hence, he has training in both conventional medicine, as well as integrative and holistic care. He has particular interests in health promotion, disease prevention and patient education. Dr. Spencer completed his internship and residency in family medicine, in North Carolina, with the military.

Prior to that, he was a career Army officer and Medevac helicopter pilot. He also has a bachelor's degree in business administration but returned to graduate school, in mid-life, in order to pursue his medical career.

He is the father of two sons, and enjoys hiking, mountain biking, skiing and martial arts training. He has lived across the country, and also in Europe, but Colorado Springs has been his home for the past 12 years.