When to Wash Your Hands

- After touching face, hair or other exposed skin
- After handling fish or shellfish in aquariums
- Upon entering food and beverage preparation areas
- Between tasks (i.e., handling raw eggs then putting on gloves to handle toast)
- After use the restroom
- After smoking, eating, or drinking
- Before putting on disposable gloves
- After handling or caring for animals
- After coughing or sneezing
- After cleaning or taking out the trash