

# Prevent Childhood Lead Poisoning From Lead-Based Paint

Exposure to lead can seriously harm a child's health



Damage to brain and nervous system



Slowed growth and development



Learning and behavior problems



Hearing and speech problems

This can cause:

- Lower IQ
- Decreased ability to pay attention
- Underperformance at school

From U.S. Centers for Disease Control and Prevention



## Child Cares



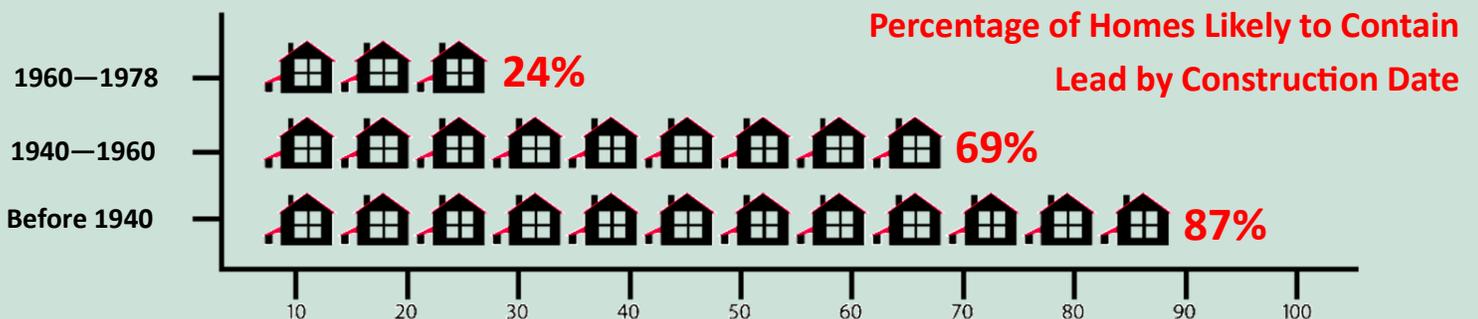
Built Before 1978



Buildings built before 1978, when lead-based paints were banned, may contain lead-based paint.



When the paint peels or cracks, it makes lead dust. Dust particles are too small to see, but children can be poisoned by swallowing or inhaling even a little lead dust.



For child care health and sanitation resources visit: [www.colorado.gov/cdphe/child-care](http://www.colorado.gov/cdphe/child-care).

For more information about lead poisoning prevention, visit: <https://www.epa.gov/lead>.



# Protect yourself and children in your facility from dangers of lead-based paint

**500,000 U.S. children ages 1-5 have blood lead levels high enough to damage their health**

<http://www.cdc.gov/nceh/lead/>



Steps you can take



## Childhood lead poisoning is **100% preventable**

**1** Determine the age of your facility.

**2**

If your facility was built before 1978, assume all painted surfaces contain lead, unless testing shows otherwise.

**A** Consider getting a lead inspection or risk assessment.



To find a lead inspector or risk assessor, visit the Colorado Lead Services Directory: <https://www.colorado.gov/pacific/cdphe/test-lead-based-paint>.

**B** Be sure paint is in good repair and is free of cracking, peeling and risk of disturbance by children.\*



**C** Become or hire a lead-safe certified firm for repairs or renovations.\*



To find an EPA Lead-Safe Certified Renovator, visit: <https://www.epa.gov/lead> and select Find a Lead-Safe Certified firm.

**\* It's the law! Take these steps to ensure you're in compliance with Colorado child care health regulations.**

**3**

Regularly wash children's hands and toys.



**4**

Take shoes off indoors. Keep lead dust out.



**5**

Wet-mop floors. Wet-wipe windows and sills.



**6**

Learn about lead poisoning prevention. Be a resource for families!

For additional prevention tips, visit the Center for Disease Control and Prevention lead tips website at: <http://www.cdc.gov/nceh/lead/tips.htm>.



# Lead can be found throughout a child's environment



## Doors & Windows

In pre-1978 buildings, dust from lead-based paint can be created where painted surfaces rub together when doors and windows are opened and closed.

## Soil

When exterior lead-based paint from older buildings flakes or peels it can get into the soil where children could be exposed to it.



## Baseboards and Walls

Check baseboards and walls for peeling, cracking or chipped paint in pre-1978 buildings. Learn about LEAD-SAFE WORK PRACTICES before doing anything that may disturb lead-based paint.



## Staircases and Banisters

If you have older painted stairs and banisters in a pre-1978 building, check them for any peeling, cracking or chipped paint from wear and tear over the years.

## Keep Lead Dust Out

Lead dust can be tracked into your facility from the soil outside. Put walk-off mats inside doors. Teach children to wipe their shoes and take them off indoors.



Take action to make your child care lead safe. It's the law.



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