

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 1. Adult prevalence of high blood pressure, obesity, physical inactivity and diabetes, Colorado, 2003-2013.**

	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
	% (95% CI)*	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)
Obesity	16.0 (14.7-17.3)	16.8(15.5-18.1)	17.8(16.6-19.0)	18.2(17.0-19.4)	19.3(18.3-20.3)	19.1(18.2-20.1)	19.0 (17.9-20.0)	21.4 (20.2-22.6)	20.7 (19.7-21.8)	20.5(19.5-21.4)	21.3(20.3-22.2)
High blood pressure	19.8 (18.5-21.1)	NA	20.1(19.0-21.2)	NA	21.2(20.4-22.0)	NA	22.4 (21.4-23.3)	NA	25.0 (24.0-25.9)	NA	26.3(25.4-27.2)
Physical inactivity	16.8 (15.4-18.2)	18.7(17.3-20.1)	17.3(16.2-18.4)	17.4(16.2-18.6)	17.3(16.3-18.3)	18.9(17.9-19.8)	17.7 (16.7-18.7)	18.2 (17.1-19.3)	16.5 (15.5-17.4)	17.0(16.1-18.0)	17.9 (17.0-18.8)
Diabetes	4.7 (4.0-5.4)	4.3 (3.7-4.9)	4.8 (4.2-5.4)	5.3 (4.7-5.9)	5.3 (4.9-5.7)	6.0 (5.5-6.5)	5.8 (5.3-6.3)	6.0 (5.5-6.5)	6.7 (6.1-7.3)	7.4 (6.8-8.0)	6.5 (6.0-7.0)

**Data source:** Behavioral Risk Factor Surveillance System, Colorado Department of Public Health and Environment.

95% CI: 95% confidence interval

NA: Data not available in given year.

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 2. Adult prevalence of high blood pressure by age, sex, race/ethnicity, education, income and sexual orientation, Colorado, 2013.**

Selected demographic	Crude prevalence		Age-adjusted prevalence §	
	(95% CI)*		(95% CI)	
<b>Age</b>				
18-24 years	7.8	(5.6-10.0)	-----	
25-34 years	11.5	(9.6-13.5)		
35-44 years	16.6	(14.6-18.6)		
45-54 years	25.8	(23.5-28.0)		
55-64 years	37.5	(35.3-39.7)		
65+ years	57.1	(55.2-59.0)		
<b>Sex</b>				
Male	28.7	(27.3-30.1)	29.0	(27.7-30.4)
Female	23.9	(22.7-25.0)	22.5	(21.4-23.6)
<b>Race/Ethnicity</b>				
White	27.1	(26.1-28.1)	25.0	(24.0-26.0)
Black	34.8	(28.5-41.1)	37.5	(32.0-43.5)
Hispanic	21.8	(19.4-24.1)	26.9	(24.5-29.4)
Asian/Pacific Islander	13.6	(8.0-19.2)	20.9	(14.7-28.8)
American Indian/Alaska Native	28.3	(17.2-39.4)	31.0	(21.6-42.2)
Other	31.0	(23.0-38.9)	30.8	(23.7-38.9)
<b>Education</b>				
Less than high school	27.2	(23.5-30.8)	29.7	(26.4-33.1)
High school graduate	28.1	(26.2-30.0)	26.5	(24.8-28.4)
Some college	27.4	(25.7-29.1)	27.5	(25.8-29.1)
College graduate	23.6	(22.4-24.9)	22.4	(21.3-23.6)
<b>Annual income</b>				
Less than \$15,000	33.0	(29.1-36.8)	32.8	(29.5-36.3)
\$15,000-24,999	28.1	(25.6-30.7)	28.4	(26.1-30.9)
\$25,000-34,999	28.7	(25.6-31.9)	26.3	(23.4-29.3)
\$35,000-49,999	26.3	(23.8-28.9)	25.5	(23.2-27.9)
\$50,000 or more	23.7	(22.4-25.0)	23.9	(22.6-25.2)
<b>Sexual orientation</b>				
Heterosexual	27.2	(26.1-28.2)	26.2	(25.2-27.2)
Gay, lesbian, bisexual, or other	22.2	(17.2-27.1)	25.6	(21.1-30.7)

**Data source:** Behavioral Risk Factor Surveillance System, Colorado Department of Public Health and Environment.

§ Age-adjusted estimates are weighted based on proportions of persons in specific age groups compared with 2000 U.S. Standard Population. Age-adjusted estimates allow for comparison of different populations while accounting for different age distributions among the populations. Crude estimates have not been adjusted/weighted for the age distribution of the population and represent the “true” (estimated) prevalence.

\* 95% confidence interval

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 3. Adult prevalence of high blood pressure by geographic region, Colorado, 2003-2013.**

State and health statistics regions	Crude prevalence		Age-adjusted prevalence §	
		(95% CI)*		(95% CI)
Colorado	26.3	(25.4-27.2)	25.8	(24.9-26.6)
1: Logan, Morgan, Phillips, Sedgwick, Washington, Yuma	30.7	(24.8-36.5)	27.9	(23.3-32.9)
2: Larimer	23.3	(19.9-26.7)	21.5	(18.6-24.7)
3: Douglas	25.0	(21.3-28.8)	25.0	(21.8-28.6)
4: El Paso	28.5	(25.6-31.5)	28.2	(25.5-31.1)
5: Cheyenne, Elbert, Kit Carson, Lincoln	31.8	(23.7-40.0)	27.0	(20.5-34.6)
6: Baca, Bent, Crowley, Huerfano, Kiowa, Las Animas, Otero, Prowers	36.4	(29.8-43.1)	29.0	(22.3-36.8)
7: Pueblo	33.5	(27.9-39.1)	31.7	(26.4-37.5)
8: Alamosa, Conejos, Costilla, Mineral, Rio Grande, Saguache	31.0	(23.8-38.1)	27.0	(21.7-33.2)
9: Archuleta, Dolores, La Plata, Montezuma, San Juan	27.0	(21.9-32.1)	23.9	(19.0-29.8)
10: Delta, Gunnison, Hinsdale, Montrose, Ouray, San Miguel	26.5	(21.4-31.6)	22.4	(18.2-27.2)
11: Jackson, Moffat, Rio Blanco, Routt	26.0	(19.4-32.6)	23.8	(19.2-29.1)
12: Eagle, Garfield, Grand, Pitkin, Summit	17.6	(13.8-21.4)	18.4	(15.0-22.3)
13: Chaffee, Custer, Fremont, Lake	30.7	(24.9-36.5)	26.8	(20.9-33.7)
14: Adams	22.4	(19.4-25.4)	25.1	(22.4-27.9)
15: Arapahoe	24.9	(22.0-27.8)	25.4	(22.9-28.2)
16: Boulder, Broomfield	24.9	(22.0-27.8)	24.4	(21.0-28.1)
17: Clear Creek, Gilpin, Park, Teller	34.4	(26.7-42.2)	29.3	(23.1-36.3)
18: Weld	28.1	(24.0-32.2)	29.1	(25.4-33.1)
19: Mesa	25.8	(21.4-30.2)	22.5	(18.5-27.1)
20: Denver	24.7	(22.0-27.5)	27.5	(24.9-30.2)
21: Jefferson	25.3	(22.6-28.0)	23.5	(21.2-26.1)

**Data source:** Behavioral Risk Factor Surveillance System, Colorado Department of Public Health and Environment.

§ Age-adjusted estimates are weighted based on proportions of persons in specific age groups compared with 2000 U.S.

Standard Population. Age-adjusted estimates allow for comparison of different populations while accounting for different age distributions among the populations. Crude estimates have not been adjusted/weighted for the age distribution of the population and represent the “true” (estimated) prevalence.

\* 95% confidence interval

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 4. Hospital discharge rates for high blood pressure, Colorado residents, 2003-2013.**

Year	Crude rate	Age-adjusted rate <sup>§</sup> (95% CI)*	
2003	2,516.1	2,963.7	(2,947.7-2,979.8)
2004	2,639.3	3,061.2	(3,045.2-3,077.3)
2005	2,747.8	3,135.1	(3,119.1-3,151.0)
2006	2,817.8	3,188.3	(3,172.5-3,204.2)
2007	2,810.6	3,137.8	(3,122.2-3,153.3)
2008	2,912.0	3,187.3	(3,171.9-3,202.8)
2009	2,918.2	3,120.7	(3,105.6-3,135.7)
2010	2,916.0	3,051.0	(3,036.4-3,065.7)
2011	2,919.2	2,993.2	(2,978.8-3,007.5)
2012	2,834.1	2,839.2	(2,825.4-2,853.0)
2013	2,709.3	2,657.9	(2,644.7-2,671.1)

**Data source:** Colorado Hospital Discharge Dataset, Colorado Hospital Association.

Rates are per 100,000 population.

<sup>§</sup> Age-adjusted estimates are weighted based on proportions of persons in specific age groups compared with 2000 U.S. Standard Population. Age-adjusted estimates allow for comparison of different populations while accounting for different age distributions among the populations. Crude estimates have not been adjusted/weighted for the age distribution of the population and represent the true (estimated) rate.

\* 95% confidence interval

**Table 5. Death rates for high blood pressure, Colorado residents, 2003-2013.**

Year	Crude rate	Age-adjusted rate <sup>§</sup> (95% CI)*	
2003	3.8	5.0	(4.3-5.8)
2004	4.6	6.1	(5.2-6.9)
2005	5.0	6.3	(5.5-7.2)
2006	4.4	5.4	(4.7-6.2)
2007	4.5	5.4	(4.6-6.1)
2008	4.9	5.7	(5.0-6.4)
2009	4.6	5.3	(4.6-6.0)
2010	5.2	5.8	(5.1-6.6)
2011	4.5	4.9	(4.2-5.5)
2012	5.1	5.5	(4.8-6.1)
2013	4.9	5.1	(4.5-5.8)

**Data source:** Vital Statistics Unit, Colorado Department of Public Health and Environment.

Rates are per 100,000 population.

<sup>§</sup> Age-adjusted estimates are weighted based on proportions of persons in specific age groups compared with 2000 U.S. Standard Population. Age-adjusted estimates allow for comparison of different populations while accounting for different age distributions among the populations. Crude estimates have not been adjusted/weighted for the age distribution of the population and represent the true (estimated) rate.

\* 95% confidence interval

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 6. Hospital discharge rates for high blood pressure by county, Colorado, 2010-2012.**

Primary hypertension and hypertensive renal disease (ICD-9-CM codes: 401, 403)					
	Hospitalizations (count)	Crude rate	Age-adjusted rate <sup>s</sup>	95% LCL	95% UCL
Colorado	443,725	2,889.66	2,921.32	2,913.17	2,929.47
Adams	36,177	2,669.75	3,265.14	3,233.24	3,297.04
Alamosa	1,394	2,976.79	3,104.64	2,949.29	3,259.99
Arapahoe	51,275	2,920.86	3,077.53	3,052.29	3,102.78
Archuleta	629	1,740.84	1,203.50	1,105.87	1,301.13
Baca	415	3,664.14	2,083.93	1,875.02	2,292.84
Bent	789	4,249.70	3,488.27	3,258.43	3,718.11
Boulder	18,872	2,094.83	2,244.10	2,213.33	2,274.87
Broomfield	3,839	2,238.29	2,642.10	2,563.33	2,720.87
Chaffee	1,693	3,137.86	1,995.57	1,902.53	2,088.61
Cheyenne	279	5,000.00	3,552.23	3,148.54	3,955.91
Clear Creek	642	2,363.77	2,057.09	1,888.80	2,225.38
Conejos	857	3,451.33	2,810.66	2,627.25	2,994.08
Costilla	450	4,191.51	2,715.84	2,449.84	2,981.85
Crowley	549	3,234.17	3,119.66	2,873.80	3,365.53
Custer	415	3,258.22	1,896.25	1,708.79	2,083.72
Delta	3,863	4,214.72	2,740.27	2,654.29	2,826.25
Denver	61,926	3,328.00	3,519.90	3,493.62	3,546.18
Dolores	151	2,488.87	1,719.07	1,451.31	1,986.82
Douglas	16,666	1,898.55	2,793.20	2,751.72	2,834.67
Eagle	1,407	904.50	1,459.15	1,369.13	1,549.17
Elbert	1,763	2,528.11	2,539.27	2,416.77	2,661.77
El Paso	50,696	2,652.98	2,917.22	2,893.18	2,941.27
Fremont	5,530	3,918.51	2,867.66	2,795.05	2,940.28
Garfield	3,221	1,903.75	2,187.15	2,113.62	2,260.68
Gilpin	273	1,663.92	1,559.56	1,346.96	1,772.16
Grand	719	1,653.79	1,518.93	1,402.31	1,635.55
Gunnison	584	1,266.67	1,605.46	1,474.18	1,736.74
Hinsdale	48	1,943.32	1,552.95	1,075.29	2,030.60
Huerfano	994	5,041.08	2,861.39	2,670.06	3,052.71
Jackson	117	2,855.05	1,808.33	1,489.43	2,127.22
Jefferson	46,424	2,863.15	2,545.88	2,523.66	2,568.11
Kiowa	199	4,670.27	3,011.07	2,599.16	3,422.98
Kit Carson	694	2,825.16	2,240.91	2,080.31	2,401.51
Lake	411	1,872.10	2,286.54	2,068.84	2,504.24
La Plata	3,028	1,944.27	1,866.77	1,801.90	1,931.64
Larimer	26,147	2,854.27	2,813.60	2,781.51	2,845.68
Las Animas	2,121	4,671.81	3,124.86	2,993.91	3,255.82
Lincoln	554	3,395.86	2,560.91	2,353.99	2,767.82
Logan	2,515	3,778.03	3,092.10	2,976.43	3,207.77
Mesa	12,504	2,830.41	2,291.99	2,252.73	2,331.25
Mineral	78	3,693.18	2,179.29	1,611.76	2,746.83
Moffat	1,109	2,746.48	2,742.72	2,587.54	2,897.90
Montezuma	2,099	2,747.85	2,065.01	1,977.86	2,152.16
Montrose	3,914	3,187.50	2,372.42	2,299.86	2,444.97
Morgan	3,619	4,260.96	3,779.67	3,664.99	3,894.35
Otero	2,997	5,315.05	3,859.56	3,724.87	3,994.25
Ouray	236	1,765.67	1,365.68	1,188.74	1,542.62
Park	995	2,054.26	1,786.80	1,664.52	1,909.08
Phillips	627	4,750.00	2,938.61	2,715.67	3,161.55

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 6. (continued).**

Primary hypertension and hypertensive renal disease (ICD-9-CM codes: 401, 403)					
	Hospitalizations (count)	Crude rate	Age-adjusted rate §	95% LCL	95% UCL
Pitkin	529	1,027.58	1,026.03	933.57	1,118.48
Prowers	1,490	3,991.43	3,422.72	3,252.95	3,592.48
Pueblo	23,055	4,796.51	3,919.37	3,870.66	3,968.08
Rio Blanco	592	2,933.60	2,742.14	2,532.63	2,951.64
Rio Grande	1,577	4,405.03	3,396.91	3,234.66	3,559.16
Routt	1,013	1,451.16	1,747.19	1,632.38	1,861.99
Saguache	356	1,902.83	1,553.33	1,389.16	1,717.49
San Juan	36	1,721.66	1,304.43	832.61	1,776.25
San Miguel	158	704.48	1,174.42	961.41	1,387.43
Sedgwick	312	4,394.99	2,361.90	2,097.83	2,625.96
Summit	745	885.60	1,265.04	1,150.74	1,379.34
Teller	1,984	2,831.01	2,508.30	2,395.06	2,621.53
Washington	625	4,360.87	2,862.21	2,641.44	3,082.97
Weld	25,703	3,311.03	3,842.20	3,798.93	3,885.46
Yuma	1,127	3,726.11	2,942.94	2,776.46	3,109.43
Region 1	8,825	4,078.47	3,259.65	3,194.78	3,324.51
Region 2	26,147	2,854.27	2,813.60	2,781.51	2,845.68
Region 3	16,666	1,898.55	2,793.20	2,751.72	2,834.67
Region 4	50,696	2,652.98	2,917.22	2,893.18	2,941.27
Region 5	3,290	2,831.45	2,496.41	2,413.24	2,579.57
Region 6	9,554	4,550.33	3,278.72	3,214.46	3,342.99
Region 7	23,055	4,796.51	3,919.37	3,870.66	3,968.08
Region 8	4,712	3,389.51	2,844.75	2,765.72	2,923.77
Region 9	5,943	2,150.01	1,809.17	1,764.09	1,854.26
Region 10	8,803	2,945.96	2,267.26	2,221.42	2,313.09
Region 11	2,831	2,105.41	2,232.30	2,151.00	2,313.61
Region 12	6,621	1,314.14	1,631.84	1,591.12	1,672.56
Region 13	8,049	3,503.07	2,537.23	2,483.64	2,590.81
Region 14	36,177	2,669.75	3,265.14	3,233.24	3,297.04
Region 15	51,275	2,920.86	3,077.53	3,052.29	3,102.78
Region 16	22,711	2,117.78	2,303.05	2,274.37	2,331.74
Region 17	3,894	2,402.46	2,147.61	2,076.04	2,219.19
Region 18	25,703	3,311.03	3,842.20	3,798.93	3,885.46
Region 19	12,504	2,830.41	2,291.99	2,252.73	2,331.25
Region 20	61,926	3,328.00	3,519.90	3,493.62	3,546.18
Region 21	46,424	2,863.15	2,545.88	2,523.66	2,568.11

**Data source:** Colorado Hospital Discharge Dataset, Colorado Hospital Association.

Counts represent hospitalizations with relevant diagnosis code in any of 15 diagnosis fields; therefore, a single hospitalization may be counted in more than one category.

Rates are per 100,000 population.

§ Age-adjusted estimates are weighted based on proportions of persons in specific age groups compared with 2000 U.S. Standard Population. Age-adjusted estimates allow for comparison of different populations while accounting for different age distributions among the populations. Crude estimates have not been adjusted/weighted for the age distribution of the population and represent the true (estimated) rate.

LCL and UCL represent the lower and upper limits of the 95% confidence interval of the age-adjusted rate.

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 7. Death rates for high blood pressure by county, Colorado residents, 2010-2012.**

Primary hypertension and hypertensive renal disease (ICD10 codes: I10, I12)					
	Deaths (count)	Crude rate	Age-adjusted rate <sup>s</sup>	95% LCL	95% UCL
Colorado	760	4.95	5.27	4.89	5.65
Adams	54	3.99	5.82	4.25	7.39
Alamosa	4	8.54	8.56	2.23	18.99
Arapahoe	78	4.44	5.02	3.89	6.16
Archuleta	4	11.07	7.24	1.13	18.68
Baca	*	*	*	*	*
Bent	*	*	*	*	*
Boulder	27	3.00	3.50	2.15	4.84
Broomfield	*	*	*	*	*
Chaffee	6	11.12	6.81	1.63	15.55
Cheyenne	*	*	*	*	*
Clear Creek	3	11.05	12.17	2.59	28.82
Conejos	*	*	*	*	*
Costilla	*	*	*	*	*
Crowley	3	17.67	18.06	3.50	43.93
Custer	*	*	*	*	*
Delta	5	5.46	4.08	0.99	9.27
Denver	112	6.02	6.39	5.19	7.59
Dolores	*	*	*	*	*
Douglas	16	1.82	3.34	1.60	5.07
Eagle	*	*	*	*	*
Elbert	*	*	*	*	*
El Paso	120	6.28	7.44	6.09	8.78
Fremont	11	7.79	5.45	2.28	9.99
Garfield	4	2.36	3.09	1.01	6.31
Gilpin	*	*	*	*	*
Grand	*	*	*	*	*
Gunnison	*	*	*	*	*
Hinsdale	*	*	*	*	*
Huerfano	*	*	*	*	*
Jackson	*	*	*	*	*
Jefferson	45	2.78	2.68	1.89	3.48
Kiowa	*	*	*	*	*
Kit Carson	*	*	*	*	*
Lake	*	*	*	*	*
La Plata	3	1.93	2.08	0.43	4.96
Larimer	49	5.35	5.20	3.73	6.68
Las Animas	9	19.82	12.87	4.55	25.42
Lincoln	*	*	*	*	*
Logan	4	6.01	3.89	0.59	10.07
Mesa	24	5.43	4.10	2.45	5.76
Mineral	*	*	*	*	*
Moffat	*	*	*	*	*
Montezuma	3	3.93	2.46	0.20	7.23
Montrose	7	5.70	3.61	1.03	7.76
Morgan	13	15.31	12.46	5.60	19.32
Otero	10	17.73	10.58	3.79	20.77
Ouray	*	*	*	*	*
Park	*	*	*	*	*

# Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 7. (continued).**

Primary hypertension and hypertensive renal disease (ICD10 codes: I10, I12)					
	Deaths (count)	Crude rate	Age-adjusted rate <sup>§</sup>	95% LCL	95% UCL
Phillips	*	*	*	*	*
Pitkin	*	*	*	*	*
Prowers	15	40.18	28.72	14.01	43.43
Pueblo	66	13.73	10.36	7.82	12.91
Rio Blanco	*	*	*	*	*
Rio Grande	*	*	*	*	*
Routt	6	8.60	15.14	7.39	25.64
Saguache	*	*	*	*	*
San Juan	*	*	*	*	*
San Miguel	*	*	*	*	*
Sedgwick	*	*	*	*	*
Summit	*	*	*	*	*
Teller	*	*	*	*	*
Washington	*	*	*	*	*
Weld	30	3.86	5.09	3.27	6.92
Yuma	*	*	*	*	*
Region 1	20	9.24	6.35	3.51	9.18
Region 2	49	5.35	5.20	3.73	6.68
Region 3	16	1.82	3.34	1.60	5.07
Region 4	120	6.28	7.44	6.09	8.78
Region 5	3	2.58	2.59	0.49	6.34
Region 6	43	20.48	12.63	8.81	16.46
Region 7	66	13.73	10.36	7.82	12.91
Region 8	7	5.04	3.93	1.33	7.92
Region 9	12	4.34	3.57	1.52	5.61
Region 10	14	4.69	3.60	1.68	5.51
Region 11	8	5.95	7.68	3.71	13.08
Region 12	7	1.39	3.09	1.75	4.81
Region 13	18	7.83	5.47	2.93	8.02
Region 14	54	3.99	5.82	4.25	7.39
Region 15	78	4.44	5.02	3.89	6.16
Region 16	28	2.61	3.13	1.95	4.31
Region 17	6	3.70	4.96	2.13	8.99
Region 18	30	3.86	5.09	3.27	6.92
Region 19	24	5.43	4.10	2.45	5.76
Region 20	112	6.02	6.39	5.19	7.59
Region 21	45	2.78	2.68	1.89	3.48

**Data source:** Vital Statistics Unit, Colorado Department of Public Health and Environment.  
Rates are per 100,000 population.

§ Age-adjusted estimates are weighted based on proportions of persons in specific age groups compared with 2000 U.S. Standard Population. Age-adjusted estimates allow for comparison of different populations while accounting for different age distributions among the populations. Crude estimates have not been adjusted/weighted for the age distribution of the population and represent the true (estimated) rate.

LCL and UCL represent the lower and upper limits of the 95% confidence interval of the age-adjusted rate.

\* Indicates fewer than three events in category.

## Appendix: data tables for “High Blood Pressure Awareness in Colorado”

**Table 8. Adult prevalence of health conditions and behaviors by high blood pressure status, Colorado, 2013.**

	Adults with high blood pressure				Adults without high blood pressure			
	Crude prevalence	(95% CI)	Age-adjusted prevalence §	(95% CI)	Crude prevalence	(95% CI)	Age-adjusted rate §	(95% CI)
Obesity	33.3	(31.4-35.2)	36.4	(33.5-39.3)	16.9	(15.9-17.9)	16.4	(15.4-17.4)
Overweight or obese	73.9	(72.1-75.6)	74.8	(72.0-77.4)	50.0	(48.4-51.4)	49.8	(48.4-51.1)
Diabetes	17.3	(15.8-18.7)	13.2	(11.7-14.9)	2.6	(2.2-3.0)	3.1	(2.7-3.6)
High cholesterol	54.8	(52.8-56.8)	47.9	(44.7-51.0)	26.0	(24.8-27.3)	25.3	(24.1-26.5)
Heart attack	7.3	(6.3-8.2)	5.1	(4.2-6.3)	1.6	(1.3-1.9)	2.2	(1.8-2.6)
Angina or coronary heart disease	6.4	(5.6-7.2)	4.0	(3.4-4.8)	1.2	(1.0-1.5)	1.6	(1.3-1.9)
Stroke	4.7	(3.9-5.4)	3.5	(2.8-4.4)	0.8	(0.6-1.0)	1.1	(0.9-1.4)
Kidney disease	4.2	(3.5-4.9)	3.2	(2.5-4.1)	1.2	(0.9-1.5)	1.3	(1.0-1.7)
Current smoking	17.7	(16.0-19.5)	22.3	(19.7-25.2)	17.7	(16.5-18.8)	16.8	(15.8-17.9)
Heavy alcohol consumption	7.1	(5.9-8.3)	8.4	(6.7-10.6)	6.5	(5.9-7.2)	6.3	(5.7-7.0)
Physically inactive	23.3	(21.5-25.0)	21.2	(18.9-23.7)	15.9	(14.9-17.0)	16.2	(15.2-17.3)

**Data source:** Behavioral Risk Factor Surveillance System, Colorado Department of Public Health and Environment.

§ Age-adjusted estimates are weighted based on proportions of persons in specific age groups compared with 2000 U.S.

Standard Population. Age-adjusted estimates allow for comparison of different populations while accounting for different age distributions among the populations. Crude estimates have not been adjusted/weighted for the age distribution of the population and represent the “true” (estimated) prevalence.

95% CI: 95% confidence interval.