

Step-by-step guide for Healthy Communities / ReHYA

Fill out the ReHYA (Reproductive Health for Young Adults) patient form.

It is expected that a trained staff person (including trained volunteers) fill out the form. If the patient fills out the first part of the form (the “identification and locating information”), the trained staff person should, at least, make sure that the information is as complete as possible and can be easily read.

Place a filled out label on the urine collection container.

Then hand the container to the patient, along with a bio-hazard bag and similar size brown paper bag (the brown paper bag is for modesty).

Fill out a call-back-card at this time, once the patient brings back the sample give the call-back-card to the client to ensure client did in fact give sample.

Collect urine correctly for the most accurate test.

Ideally, the patient shouldn't have urinated for an hour before collecting the urine for the test. The patient must catch the very first urine that comes out. The patient should not collect more than 20 to 30 mL. Females should not clean their labial area before collecting their urine.

Place the folded patient form in the pocket of the bio-hazard bag after the patient returns from the bathroom with the urine. Place the urine container in the sealed pocket of the bio-hazard bag.

Place a label on the preservative tube (Aptima collection tube) and transfer the urine from the collection container to the preservative tube (Aptima collection tube) within 24 hours using the pipette provided. Never use the same pipette on more than one patient's urine.

The correct amount of urine has been transferred when the urine level in the preservative tube (Aptima collection tube) is between the two black fill lines shown on the side of the tube. Do not spill out the fluid that comes in the preservative tube during this transfer process. The preservative tube now containing the urine can be stored and transported at 35 to 86 degrees Fahrenheit.

Transport urines in the larger brown paper bag with the 4 inch by 4 inch label which shows the STD Clinic address and phone number.