

MISS-SBIRT

(Mental Illness Symptoms Screener –Screening, Brief Intervention and Referral to Treatment)

SECTION 1

1. During the past 12 months, were you ever on medication/antidepressants for depression or nerve problems?

Yes / No

2. During the past 12 months, was there ever a time when you felt sad, blue, or depressed for 2 weeks or more in a row?

Yes / No

3. During the past 12 months, was there ever a time lasting 2 weeks or more when you lost interest in most things like hobbies, work, or activities that usually give you pleasure?

Yes / No

4. During the past 12 months, did you ever have a period lasting 1 month or longer when most of the time you felt worried and anxious?

Yes / No

5. During the past 12 months, did you have a spell or an attack when all of a sudden you felt frightened, anxious, or very uneasy when most people would not be afraid or anxious?

Yes / No

6. During the past 12 months, did you ever have a spell or an attack when for no reason your heart suddenly started to race, you felt faint, or you couldn't catch your breath? [If respondent volunteers, "only when having a heart attack or due to physical causes, " mark "No"]

Yes / No

Client considered positive for symptoms of mental illness if he/she responded yes to any of the mental health question (1-6) in Section 1

SECTION 2

Brief Screening – Ask		
Substance	Questions	Positive Screen
Alcohol	When was the last time you had more than 3 (for women/men >65 yrs.)/4 (for men) drinks in one day?	In the past 3 months?
	How many drinks do you have per week?	More than 14 (men) More than 7 (women, men >65 yrs.)
*Any alcohol use is a positive screen for patients under 21 years or pregnant women. A standard drink in the U.S. is any drink that contains about 14 grams of pure alcohol. One drink = 12 oz. beer, 5 oz. wine, 1.5 oz. liquor		
Drugs	In the past 12 months, have you used drugs other than those required for medical reasons?	Yes
Tobacco	Do you currently smoke or use any form of tobacco?	Yes : Refer to 1-800-QUIT-NOW