



## Controlling the Spread of Enterovirus D68 in Child Care Settings

The following link contains general information and recommendations to control the spread of Enterovirus D68: <http://www.cdc.gov/non-polio-enterovirus/about/EV68-infographic.html#>

The Department has additional recommendations and reminders for child care providers:

### Hand Washing

- All caregivers and children should wash their hands frequently with soap and water for 20 seconds. At minimum, hand washing should occur at the following times:
  - Upon arrival to the facility and after being outdoors
  - Before handling food
  - Before and after meals and snacks
  - After using the bathroom and diaper changes
  - Before and after the use of sensory tables
  - At any time hands become contaminated
- Hand sanitizer may be used in addition to hand washing but should not replace washing hands with soap and water.

### Exclusions

- Staff and children with fever or respiratory illness, including excessive coughing or not feeling well enough to participate in regular activities, should be excluded.
- If a child becomes ill at the center they should be sent home as soon as possible. The ill child should be separated from other children and the area should be cleaned and disinfected upon their departure.

### Cleaning Surfaces

- All surfaces should continue to be cleaned, sanitized, and disinfected as required. Commonly touched surfaces should be sanitized daily.
- Staff should pay extra attention to toys that are placed in children's mouths. Once the child is finished playing with the toy, it should be cleaned and sanitized prior to use by another child.
- If multiple children and staff have been absent due to respiratory illness, it is recommended that all surfaces be cleaned and sanitized daily.
- Any surface contaminated with mucous or other body fluids should be disinfected. If the surface is a toy or food contact surface, it should be rinsed with water after the appropriate contact time.

The regulations and guidance on cleaning, sanitizing, and disinfecting can be obtained at: <https://www.colorado.gov/pacific/cdphe/child-care>

Contact your local health department if you have questions or are seeing higher than normal absentee rates due to respiratory illness.

