

# STATE PUBLIC HEALTH ACTIONS

1305

and the Four Domains of Chronic Disease Prevention

## The Problem



**1** in **2** adults has at least one chronic condition

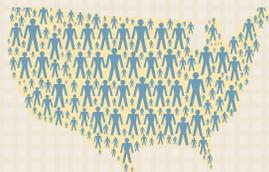


Every year, **70%** of American deaths are caused by chronic diseases



Chronic diseases account for **84%** of our nation's health care costs

## The Goal



Healthier people living in healthier communities

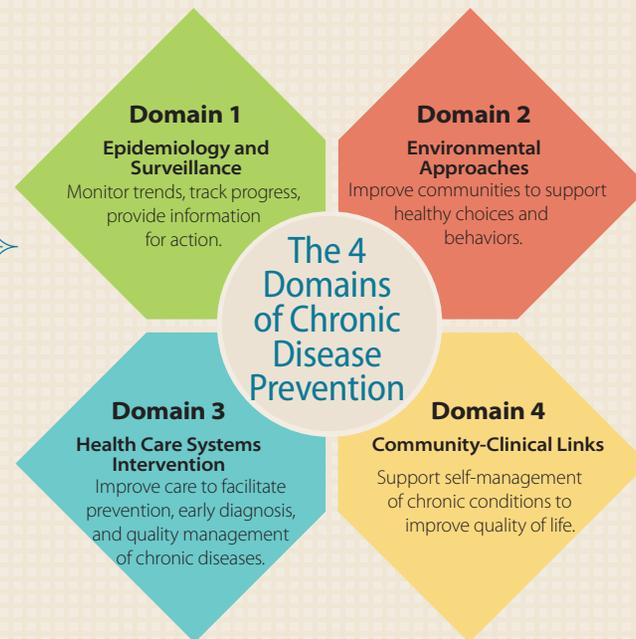


Improved prevention and control of diabetes, heart disease, obesity, and promotion of health in schools



## State Public Health Actions

Four distinct CDC chronic disease prevention programs working together to strengthen state actions to address health risk behaviors, environments, and systems associated with diabetes, heart disease, obesity, and school health.



**STATE PUBLIC HEALTH ACTIONS (1305)** uses the 4 domains to support state programs in preventing and controlling chronic disease.

### Why State Public Health Actions and the 4 domains?

Promotes efficiency through better coordination and integration of programs within states, and improves impact

Strategies used to address risk factors and improve health are complementary, and often similar, across programs.

### How does State Public Health Actions work across the 4 domains?

Work groups and regional teams formed for coordination across functions and geographical areas

Training and technical assistance for cross-cutting and categorical needs

### What does coordination look like?

Information and resource sharing across work groups and regional teams and among the 50 states and D.C.

Communities of practice, networking, access to national partner resources, national evaluation

## Benefits and synergies

Improved partnerships, coordination, and health status through State Public Health Actions



### State health departments

- » Share information and resources with other states and local partners.
- » Work with states and local partners to implement strategies.



### CDC work groups and regional teams

- » Coordinate technical assistance and resources.
- » Connect states and partners doing similar work.



### National, state, and local partners

- » Provide cross-cutting expertise and training to grantees and CDC.
- » Provide capacity-building resources to grantees.



**Centers for Disease Control and Prevention**  
National Center for Chronic Disease Prevention and Health Promotion