

## Waiver Simplification Services and Supports Worksheet

Waiver Simplification is focused on changing the design and delivery of home and community-based services (HCBS) to support person-centered access to long-term services and supports (LTSS) based on choice and individual needs and not solely on diagnosis or disability. Waiver simplification will maximize choice and flexibility to the extent possible so that people receive the services they need when and where they need them in the home or the community.

### Considerations for waiver services:

- How does the service support the person's life choices?
- How does the service support caregivers and providers?
- What activities are included or covered through the service (ADL and IADL assistance, health and wellness, plan development, education, coaching, problem-solving, intervention to de-escalate crises, access to community resources, etc.)
- What activities/benefits are excluded?
- Will the service or support be needed by a specific population or multiple populations?
- Where is the service available (home, community, onsite at provider agency, offsite, etc.)?
- How the service is delivered (face-to-face, telephone, video conference, group, family, etc.)
- Who can provide the service, *i.e.*, provider and staff qualifications?
- What are the limits on the amount, scope or duration of the service?

Service	Description	Life Domains	Target Population
<b>Personal Support , Homemaker services and Health Maintenance</b>	<b>Support in the community and at home including supportive supervision when needed (DDRD) for activities of daily living including: eating , dressing, grooming, hygiene, and walking/transferring; Instrumental Activities of Daily Living including: daily planning, decision-making, problem-solving, money management, transportation management, shopping, meal preparation, communication devices and techniques, homemaker and home maintenance services and support, service animal care/maintenance; and support to maintain health and wellness:</b> <ul style="list-style-type: none"> <li>• Support is either supervision of the completion of the task, doing the task, assistance with a task, instruction for the person to complete the task, or a combination of supports based on the individual's informed choice</li> </ul>	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

<b>Personal Coach</b>	<b>Support to develop goals and explore options to achieve goals (long or short term) related to life domains:</b> <ul style="list-style-type: none"> <li>• Identification of goals and aspirations</li> <li>• The service should be available at entry into programs and intermittently as identified in the person-centered plan</li> <li>• Person receiving services should have options to choose his/her personal coach and direct the process</li> <li>• Support experiential learning</li> <li>• Support for exploration of living options for those moving from one setting to another</li> </ul>	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries
<b>Respite</b>	<ul style="list-style-type: none"> <li>• <b>Respite support provided on a short-term basis including emergency services because of the absence or need for relief of persons who normally provide support to the person.</b></li> <li>• <b>Therapeutic Respite:</b> <ul style="list-style-type: none"> <li>○ Support provided on a short-term basis for: <ul style="list-style-type: none"> <li>▪ -Assessment and treatment formulation</li> <li>▪ Symptom monitoring</li> <li>▪ Emergency support</li> <li>▪ Hospital diversion</li> <li>▪ Step-down support from any institutional setting</li> <li>▪ Family support and education</li> </ul> </li> </ul> </li> </ul>	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries
<b>Home Modifications</b>	<b>Physical adaptations to a private residence necessary to support sensory/physical/behavioral health and welfare and enable greater independence in the home.</b>	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

<b>Technology</b>	<p><b>Technology:</b></p> <ul style="list-style-type: none"> <li>An item, piece of equipment, or system, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve the ability to live as independently as desired.</li> </ul> <p><b>Technology Services:</b></p> <ul style="list-style-type: none"> <li>Support that directly assists a participant in the selection, acquisition, or use of an assistive technology device, including: <ul style="list-style-type: none"> <li>The evaluation of the assistive technology needs of a participant including usage outside the home—e.g. need for weatherproofed equipment</li> <li>Services consisting of purchasing, leasing, or otherwise providing for the acquisition of assistive technology for participants</li> <li>Services consisting of selecting, designing, fitting, customizing, adapting, applying, maintaining, repairing, or replacing assistive technology devices</li> <li>Coordination and use of necessary therapies, interventions, or services with assistive technology devices</li> <li>Training or technical assistance related to the assistive technology use for the participant or support network, including providers</li> </ul> </li> </ul>	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

<p><b>Behavioral Supports</b></p>	<p>Supports that assist the participant with behaviors that limit and impair everyday functioning. Behavioral supports assist the participant in developing, maintaining, improving, or restoring, to the maximum extent possible, the ability to participate meaningfully in the community and meet personal goals.</p> <p><b>Services</b></p> <ul style="list-style-type: none"> <li> <p><b>Behavioral Consultation:</b> Development and implementation of behavioral support plans and behavioral interventions necessary for the individual to acquire or maintain appropriate adaptive behaviors, interactions with others and behavioral self-management. Intervention modalities shall relate to an identified behavioral need of the individual and are monitored for outcomes and integration into all services and supports.</p> </li> <li> <p><b>Behavioral Plan Assessment:</b> Observations, environmental assessments, interviews of direct staff, functional behavioral analysis and assessment, evaluations and completion of a written assessment document.</p> </li> <li> <p><b>Individual/Group Counseling:</b> Psychotherapeutic or psych educational intervention for the individual to acquire or maintain appropriate adaptive behaviors, interactions with others and behavioral self-management, to positively impact the individual's behavior or functioning.</p> </li> <li> <p><b>Behavioral Line Services:</b> Implementation of the behavioral support plan, under the supervision and oversight of a Behavioral Consultant for acute, short term intervention to</p> </li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Community Integration</li> <li><input checked="" type="checkbox"/> Health &amp; Safety</li> <li><input checked="" type="checkbox"/> Living Arrangements</li> </ul>	<ul style="list-style-type: none"> <li><input checked="" type="checkbox"/> Elderly</li> <li><input checked="" type="checkbox"/> People with Disabilities</li> <li><input checked="" type="checkbox"/> People with IDD</li> <li><input checked="" type="checkbox"/> People with Mental Illness</li> <li><input checked="" type="checkbox"/> Children with Special Needs</li> <li><input checked="" type="checkbox"/> People with Brain Injuries</li> </ul>
-----------------------------------	---	---	---

	address an identified behavior of an individual that puts the individual's health and safety and/or the safety of others at risk.		
<b>Transportation</b>	<p><b>Non-Medical Transportation:</b></p> <ul style="list-style-type: none"> <li>• Service offered in order to enable waiver participants to gain access to waiver and other community services, activities and resources.</li> <li>• Transportation services may include access to public transportation, training on the use of public transportation, the direct provision of transportation, or a combination of services based on the individual's informed choice</li> </ul> <p><b>Vehicle Modification:</b></p> <ul style="list-style-type: none"> <li>• Adaptations or alterations to an automobile that is the person's primary means of transportation that are necessary in order to accommodate the special needs of the person and enable the person to integrate more fully into the community and to ensure the health, welfare and safety of the participant. The following are specifically excluded: <ul style="list-style-type: none"> <li>○ Adaptations or improvements to the vehicle that are of general utility, and are not of direct medical or remedial benefit to the individual;</li> <li>○ Purchase or lease of a vehicle; and</li> <li>○ Regularly scheduled upkeep and maintenance of a vehicle except upkeep and maintenance of the modifications</li> </ul> </li> </ul>	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries
<b>Community and Personal Engagement</b>	<b>Support to develop and implement goals and aspirations for employment, volunteer work, civic involvement, relationships, self-advocacy, training, and education. Services should be based on the individual's choice, including peer mentorship, social media and other online opportunities.</b>	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

	<p><b>Social engagement:</b></p> <ul style="list-style-type: none"> <li>• Activities that promote interaction with friends and companions of choice including:</li> <li>• Teaching and modeling of social skills, communication, group interaction and collaboration</li> </ul> <p><b>Habilitation Services:</b></p> <ul style="list-style-type: none"> <li>• Services designed to assist the person in acquiring, retaining and improving self-help, socialization and, adaptive skills necessary for community living including: <ul style="list-style-type: none"> <li>○ teaching and modeling of social skills, communication, group interaction and collaboration</li> <li>○ Educational supports for complaints, grievances, appeals</li> <li>○ Support for integrated &amp; meaningful training and informed choice for community involvement including volunteering, self-advocacy, education options and other choices defined by the individual</li> </ul> </li> </ul> <p><b>Supported Employment/Vocational Services:</b></p> <ul style="list-style-type: none"> <li>• Support for integrated &amp; meaningful education and informed choice related to school transition planning (applicable populations)</li> <li>• Support for meaningful job skill development and integrated education for employment, both hard (having the knowledge to do a technical defined task) and soft (not required a specified technical skill or physical task skills, including generic work (social) skills and job specific skills</li> <li>• Support for integrated services available through DVR and other work training options.</li> </ul>		
--	---	--	--