Choosing an HCBS Waiver for Adults

Dear Member or Member Caregiver,

These charts will help you understand and navigate the Long Term Care programs available within Health First Colorado (Colorado’s Medicaid Program). Additionally, there are Case Managers across the state that are able to explain the various programs and answer any questions you may have.

To help you choose a Home and Community Based Services (HCBS) waiver, we recommend you begin thinking about the following questions:

**What services are you hoping to receive?**
- Do you need in-home care and/or supports?
- Where are you living now? Are you planning to stay there?
- What additional services do you need/want?

**What are your needs? For instance:**
- What services have you used to date?
- Do you need assistance with transportation?
- Have you received nursing services in your home?

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**What is the difference between Health First Colorado and Home and Community Based Services?**

*Health First Colorado* provides its members with base medical benefits. These benefits (sometimes referred to as State Plan Benefits) include Primary Care, Pharmacy, Dental Services, and many more. Some of these benefits have restrictions. Please visit [www.colorado.gov/hcpf](http://www.colorado.gov/hcpf) for a complete listing of benefits and their requirements.

*Home and Community Based Services (HCBS)* are additional benefits within Health First Colorado designed to allow individuals who are at risk for institutional placement to remain in the community.

- A person is said to be at risk for institutional care/placement if his/her needs require care that would typically be provided through a hospital, nursing facility, or intermediate care facility.

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**Long-Term Care Assessment**

The Long Term Care assessment helps us understand how much help you need with Activities of Daily Living (ADLs) such as bathing, dressing, and others. Determining an individual’s functional needs is one component of eligibility for HCBS waivers.

The Long Term Care assessment is a foundational component of the service planning process that helps assist in the selection of Long Term Care services to meet an individual’s needs.

Case Managers from Single Entry Point (SEPs) agencies and Community Centered Boards (CCBs) will meet with you in person to complete the Long Term Care assessment.

Individuals can find contact information for their local SEP or CCB on [colorado.gov/hcpf](http://colorado.gov/hcpf).
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Functional Eligibility is determined by a case manager through the completion of a Long Term Care assessment.

Please answer the questions and follow the arrows to know what type of agency to contact.

**Targeting Criteria**

1. Do you require care that would typically be provided in an institution?
   - No → Apply for Health First Colorado through colorado.gov/peak to determine if you may be eligible for other programs
   - Yes → Do you have an Intellectual or Developmental Disability (I/DD)?
     - Yes → Contact a Community Centered Board (CCB)
     - No → With supports, can you live in the community?
       - Yes → Contact your Single Entry Point Agency
       - No → Do you have a physical disability and/or a diagnosis of a major mental illness?
         - Yes → Do you have an Intellectual or Developmental Disability (I/DD)?
           - Yes → Contact a Community Centered Board (CCB)
           - No → With supports, can you live in the community?
             - Yes → Contact your Single Entry Point Agency
             - No → Do you have a major mental illness diagnosis?
               - Yes → Community Mental Health Supports Waiver
               - No → Do you have a spinal cord injury?
                 - Yes → Spinal Cord Injury Waiver (Only available in Arapahoe, Denver, Douglas, and Jefferson Counties)
                 - No → Do you have a brain injury?
                   - Yes → Brain Injury Waiver (Available to individuals at the age of 16)
                   - No → Are you blind, physically disabled, or have a diagnosis of HIV/AIDS?
                     - Yes → Elderly, Blind, & Disabled Waiver
                     - No → Do you have 24-hour supports, can you live independently?
                       - Yes → Developmental Disabilities Waiver
                       - No → Contact your Single Entry Point Agency

Note: Use of this chart does not determine, or guarantee in any way, waiver eligibility.

Functional Criteria

Do you require care that would typically be provided in an institution?

Yes → You could qualify for both I/DD and Medically related waivers

No → Do you have an Intellectual or Developmental Disability (I/DD)?

Targeting Criteria define the specific requirements for each waiver that determine if an individual is eligible to receive its services.

Contact a Community Centered Board (CCB)

Contact a Single Entry Point (SEP) Agency

Department of Health Care Policy & Financing  January 2017
Resources not provided by Health First Colorado

- Community Mental Health Centers’ Programs
- Charitable Organizations

Start

Do you have Medicaid?

Yes
- Are you on an HCBS waiver?
  Yes, due to a Intellectual or Developmental Disability

Are you on an HCBS waiver?

No, or in addition to waiver benefits

No, or in addition to Health First Colorado Benefits

Health First Colorado Members may be a part of the Regional Care Collaborative Organizations.

Members on waivers can also contact RCCOs to receive state plan benefits.

Yes, due to having a high medical need

Yes, due to having a high medical need

Care Coordination

Community Centered Boards (CCBs)

Regional Care Collaborative Organization (RCCOs)

Single Entry Point (SEPs) Agency

State Plan Benefits

- Long Term Home Health
- Durable Medical Equipment
- Dental
- Check colorado.gov/ hcpf for additional State Plan Benefits

Behavioral Services
Day Hab. Services
Dental Services
Prevocational Services
Specialized Medical Equipment and Supplies
Supported Employment
Transportation
Vision Services

Supported Living Services Waiver
Assistive Technology
Home Modifications
Homemaker Services
Mentorship Services
Personal Care Services
Personalized Response System (PERS)
Professional Services
Respite Services
Vehicle Modifications

Persons with Developmental Disabilities Waiver
Residential Habilitation Services & Supports

Persons who are Elderly, Blind, and Disabled Waiver
Community Transitions

Persons who are Brain Injury Waiver
Behavioral Management & Education
Day Treatment
Mental Health Counseling
Specialized Medical Equipment & Supplies
Substance Abuse Counseling
Supported Living Program
Transitional Living Program

Persons with Spinal Cord Injury Waiver
Alternative Care Facilities
Homemaker
In-Home Support Services

All Long-Term Services & Supports Adult Waivers

Adult Day
Home Modifications
Consumer Directed Attendant Support Services (CDASS)
Non-Medical Transportation
Personal Emergency Response System (PERS)
Personal Care
Respite Care

Alternative Care Facilities
Homemaker
In-Home Support Services

Private Insurance Programs

Medicare

Resources not provided by Health First Colorado

Check colorado.gov/ hcpf for additional State Plan Benefits