



Community Support Team & Policy Overview

Division for Regional Center Operations



COLORADO
Department of Human Services

New Policies & Procedures

- Community Support Team
- Admissions to the Regional Centers
- Readiness Determination
- Transitioning to the Community

Compliance with OSA & Regulations

- The Division for Regional Center Operations created formal policies to standardize best practices across the three Regional Centers and to comply with:
 - 2013 OSA Audit Report
 - ICF Regulations
 - HCBS Waiver Regulations
 - Olmstead Decision

Community Support Team

- The Community Support Team (CST) was created to be an additional support system for individuals with IDD who are struggling in the community or transitioning from a Regional Center.
- CSTs are comprised of Regional Center Interdisciplinary Team staff selected for their specialized skills to:
 - Respond to a request for support by providing evaluation and recommendations to providers to ensure community stabilization if possible.
 - If continued community placement is not possible, determine the need for possible RC admission.
 - Provide follow-up support to providers as individuals transition from RCs to the community to ensure a successful community placement.

How it works

- All referrals for support or admission go through the CST by submitting a full packet to the DRCO Transition Coordinator at 303-866-5746 or Laura.DeVries@state.co.us.
- In order to provide support the individual must be 18 years old and be eligible for DD services.
- The CST will:
 - be assembled and deployed within 3 business days based on geographical location and needs.
 - work with the CCB Case Manager and Provider to identify problems and recommend solutions.
 - write an action plan and submit it to the CCB Case Manager, Provider, and DRCO.
 - follow-up and provide additional support as needed.

Requests for Support / Admission

Process

Outside requests for support or admission is made to DRCO



RC Director determines best CST members to help specific situation



Team completes an onsite consultation and evaluation. Team creates an Action Plan and submits information to DRCO, CCB, and Provider



Team follows-up with provider for 90 days after initial support and documents all contacts

Outcomes

With CST support the individual is able to remain in the most integrated community setting possible



Provider is unable to support the individual with CST help and gives notices to terminate services



CCB sends out state-wide RFP to attempt to find a new provider able to serve the individual



CCB finds a new placement and CST provides additional support for 90 days. If no community provider is available admission to RC is considered.

Post-Transition Follow-up Support

Prior to a transition, the RC Director assembles a Community Support Team and notifies DRCO of the assigned staff



The Community Support Team participates in transition planning



Individual transitions from the Regional Center



Team follows up with provider for 90 days to ensure a successful transition



Team provides onsite support as needed and requested



If the individual is struggling in the community during the post-transition support, the Team will notify DRCO and RC Director immediately

Admissions to the Regional Centers

- The individual must:
 - be 18 years of age or older, meet DD eligibility, and have active benefits.
 - have current medical or behavioral needs that cannot be met through the CCB community-operated system including community provider agencies.
 - meet ICF/HCBS Waiver requirements for admission.
 - be in need of active treatment services at the time of their admission.
 - have an Imposition of Legal Disability.
- Active treatment does not include services to maintain generally independent individuals who are able to function with little supervision in the absence of a continuous active treatment program.
- All persons admitted to a Regional Center shall be transitioned to most integrated community setting once transition criteria are met.
- Admissions are for short term treatment and stabilization. No admission shall be considered permanent.

Readiness Determination

DRCO has overhauled the readiness determination process by:

- Creating a formal policy and procedure
- Standardizing how the Regional Centers document progress
- Revamping forms
- Requiring all residents to be assessed for readiness
 - Monthly for Short Term residents
 - Quarterly for Long Term residents
- Developing an inter-rater reliability process for quality assurance to ensure:
 - Clients are determined ready in the same way
 - Clients meet ICF level of care

Transitioning to the Community

- Continue collaboration with CCBs to transition all residents who are determined ready to the most integrated community setting possible through:
 - CST involvement
 - Transition planning
 - Meet and greets
 - Staff training
 - Tracking barriers to finding placement

Goals of the Regional Centers

- Ensure our clients are thriving in their new community placements
- Increase collaboration between the RCs, DIDD, CCBs, providers, advocates, and stakeholders
- Increase community support
- Allow clients to live in the most integrated community setting
- Ensure appropriate Regional Center admissions
- Reduce re-admissions from failed placements
- Develop better tracking systems with CCBs and providers to examine what it means to be successful after transitioning from the Regional Centers



