

Services and Supports Worksheet

Considerations:

- Will the service support a person in their life choices? How? // Will this services support caregivers? How?
- What specific activities might be included or covered through the service (ADL and IADL assistance, Medical assistance, plan development, education, coaching, problem-solving, intervention to de-escalate a situation, accessing community resources, etc.) // What might be excluded?
- Will the service or support be needed by a specific population or multiple populations?
- Where should the service be available (home, community, onsite at provider agency, offsite, etc.)?
- How should the service be delivered (face-to-face, telephone, video conference, group, family, etc)
- Who should provide the service (provider/staff qualifications)
- What limits if any should there be on amount, scope or duration?

Services where people need them

Service	Description	Life Domains	Target Population
<p>Coordinated Personal Support, Respite and Health Maintenance</p>	<p>Personal Support</p> <p>Support for activities of daily living including: feeding, dressing, grooming, hygiene, and walking/transferring</p> <ul style="list-style-type: none"> • Provide individual support where needed at home and in community settings • Incorporate technological support where desired and appropriate • Person receiving services should have options to choose providers and direct implementation • Behavioral supports where needed <p>Instrumental Activities of Daily Living: money management, transportation management, shopping, meal preparation, communication devices and techniques,</p>	<p><input checked="" type="checkbox"/> Community Integration</p> <p><input checked="" type="checkbox"/> Health & Safety</p> <p><input checked="" type="checkbox"/> Living Arrangements</p>	<p><input checked="" type="checkbox"/> Elderly</p> <p><input checked="" type="checkbox"/> People with Disabilities</p> <p><input checked="" type="checkbox"/> People with IDD</p> <p><input checked="" type="checkbox"/> People with Mental Illness</p> <p><input checked="" type="checkbox"/> Children with Special Needs</p> <p><input checked="" type="checkbox"/> People with Traumatic Brain Injuries</p>

	<p>homemaker services and support, service animal care/maintenance</p> <ul style="list-style-type: none"> • Can be provided through assisting a person with a task, teaching a person to complete the task, doing the task or a combination • Employ technology where desired and appropriate • Behavioral supports where needed <p>Health Maintenance:</p> <p>Coordinated support for maintaining health and safety with assistance from providers of skilled and/or unskilled services:</p> <ul style="list-style-type: none"> • Medication management • Transferring/positioning • G tube, ventilator and other medical device management • Durable Medical equipment • Home modification • Podiatry • Dental services • Vision care • Access to in home/community setting services • Health and wellness coaching • Supervision/oversight of activities • Support for access to tele-medicine services • Access to technology where necessary and appropriate 		
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	<ul style="list-style-type: none"> Options for self-direction with appropriate training of providers and medical oversight Coordination with primary care, behavioral support, mental health services, vision and dental care— Behavioral supports where needed <p>Respite</p> <ul style="list-style-type: none"> Caregiver respite Therapeutic respite for person receiving support 		
Personal Agency /Facilitator/coordinator	<p>Support to develop goals and explore options to achieve goals (long or short term) related to life domains:</p> <ul style="list-style-type: none"> Identification of goals and aspirations Separate implementation from service delivery Services to be accessed at entry into programs and as needed as life circumstances change Person receiving services should have options to choose his/her personal agent and direct the process 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Traumatic Brain Injuries

<p>Community Engagement support</p>	<p>Support to develop and implement goals and aspirations for adult employment, volunteer work, civic involvement, self-advocacy, training, and education</p> <ul style="list-style-type: none"> • Coordination with school transition planning (applicable populations) • Education and specialized training for employment, self-advocacy, volunteering, etc. • Options to explore various interests—competitive employment, volunteer experiences, education, etc. • Coordination with services available through vocational rehabilitation • Personal support in community environments-- including behavioral support • Informed choices • Options for self-direction • Behavioral supports where needed • Access to technology • Transportation—with flexible options • Support for individual rather than congregate options 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Traumatic Brain Injuries
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<p>Community Connections</p>	<p>Social, recreational, service activities</p> <ul style="list-style-type: none"> • Exploration of options • Choice of environments and group settings • Support for participation including teaching and modeling of social skills, appropriate behavior, communication, meeting group norms etc. • Transportation • Technology to assist with participation and communication • Self-direction options • Behavioral supports where needed <p>Personal relationships</p> <ul style="list-style-type: none"> • Exploration of options/interests • Access to social functions • Social media training and facilitation • Privacy options • Freedom of choice • Self-direction options • Transportation • Behavioral supports where needed 	<p><input checked="" type="checkbox"/> Community Integration</p> <p><input type="checkbox"/> Health & Safety</p> <p><input type="checkbox"/> Living Arrangements</p>	<p><input checked="" type="checkbox"/> Elderly</p> <p><input checked="" type="checkbox"/> People with Disabilities</p> <p><input checked="" type="checkbox"/> People with IDD</p> <p><input checked="" type="checkbox"/> People with Mental Illness</p> <p><input checked="" type="checkbox"/> Children with Special Needs</p> <p><input checked="" type="checkbox"/> People with Traumatic Brain Injuries</p>
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