

Waiver Simplification Services and Supports Worksheet

Waiver Simplification is focused on changing the design and delivery of home and community-based services (HCBS) to support person-centered access to long-term services and supports (LTSS) based on choice and individual needs and not diagnosis or disability. Service delivery options are to be guided by end-users' decisions and include a spectrum of choices from full agency support to full consumer direction for all services; participants will have options for choice of fiscal agents (approved by HCPCF) as well as employers of record for those who choose not to hire providers themselves. Waiver simplification will maximize choice and flexibility to the extent possible so that people receive the services they need when and where they need them in the home or the community.

Waiver re-design may require statutory change and rule revision as well as changes in the Nurse Practice Act and agency licensure standards.

Successful re-design of Colorado's HCBS Medicaid waivers also requires modification to the state Medicaid plan through the Community First Choice option so that at minimum basic personal support, health maintenance, and behavioral supports are available to every person who qualifies.

If personal support, health maintenance or behavioral services are not included for persons eligible for LTSS in the state Medicaid plan, those services would be available in HCBS Waivers. HCBS Waivers may include extended state plan benefits needed for individuals to live successfully in the community.

Waiver simplification may consider new flexibilities that have been made available by the Centers for Medicare and Medicaid Services (CMS) that allow states to serve more than one target population through the same waiver. The major target populations identified by CMS are:

- Children and adults with disabilities
- Elderly
- Children and adults with mental illness
- Children and adults with developmental disabilities

Considerations for waiver services:

- How does the service support the person's life choices?
- How does the service support caregivers and providers?
- What activities are included or covered through the service (ADL and IADL assistance, health and wellness, plan development, education, coaching, problem-solving, intervention to de-escalate crises, access to community resources, etc.)
- What activities/benefits are excluded?
- Will the service or support be needed by a specific population or multiple populations?
- Where is the service available (home, community, onsite at provider agency, offsite, etc.)?
- How the service is delivered (face-to-face, telephone, video conference, group, family, etc.)
- Who can provide the service, *i.e.*, provider and staff qualifications?
- What are the limits on the amount, scope or duration of the service?

Service	Description	Life Domains	Target Population
Personal Support and Health Maintenance	<p>Support in the community and at home <u>including supported supervision when needed (DDRD)</u> for activities of daily living including: eating , dressing, grooming, hygiene, and walking/transferring; Instrumental Activities of Daily Living including: daily planning, decision-making, problem-solving, money management, transportation management, shopping, meal preparation, communication devices and techniques, homemaker and home maintenance services and support, service animal care/maintenance; and support to maintain health and wellness:</p> <ul style="list-style-type: none"> Support is either supervision of the completion of the task, doing the task, assistance with a task, instruction for the person to complete the task, or a combination of supports based on the individual's informed choice 	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries
Personal Coach	<p>Support to develop goals and explore options to achieve goals (long or short term) related to life domains:</p> <ul style="list-style-type: none"> Identification of goals and aspirations The service should be available at entry into programs and intermittently as identified in the person-centered plan Person receiving services should have options to choose his/her personal coach and direct the process <u>Support experiential learning</u> <u>Support for exploration of housing options for those moving from congregate settings (LC)</u> 	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries
Respite	<ul style="list-style-type: none"> Respite support provided on a short-term basis because of the absence or need for relief of persons who normally provide support to the person. Therapeutic Respite: <ul style="list-style-type: none"> Support provided on a short-term basis for: <ul style="list-style-type: none"> <u>Diagnosis_ Assessment (DDRD)</u> and treatment formulation Symptom monitoring Emergency support 	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

Commented [m1]: Waivers provide support to individuals with extraordinary needs. Personal care for children, which assists individuals with ADLs will be available through EPSDT. The other tasks that are included in this service category are typical parental responsibility and would be needed for all minor children. I recommend that this category is not included in children's waiver. SP

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	<ul style="list-style-type: none"> ▪ Hospital diversion ▪ Step-down support from any institutional setting ▪ Family support and education 		
Home Modifications	Physical adaptations to a private residence necessary to support sensory/physical/behavioral health and welfare and enable greater independence in the home.	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries
Assistive Technology	<p>Assistive Technology Device:</p> <ul style="list-style-type: none"> • An item, piece of equipment, or product system, whether acquired commercially, modified, or customized, that is used to increase, maintain, or improve <u>safety (EBD) and functional capabilities and/or safety of participants. (the ability to live as independently as desired (DDRD).</u> <p>Assistive Technology Services:</p> <ul style="list-style-type: none"> • Support that directly assists a participant in the selection, acquisition, or use of an assistive technology device, including: <ul style="list-style-type: none"> ○ The evaluation of the assistive technology needs of a participant <u>including usage outside the home—e.g. need for weatherproofed equipment (EBD)</u> ○ Services consisting of purchasing, leasing, or otherwise providing for the acquisition of assistive technology <u>devices</u> for participants ○ Services consisting of selecting, designing, fitting, customizing, adapting, applying, maintaining, repairing, or replacing assistive technology devices 	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

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	<ul style="list-style-type: none">○ Coordination and use of necessary therapies, interventions, or services with assistive technology devices○ Training or technical assistance related to the assistive technology use for the participant or support network, including providers		
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<p>Behavioral Supports</p>	<p>Medically necessary behavioral interventions for participants Behavioral supports that assist the participant (DDRD) with behaviors that limit and impair everyday functioning. Behavioral supports assist the participant in developing, maintaining, or restoring, to the maximum extent possible, the ability to function. Services should be aimed at producing socially significant improvement in behavior. Services shall not duplicate mental health services or behavioral interventions available through the state Medicaid plan. <u>participate meaningfully in the community and meet personal goals. Services should be aimed at producing significant improvement in behavior (DDRD).</u></p> <p>Behavioral Consultation: Development and implementation of behavioral support plans and behavioral interventions necessary for the individual to acquire or maintain appropriate adaptive behaviors, interactions with others and behavioral self-management. Intervention modalities shall relate to an identified behavioral need of the individual and are monitored for outcomes and integration into all services and supports.</p> <p>Behavioral Plan Assessment: Observations, environmental assessments, interviews of direct staff, functional behavioral analysis and assessment, evaluations and completion of a written assessment document.</p> <p>Individual/Group Counseling: Psychotherapeutic or psych educational intervention for the individual to acquire or maintain appropriate adaptive behaviors, interactions with others and behavioral self-</p>	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements 	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries
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	<p>management, to positively impact the individual's behavior or functioning.</p> <p>Behavioral Line Services: Implementation of the behavioral support plan, under the supervision and oversight of a Behavioral Consultant for acute, short term intervention to address an identified behavior of an individual that puts the individual's health and safety and/or the safety of others at risk.</p>		
Transportation	<p>Non-Medical Transportation:</p> <ul style="list-style-type: none"> • Service offered in order to enable waiver participants to gain access to waiver and other community services, activities and resources. • Transportation services may include access to public transportation, training on the use of public transportation, the direct provision of transportation, technology to help with using transportation (e.g. GPS prompt re: bus stops (DDRD)) or a combination of services based on the individual's informed choice <p>Vehicle Modification:</p> <ul style="list-style-type: none"> • Adaptations or alterations to an automobile that is the person's primary means of transportation that are necessary in order to accommodate the special needs of the person and enable the person to integrate more fully into the community and to ensure the health, welfare and safety of the participant. The following are specifically excluded: <ul style="list-style-type: none"> ○ Adaptations or improvements to the vehicle that are of general utility, and are not of direct medical or remedial benefit to the individual; 	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

Commented [m5]: People ought to be able to use transportation for varied community activities not just 2x week nor 5 x a week for facility based day programs. (EBD)

Commented [m6]: Non-medical transportation is a typical parental responsibility for any minor child. SP

Commented [m4]: Should include mods to a family vehicle. Don't duplicate services from voc rehab. EBD

	<ul style="list-style-type: none"> o Purchase or lease of a vehicle; and o Regularly scheduled upkeep and maintenance of a vehicle except upkeep and maintenance of the modifications 		
Community and Personal Engagement	<p>Support to develop and implement goals and aspirations for employment, volunteer work, civic involvement, relationships, self-advocacy, training, and education. Relationships, employment, education, social interaction- and civic involvement should be based on the individual's choice, including social media and other online opportunities.</p> <p>Social engagement:</p> <ul style="list-style-type: none"> • <u>Activates-Activities (DDRD)</u> that promote interaction with friends and companions of choice including: <ul style="list-style-type: none"> • Teaching and modeling of social skills, communication, group interaction and collaboration • <u>Activities currently defined as "adult day" (EBD)</u> <p>Habilitation Services:</p> <ul style="list-style-type: none"> • Services designed to assist the person in acquiring, retaining and improving self-help, socialization and, adaptive skills necessary for community living including: <ul style="list-style-type: none"> o teaching and modeling of social skills, communication, group interaction and collaboration. o Educational supports for complaints, grievances, appeals o Support for integrated & meaningful education and informed choice for community involvement including volunteering, self- 	<input checked="" type="checkbox"/> Community Integration <input checked="" type="checkbox"/> Health & Safety <input checked="" type="checkbox"/> Living Arrangements	<input checked="" type="checkbox"/> Elderly <input checked="" type="checkbox"/> People with Disabilities <input checked="" type="checkbox"/> People with IDD <input checked="" type="checkbox"/> People with Mental Illness <input checked="" type="checkbox"/> Children with Special Needs <input checked="" type="checkbox"/> People with Brain Injuries

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	<p>advocacy, education options and other choices defined by the individual</p> <p>⊖</p> <p>Supported Employment/Vocational Services:</p> <ul style="list-style-type: none"> • Support for integrated & meaningful education and informed choice related to school transition planning (applicable populations) • Support for meaningful job skill development and integrated education for employment, both hard (having the knowledge to do a technical defined task) and soft (not required a specified technical skill or physical task skills, including generic work (social) skills and job specific skills. • Support for integrated services available through DVR and other work training options. 		
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