

Iteration 1.1 – Rev . 6/8/10

**C. ASSESSMENT OF THE PERSON'S CAPACITY for
INDEPENDENT vs. SUPPORTED SELF-DIRECTION¹⁰⁰**

The State of Minnesota has some programs that give people the opportunity to have more control over the services and supports they receive. The following questions are to get an idea of how much help you might need if you decided to participate in one of the State's self-directed support programs:

1. How well can the individual make her/his wants and needs known? ¹⁰⁰⁰



- Speech can only be understood by familiar people. ¹⁰⁰
- Speech can be understood by unfamiliar people ¹⁰⁵
- Typed or written communication is legible and easily understood by others ¹¹⁰
- Can communicate with others who know sign language. ¹¹⁵
- Make wants and needs known through actions. ¹²⁰
- Make wants and needs known through voice-output technology¹²⁵
- Unable to express wants and needs. ¹³⁰

2. What kind of information would you need to help you make big decisions about your life? (*Pick two of the following examples to explore the person's understanding of "informed decision-making". These examples are open-ended questions – do not "prompt" the responses listed. Select the checkboxes only if the person mentions the item. Complete the text boxes for all other responses given*). ¹⁰⁰⁵

Example 1: What would you need to consider in deciding where to live? ¹⁰¹⁰

- Monthly income ¹⁰⁰
- Monthly rent / mortgage payments ¹⁰⁵
- Accessibility ¹¹⁰
- Distance from work ¹¹⁵
- The safety of the neighborhood ¹²⁰
- Chose not to answer ¹²⁵

- Additional responses: _____ ¹³⁰

Example 2: If you decided to stop taking a medication that you had been taking for many years, what information should you consider obtaining or sharing with others before you stop? ¹⁰¹⁵

- How it will affect your health ¹⁰⁰
- Having a discussion with your doctor, first, to get his/her advice ¹⁰⁵
- Making a plan for taking medicine again, if your health suffers ¹¹⁰
- Having a discussion with your support team or family, first, to get their feedback on your decision ¹¹⁵
- Chose not to answer ¹²⁰

- Additional responses: _____ ¹²⁵

Example 3: If you decided to quit your job, what would you need to consider before telling your boss? ¹⁰²⁰

- How you would pay your bills until you got a new job ¹⁰⁰
- What you would say if the boss asks you to stay or offers a raise ¹⁰⁵
- How this decision might affect your health care or other benefits ¹¹⁰
- Chose not to answer ¹¹⁵

- Additional responses: _____ ¹²⁰

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Example 4: If you were having trouble with a co-worker or someone at home, what would you say or do?¹⁰²⁵

- Would approach the person directly and ask him/her to talk about the problem ¹⁰⁰
- Would ask another person to speak with that person for me ¹⁰⁵
- Chose not to answer ¹¹⁰

- Additional responses: _____ ¹¹⁵

Example 5: If you need to train someone to help you, what kinds of things would you need to tell or show them? ¹⁰³⁰

- What kind of help I need with bathing, dressing, etc. (ADLs) ¹⁰⁰
- What needs to be done to keep the house / apartment clean (IADLs) ¹⁰⁵
- How to help me with health-related procedures ¹¹⁰
- Chose not to answer ¹¹⁵

- Additional responses: _____ ¹²⁰

3. If you had the opportunity to supervise people who are paid to help you, which of the following could you do? ¹⁰³⁵

- Participate in their hiring – **how would you do this?** ¹⁰⁰
- Tell them what needs to be done – **what would you have them do?** _____ ¹⁰⁵
- Evaluate their work – **how would you tell the person that you don't like something?** _____ ¹¹⁰

- Chose not to answer ¹¹⁵
- Additional responses: _____ ¹²⁰

4. If you were given a set amount of money for services and you were responsible for figuring out how best to spend it (such as you would under the CDCS program), how would you keep track of your spending and how much money you had left? *(This is an open-ended question - do not prompt the responses listed. Mark the checkboxes only if the person mentions these items. Complete the text boxes for any other responses given)*¹⁰⁴⁰

- Unsure ¹⁰⁰
- I would do it myself ¹⁰⁵
- I would ask someone else to do it - **what is that person's name?** _____ ¹¹⁰
- I would develop another solution - **please describe:** _____ ¹¹⁵
- Chose not to answer ¹²⁰

- Additional responses: _____ ¹²⁵

Assessor's Conclusions about the Person's Capacity for Independent vs. Supported Self-Direction *(This conclusion should also consider information gathered during the PCI.)*¹⁰⁴⁵

- Very little or no support needed for self-direction ¹⁰⁰
- Can self-direct with support – **please explain:** _____ ¹⁰⁵
- Needs another person to direct their services – **please explain:** _____ ¹¹⁰
- Don't have enough information to reach a conclusion ¹¹⁵
- Not applicable – **please explain:** _____ ¹²⁰

Does the person and/or their representative, if applicable, agree with your conclusion?¹⁰⁵⁰

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- Yes ¹⁰⁰
- No - ***please explain:*** _____ ¹⁰⁵
- Chose not to answer ¹¹⁰