

# August 2015 Lunch Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
3 <i>Senior Center Closed</i>	4 Senior Center Open 9:00 am—3pm Bring a Pot Luck dish or snack to share	5 <b>Roasted Chicken</b> Vegetables Steamed Rice Seasoned Peas Salad Bar Wheat Roll Peach Pie	6 <i>Senior Center Closed</i>	7 <b>Meatloaf</b> Brown Gravy Mashed Potatoes Seasoned Green Beans Salad Bar Wheat Roll Peaches
10 <i>Senior Center Closed</i>	11 Senior Center Open 9:00 am—3pm Bring a sack lunch or snack to share	12 <b>BBQ Pulled Pork</b> Creamy Coleslaw French Fries Salad Bar Wheat French Roll Strawberry Shortcake Banana	13 <i>Senior Center Closed</i>	14 <b>Birthday /Food Bank Donation</b> <b>Chicken Enchiladas</b> Lettuce & Tomatoes Pinto Beans Salad Bar Oranges
17 <b>Senior Center Closed</b>	18 Senior Center Open 9:00 am—3pm Bring a sack lunch or snack to share	19 <b>Baked Chicken Tenders</b> Mashed Potatoes Country Gravy Broccoli Salad Bar Wheat Roll Sliced Apples	20 <b>Senior Center Closed</b> <b>Adventures in Dining</b> <b>Bar D Chuckwagon</b> <b>Bus Leaves 5:30 pm</b>	21 <b>Beef Stroganoff</b> Buttered Egg Noodles French Cut Green Beans Salad Bar French Roll Mixed Fruit
24 <b>Senior Center Closed</b>	25 Senior Center Open 9:00 am—3pm Bring a sack lunch or snack to share	26 <b>Salmon w/dill sauce</b> Wild Rice Pilaf Broccoli & Carrots Salad Bar Wheat Roll Lemon Bar Orange Juice	27 <b>Senior Center Closed</b>	28 <b>Baked Ham w/ Raisin Sauce</b> Black eye peas California Veggies Salad Bar Rye Roll Vanilla Pudding Banana
31 <b>Senior Center Closed</b>				

# August 2015 Activities Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CLOSED</b>		<b>Center Open</b> <b>9:00am –3pm</b> Step Aerobics 9:00 Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	<b>Center Closed</b>	Step Aerobics 9:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
<b>3</b> <b>Closed</b>	<b>4</b> <b>Center Open</b> <b>9:00am –3pm</b> Bridge Club Pot Luck Bring a dish to share! Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies	<b>5</b> <b>Center Open</b> <b>9:00am –3pm</b> Step Aerobics 9:00 Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	<b>6</b> <b>Center Closed</b>	<b>7 Birthday Celebration / Food Bank Donations</b> Step Aerobics 9:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
<b>10</b> <b>Closed</b>	<b>11</b> <b>Center Open</b> <b>9:00am –3pm</b> Step Bridge Club 9:30am-11:30 am Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies, Books, and More! Xbox, Board Games, Puzzles, Movies, Books, and More!	<b>12</b> <b>Center Open</b> <b>9:00am –3pm</b> Step Aerobics 9:00 Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	<b>13</b> <b>Center Closed</b>	<b>14</b> Step Aerobics 9:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
<b>17</b> <b>Closed</b>	<b>18</b> <b>Center Open</b> <b>9:00am –3pm</b> Step Bridge Club 9:30am-11:30 am Brenda Marshal's Card Making 10:00—11:00 am Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies, Books, and More!	<b>19</b> <b>Center Open</b> <b>9:00am –3pm</b> Step Aerobics 9:00 Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	<b>20</b> <b>Center Closed</b> <b>Adventures in Dining</b> <b>Bar D Chuckwagon</b>	<b>21</b> Step Aerobics 9:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch
<b>24</b> <b>Closed</b>	<b>25</b> <b>Center Open</b> <b>9:00am –3pm</b> Step Bridge Club 9:30am-11:30 am Mexican Train Dominoes, Billiards, Wii, Xbox, Board Games, Puzzles, Movies, Books, and More! Xbox, Board Games, Puzzles, Movies, Books, and More!	<b>26</b> <b>Center Open</b> <b>9:00am –3pm</b> Step Aerobics 9:00 Chair Yoga 9:15 - 10:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes, Xbox After Lunch Watch Your Step 10:15am - 11:15am	<b>27</b> <b>Center Closed</b>	<b>28</b> Step Aerobics 9:00 Watch Your Step 10:15am - 11:15am Mexican Train Dominoes & Xbox After Lunch