Appendix P
Short-term Behavioral Health Services in a Primary Care Setting
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Short-term Behavioral Health Services in a Primary Care Setting

In order to support the availability of a full continuum of behavioral health services, the Department is promoting the provision of short-term behavioral health services within primary care settings for brief episodic conditions.

Behavioral health practitioners in a primary care setting may provide up to six (6) sessions of the short-term behavioral health services listed in this appendix, in any combination, per episode of care without prior authorization from the Contractor. These sessions will not require a covered behavioral health diagnosis.

**Low-acuity Behavioral Health Service Procedure Codes**

- 90791 Diagnostic Evaluation without Medical Services
- 90792 Diagnostic Evaluation with Medical Services
- 90832 Psychotherapy-30 minutes
- 90834 Psychotherapy-45 minutes
- 90837 Psychotherapy-60 minutes
- 90839 Psychotherapy for crisis-60 minutes
- 90840 Psychotherapy for crisis each additional 30 min
- 90853 Group Psychotherapy
- 90846 Family Psychotherapy (w/o patient)
- 90847 Family Psychotherapy (with patient)

The services listed above are reimbursed fee-for-service when they are billed in a primary care place of service. Practitioners must request authorization from the Contractor to continue to provide more than six (6) behavioral health services in a primary care setting.