



QPOP: Division Approved Functional Tests

Name of Test/Site Link	Body Part	Description
<u>Quick DASH (Disabilities of the Arm, Shoulder and Hand)</u>	Upper Extremity	Shoulder, elbow and hand assessment
<u>Simple Shoulder Test</u>	Shoulder	Shoulder function only
<u>LEFS (Lower Extremity Functional Scale)</u>	Lower Extremity	Disorders for one or both lower extremities, standing, walking, running (higher functioning)
<u>Lower Limb Questionnaire</u>	Lower Extremity	Brief seven questions with ability to ambulate addressed (lower functioning)
<u>Oswestry Low Back Pain Disability Questionnaire</u>	Lumbar Spine	Functional questions with sleeping, lifting, walking, sitting and standing
<u>Quebec Back Pain Disability Scale</u>	Spine	Functional and emotional questions
<u>Neck Disability Index</u>	Cervical Spine	Ten questions addressing pain, personal care, headaches and functional deficits
<u>SF -36 and SF-12</u>	Physical Health	Assesses ADLs
<u>Dallas Pain Questionnaire</u>	Spine	Chronic pain
<u>Hand/Wrist Symptom Severity Scale</u>	Hand/Wrist	Hand and wrist specific
<u>PREE – Patient Rated Elbow Evaluation</u>	Elbow	Elbow joint specific
<u>Foot and Ankle Outcomes Questionnaire</u>	Foot and Ankle	Lower extremity functional ADLs
<u>Oxford Hip, Knee, Elbow, Shoulder and Shoulder Instability Score</u>	Hip, Knee, Shoulder and Elbow	Functional ADLs
<u>FOTO- Focus on Therapeutic Outcomes, Inc.</u>	Various Body Parts	Functional ADLs specific to body part
<u>Upper Extremity Functional Scale</u>	Upper Extremity	Functional ADLs related to Upper Extremity
<u>Brief Pain Inventory</u>	General	Sleep, walking, ADLs



QPOP: Division Approved Psychological Screens

Name of Test/Site Link	Description
<u>BBHI 2 – (Brief Battery for Health Improvement – 2nd Edition)</u>	Measures pain, functioning, somatization, depression, anxiety and defensiveness; brief measure of risk factors for delayed recovery
<u>DRAM – (Distress and Risk Assessment Method)</u>	Measures depression and somatic symptoms of anxiety, risk factors commonly associated with chronic pain
<u>CES-D (Center for Epidemiological Studies Depression Scale)</u>	Measures depression, 20 items
<u>BDI –II (Beck Depression Inventory -2nd edition)</u>	Measures depression, 21 items
<u>PRIME-MD – (Primary Care Evaluation for Mental Disorders) <i>Must be filled out by a provider</i></u>	Two components: paper and pencil screen for patient and follow-up interview by physician. Assesses mood, anxiety, somatoform tendencies, alcohol and eating disorders
<u>Zung Depression Inventory</u>	Measures depression, brief measure
<u>PHQ (Patient Health Questionnaire) and PHQ-9</u>	Self-administered version of the PRIME-MD. Assesses mood, anxiety, somatoform tendencies, alcohol and eating disorders
<u>GAD-7 (Generalized Anxiety Disorder Scale)</u>	Assesses generalized anxiety, 7 questions
<u>BHI-MV (Behavioral Health Index Multimedia Version)</u>	Screens for addiction

Program with Functional Tests and Psychological Screen:

COMT- Comprehensive Outcomes Management Technologies	Functional and Psychological Assessment Tool
Pain CAS: web-based clinical tool	Assesses Patients with Chronic Pain

** Requests to include additional tests to the above list can be directed to the Provider Education Unit: cdle_dowc_provider_education@state.co.us.