

COLORADO CULTURE CHANGE ACCOUNTABILITY BOARD

Minutes of meeting 28 June 2013

The meeting was held at the Colorado Veterans Nursing Home at Fitzsimons. It was called to order at 10:10 AM. Board members present were Paul Phillips, Beverly Hirsekorn, Vanessa Carlson, Cindy Webb, Beth Irtz (Chair), Dana Solomon, and Jo Tansey, a new member representing CDHPE. Gary Pauli participated by telephone. Absent were Carolyn Mickey and Candace Kramer. Also attending were Anthony Satariano, Contracts Specialist, Contracts Performance Management Team, HCPF; Penny Cook, and Miguel Valdez from the Colorado Culture Change Coalition which provides the Board administrative assistance.

Names in bold type indicate assignments.

Minutes for the April and May 2013 meetings were approved at the end of the meeting.

The Board heard two detailed presentations from **4th Cycle grantees**: Dr. Gregory J. Gahm, M.D. on the Amberwood project (Reduction of Medication/Psychotropic Agents) and Nancy Fox, from Vivage, with Angela York, Director of Cambridge Care Center on the QP Health Partners project (Culture Change "How-To" Handbook for Nursing Home Administrators.)

Both were well received by the Board and both generated questions and discussions. In both cases, future use of the results, in particular of the voluminous handbook for administrators that can be used only with instruction and training, were left open. Dr. Gahm strongly recommended further projects in homes that have much higher rate of psychotropic drug use (40-50%) than at Amberwood (about 12%). Dr. Gahm's work will be used for the Partnership to Improve Dementia Care in Colorado (a CMS initiative) which is a state-wide group working to reduce anti-psychotic use in nursing homes.

OTHER FOURTH CYCLE GRANTS.

1. Brookshire House (\$4,000 Aromatherapy). Beverly reported that essentially all of the money has been used. Additional kits have been bought, more residents than planned for have participated and all 13 nursing homes have participated. The kits have helped as anti-depressant, improving behavior, with breathing, calming, to help sleep patterns, reminiscing, and at near-death. They have been used in individual rooms as well as in public spaces. Several of the participant homes have committed to continuation with their own funds due to the efficacy and quality of life improvements experienced by residents. Anecdotal evidence suggests that replication in all nursing homes could be beneficial, even though the sample in this grant was relatively small.

Beverly raised the general issue regarding further small grants of the same or similar kinds, i.e. how many small grants for aromatherapy (or for drum sets, or relaxation

rooms) should the Board recommend? **BETH** will schedule this for Board discussion at the next meeting.

2. Good Samaritan (\$4,300 Classes by Alzheimer educator)- Dana reported that all of the planned training was completed. A video has been made of some of the training. **Dana and Anthony** will contact the project manager to instruct her how to go about being reimbursed.

NEW PROCEDURE: The Board agreed In April to the following procedure. (Repeated for emphasis.)

If a Board member anticipates not being at a Board meeting, that member will provide electronically to the Chair the text of any report to the Board for which she or he is responsible.

FIFTH CYCLE GRANTS. Anthony reported that the only thing holding up finalization of the State contracts with grantees is a revision of the Statement of Work that will accommodate the reduced funds. **Beth** has already contacted project managers (except for ACC) asking for a new statement of work and a new budget reflecting the reduced funding. Once that is received (along with the amount of CMP funds available are known), the contracts will be quickly completed. Anthony thinks this can be done by mid-July.

LEGISLATIVE UPDATE: Penny reported that she has a meeting scheduled for 12 July with Jed Ziegenhagen and Zach Lynkiewicz to discuss the issue of altering the Act under which the Board was created to correct the several shortcomings (covered in earlier minutes) that the Board considers as hampering its operation and effectiveness.

OTHER BOARD DECISIONS: The Board agreed that: The initial application for grants must include the applicants' EIN; applicants must designate both a primary and secondary project manager; and grantees who accept reduced funding for a project must submit a revised statement of work to be accomplished, a revised budget reflecting the reduced funding, and a form W-9 **at the time they accept the reduced funding.**

NEXT MEETING: 10:00 A.M., July 19 at Fitzsimons
The meeting adjourned at 12:25 A.M.

CCAB: 28 June 2013