

**PROGRAMS FUNDED BY THE
DENVER REGIONAL COUNCIL
OF GOVERNMENTS**

**TO SERVE OLDER ADULTS IN 2013-2015
Effective through June 2015**



**AREA AGENCY ON AGING
1290 Broadway, Suite 700
Denver, CO 80203-5606
303-455-1000**

**www.DRCOG.NetworkofCare.org
www.drcoq.org**

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Title III of the Older Americans Act**

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The Denver Regional Council of Governments (DRCOG) is the Area Agency on Aging (AAA) for the eight-county metropolitan region, and is responsible for planning, funding and providing services for adults 60 years of age and older.

The DRCOG AAA serves older adults in Adams, Arapahoe, Clear Creek, Douglas, Gilpin and Jefferson counties, the City & County of Broomfield, and the City & County of Denver. There are no income eligibility requirements to obtain services; however, services are targeted to frail older adults and those who are socially or economically most in need. There are no payments required to receive services, but contributions are encouraged from those who are financially able. Participant contributions are used to expand the services and number of people served.

Through its Area Agency on Aging, DRCOG allocates federal and state monies to community agencies to provide direct services to older adults. The division directly provides information, referral and assistance services and long-term care ombudsman services. Federal and state regulations require certain minimum funding levels for specific areas, such as nutrition, legal services and in-home services.

This document provides all services provided directly by the DRCOG AAA and by service providers via contracts with DRCOG.

[Revised July 2013]

**OLDER AMERICANS ACT
AND
OLDER COLORADANS ACT PROGRAMS**

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OLDER AMERICANS ACT
AND OLDER COLORADANS ACT PROGRAMS

ADULT DAY SERVICES

Seniors' Resource Center

3227 Chase Street
Denver, CO 80212
Reynaldo Mireles, Bilingual Family Care Specialist
rmireles@srcaging.org
www.srcaging.org
303-235-6986
Sara Garrou, Family Specialist
sgarrou@srcaging.org
303-235-6961

Respite Care Through Adult Day Programs

Counties Served: Adams, Arapahoe, Clear Creek, Denver, Douglas, Gilpin and Jefferson

Seniors' Resource Center supports family caregivers by providing Adult Day Services through their Adult Day Services sites in Wheat Ridge and Evergreen. The programs are open Monday through Friday and offer a variety of social, artistic and recreational activities in a supportive, caring environment. The participants receive assistance with personal care needs and medication administration, as needed. Breakfast, lunch, and an afternoon snack are provided.

The Senior Hub

10190 Bannock Street Suite104
Northglenn, CO 80260
Tia Saucedo, Program Director
tsauceda@seniorhub.org
www.seniorhub.org
303-287-2400

Adult Day Program

Counties Served: Adams, Arapahoe, Broomfield and Denver

This day program provides a safe, welcoming place for older adults to go during the day, allowing caregivers a break to work or to take time for their own needs. Social interaction and cognitive stimulation are provided via a variety of activities, including daily exercise. A nutritious, hot, hearty, meal is served family style at noon and two snacks are also served daily. Participants include people with Alzheimer's Disease, dementia, chronic illness and/or other problems that may increase their care needs. The Activity Professionals on staff are Certified Nurse Assistants and there is a Registered Nurse who oversees the program weekly.

CARE MANAGEMENT

DRCOG AREA AGENCY ON AGING

1290 Broadway, Suite 700
Denver, CO 80203
Intake and Referral
303-480-6700

Geriatric Care Management

Counties Served: Adams, Arapahoe, Bromfield, Clear Creek, Denver, Douglas, Gilpin and Jefferson

Experienced case managers offer short-term care coordination to older adults requiring assistance in identifying and making life transitions. Case management activities may include comprehensive needs assessments; presenting care options and resources; coordination of services among providers; connecting with medical, non-medical and mental health professionals and services; applying for and accessing available benefits and supports; consultation with families and temporary monitoring of community supports. This program is designed to help older adults remain active and independent in the community for as long as possible and to provide assistance in planning for the future.

COUNSELING SERVICES

Jefferson Center for Mental Health (Senior Reach Program)

70 Executive Center
4851 Independence Street
Wheat Ridge, CO 80033-6715
Tomasita Watson, Call Center Specialist
1-866-217-5808

Counseling

Counties Served: Broomfield, Clear Creek, Gilpin and Jefferson

The Senior Reach program provides mental health assessments, depression screenings, education groups and individual and group counseling to older adults. Senior Reach targets older adults who are isolated, frail, are not currently accessing services and are in need of mental health services.

DENTAL SERVICES, HEARING AIDS & EYEGLASSES

Colorado Gerontological Society (Formerly, Senior Answers and Services)

3006 East Colfax Avenue

Denver, CO 80206

Eileen Doherty, Executive Director

www.senioranswers.org

303-333-3482

Dental Services, Hearing aids, Eyeglasses

Counties Served: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin and Jefferson

Partial grants are provided for hearing, vision, and dental services for individuals age 60 and older. Potential recipients should call to request an assessment. Once completed assessments are received, they are processed and grant award letters are sent based on funding availability. Some are placed on a waiting list pending additional funding. Efforts are made to coordinate funding with other insurance such as Medicare and private health insurance when available.

HANDYMAN/CHORE SERVICES

Arapahoe County Community Resources

1690 West Littleton Boulevard, Suite 300
Littleton, CO 80120
Linda Haley, Senior Resources Division Manager
Lhaley@co.arapahoe.co.us
303-738-8089

Chore Services

Counties Served: Arapahoe

Services include assisting older adults age 60 and over in continuing to live independently in their own homes or apartments by providing assistance with non-routine heavy duty chores. Some examples of services might be: assistance in cleaning, organizing and de-cluttering an apartment or home; spring or fall yard and patio clean up; washing windows; assisting older adults to pack up for or unpack after a move; as well as working with other human service organizations on safety clean up for consumers.

Seniors' Resource Center

3227 Chase Street
Denver, CO 80212
Van Wilson, Agency Volunteer Manager/Handyman Program Manager
vwilson@srcaging.org
303-235-6941

Handyman and Chore Services

Counties Served: Adams, Broomfield, Clear Creek, Gilpin, Jefferson

Seniors' Resource Center offers minor home repair and non-routine heavy household chores to ensure older adults can remain in the place they call home as safely and independently as possible. Services are available to residents age 60 and over. Examples of services include, but are not limited to: home safety modifications such as installing grab bars, raised toilet seats and fixing trip hazards; minor home repairs; assistance with cleaning, organizing and de-cluttering an apartment or home; packing and unpacking from a move; and seasonal yard clean-up.

Volunteers of America

2660 Larimer Street
Denver, CO 80205
Amanda Gregg, Project Manager/Safety of Seniors Handyman Program
303-297-0408 ext 13331

Safety of Seniors Handyman Program

Counties Served: Adams, Arapahoe, Clear Creek, Denver, Douglas, Gilpin and Jefferson

The Safety of Seniors Handyman Program focuses on assisting adults 60 years of age and older in maintaining safety and independence in the home as it relate to falls and fires. Services include minor repairs and safety modifications, safety assessments, education materials on fall prevention and fire prevention and referrals for other services when necessary.

HEALTH PROMOTION/EDUCATION

Audio Information Network of Colorado

1700 55th Street, Suite A
Boulder, CO 80301-2702
Kim Ann Wardlow, Director of Marketing
kim@aincolorado.org
www.aincolorado.org
303-786-7777
1-877-443-2001 outside the metro area

Audio Services for the Blind, Visually Impaired and Print Disabled

Counties Served: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin
Jefferson

The Audio Information Network of Colorado (AINC) provides audio services that help blind, visually impaired and print disabled individuals maintain independence and stay connected to their community. Programming is broadcast 24 hours a day, seven days a week. Listeners have independent access to nearly 100 Colorado newspapers, grocery discount ads, magazines and other local publications. All publications are read and recorded by volunteers. Listening options include pre-tuned digital receivers that are provided by AINC, telephone or Internet (live streaming or Podcast).

Centura Health LINKS

2420 W. 26th Avenue, Suite D-450
Denver, CO 80211
Kim Powers
KimPowers@centura.org
www.centura.org/Centura-Health-LINKS
720-321-8850

Benefits Eligibility Screening and Enrollment Assistance

Counties Served: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin and
Jefferson

Services include Health Insurance Counseling for Seniors, Prescription Drug Assistance, Medicare Part D enrollment assistance and Benefits Checkup Colorado.

HealthSET

2420 W. 26th Avenue, Suite D-460
Denver, CO 80211
healthset@centura.org
720-321-9320

Health Promotion Clinics and Nurse Care Management Program

Counties Served: Adams, Denver and Jefferson

HealthSET offers skilled and compassionate nurses who provide free and essential health clinics and substantial follow-up services to older adults residing in rent-subsidized apartment buildings. The clinics are held once per month in 20 high rise residences and each clinic is staffed by registered nurses. At the clinics, nurses conduct health screenings, provide education and assist people in obtaining resources. Between clinics, nurse and staff assist consumers in managing chronic conditions, taking medications correctly and navigating the health care system. Consumers with more complicated needs are referred to the Care Coordination Program where Client Advocates provide in-depth support and act on behalf of clients, and make social service interventions and connect clients to the services they need.

Southwest Improvement Council

1000 South Lowell Boulevard
Denver, CO 80219-3339
Jan Marie Belle, Executive Director
www.swic-denver.org
303-934-2268

Multicultural Outreach Center

Counties Served: Adams, Arapahoe, Broomfield, Denver, Douglas and Jefferson

Southwest Improvement Council (SWIC) serves Native American and Hispanic Elders through minority elder outreach workers who provide and follow up on all referrals made for community services with the agency and with each individual elder. Program staff ensures that the service has been provided, that the client's needs are being met, and that the client is experiencing satisfaction with all aspects of assistance and service.

Tri-County Health Department

6162 South Willow Drive, Suite 100
Greenwood Village, CO 80111
A Matter of Balance Project Coordinator
MatterofBalance.org
303-220-9200

Maintaining Mobility - Fall Prevention

Counties Served: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin and Jefferson

A Matter of Balance: Managing Concerns about Falls is a program available in the metro area to help older adults maintain mobility and independence by reducing the fear and risk of falling. The *A Matter of Balance* program consists of eight two-hour sessions with information, group discussions, mutual problem solving, role-plays, physical activity training and assertiveness training. Participants learn about the importance of physical activity in preventing falls; practice exercise to improve strength, coordination and balance; learn how to conduct a home safety evaluation; and learn how to get up and down safely. Please call for class schedule information.

Volunteers of America

2660 Larimer Street
Denver, Colorado 80205
Virdell Miller, Associate Director, Nutrition Services
vmiller@voacolorado.org
www.voacolorado.org
303-297-0408

Fall Prevention and Nutrition Education

Counties served: Adams, Arapahoe, Denver, Douglas and Jefferson

The *Healthy Moves for Aging Well Program* is an evidence-based program for homebound older adults designed to increase the activity levels of our highest-risk elders to positively impact their physical and mental health, assist them with balance problems and thereby reduce their risk of falls, enabling them to remain living independently. Participants also receive nutrition education and counseling as needed by a Registered Dietitian.

IN-HOME SERVICES

Jewish Family Service of Colorado

3201 South Tamarac Drive
Denver, CO 80231
Cathy Grimm, Director JFS Senior Solutions
cgrimm@Jewishfamilyservice.org
303-597-5000 ext 4601

Homemaker and Personal Care

Counties Served: Arapahoe, Denver and Jefferson

Homemaker services include light housekeeping, laundry, linen changing and light meal preparation and grocery shopping for two- three hours every week or every other week (based on need). In addition to ensuring a comfortable and clean environment for the consumer, homemakers offer companionship to isolated homebound older adults.

Seniors' Resource Center

3227 Chase Street

Denver, CO 80212

www.srcaging.org

Debbie Miller (Urban Jefferson, Denver and Adams Counties)

303-235-6976

dmiller@srcaging.org

Joyce Becker (Rural Jefferson, Clear Creek and Gilpin Counties)

303-674-2843

jbecker@srcaging.org

Homemaker and Personal Care

Counties Served: Adams, Clear Creek, Denver, Gilpin and Jefferson

In-Home Care Services provides friendly non-medical care to individuals in their own home. Trained and bonded Personal Care Providers assist with light housekeeping, laundry, bed making, meal preparation, errands and socialization. Personal care services include assistance with bathing, dressing, hair care, ambulation, medication reminders and other unskilled personal care needs as necessary. All Personal Care Providers complete several hours of training. Thorough background checks are conducted for all care providers and ongoing educational opportunities are provided.

Visiting Nurse Association

390 Grant Street

Denver, CO 80203

Catherine Dunlap, RN, MA, Program Manager

dunlap.c@vncolorado.org

303-698-6399

Personal Care and Homemaker In-Home Services

Counties Served: Adams, Arapahoe, Broomfield, Denver, Douglas and Jefferson (including rural areas)

The Visiting Nurse Association provides In-Home supportive services to frail or disabled older adults in the six county metro area including rural Arapahoe, Adams and Douglas counties. Registered nurses assess clients and supervise services provided by trained Personal Care Workers (PCWs) and Homemakers. PCWs/Homemakers can assist with bathing, personal care, meal preparation, grocery shopping, laundry, light housekeeping and respite care. The goal of the program is to help older adults maintain quality of life in their homes. Registered Nurses provide resource referral, medication reviews, safety assessment and assistance with aging issues and advanced directives.

INFORMATION, REFERRAL and ASSISTANCE SERVICES

DRCOG Area Agency on Aging

1290 Broadway, Suite 700

Denver, CO 80203-5606

Nicole Hartog, Community Resource Manager

www.drcog.org

www.DRCOG.NetworkofCare.org

303-480-6700

1-866-959-3017 outside the metro area

Information, Referral and Assistance Program

Older adults and/or their caregivers, community service providers and the general public can access comprehensive information and assistance services through the Area Agency on Aging. DRCOG community resource specialists assist callers with locating available services in the region, connecting with available services and follow up to ensure services were provided. In addition, DRCOG offers its Network of Care site (www.DRCOG.NetworkofCare.org) – an online searchable database that can help seniors locate services, learn about health conditions and much more.

Adult Resources for Care and Help (ARCH)

The ARCH is the name of Colorado's Aging and Disability Resource Center which offers Options Counseling to assist people, age 60 and over or 18 and over with a disability, regardless of income. ARCH's goal is to help individuals manage their health issues, remain independent and understand the benefits and limitations of long-term care support and service options. Personalized Options Counseling involves an interview and needs assessment to explore individualized options and resources; provides decision-making support; establishes an action plan for help in getting services; and follow up.

LEGAL SERVICES

Colorado Legal Services

1905 Sherman Street, Suite 400
Denver, CO 80203-1181
Peter Komlos-Hrobsky, Supervising Attorney
www.coloradolegalservices.org
303-837-1321

Senior Citizens Law Center

Counties Served: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin and Jefferson

Areas of service include: access to long-term care; access to alternatives to nursing home care; access to Medicaid, Medicare and other public sources of health care; access to adequate income, including Old Age Pension, Social Security Supplemental Security Income and Aid to the Needy Disabled (AND); food stamps; restraining orders in domestic violence cases; and subsidized housing issues. Colorado Legal Services also has an I.D. project to assist individuals applying for public assistance with obtaining birth certificates and a Colorado driver's license or Colorado I.D. Services provided within these areas include representation in court and at administrative hearings, negotiations with adverse parties and attorneys, advice and counseling, assistance completing forms and applications, preparation of legal documents and education workshops.

Services are also provided in cases involving threats to home ownership including: predatory lending; foreclosure; reverse mortgages; debt relief; collection and bankruptcy; home owner's association issues; mobile home issues; and other real estate matters.

LONG-TERM CARE OMBUDSMAN SERVICES

DRCOG Area Agency on Aging

1290 Broadway, Suite 700
Denver, CO 80203-5606
Shannon Gimbel, Ombudsman Program Manager
www.drcog.org
www.DRCOG.NetworkofCare.org
303-455-1000

Long-Term Care Ombudsman Program

Counties Served: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin and Jefferson

The ombudsman program is a free advocacy program that protects the rights of residents of long-term care communities and assists these individuals in obtaining the assistance necessary to maintain an appropriate quality of life of their choosing. Residents of nursing homes and assisted living residences, their friends and caregivers, and facility staff members may contact the ombudsmen for assistance, and for help with selecting an appropriate long-term care setting. Ombudsmen investigate complaints, assist facility staff in solving or mediating problems and provide education about long-term care communities as well as residents' rights.

NUTRITION SERVICES

Volunteers of America

Nutrition Program
2660 Larimer Street
Denver, CO 80205
Pat Stoehr, Project Manager/Meals on Wheels Program
www.voacolorado.org
303-297-0408 ext 13172

Meals on Wheels

Counties Served: Adams, Arapahoe, Clear Creek, Denver, Douglas, Gilpin and Jefferson

Services include home-delivered meals, information about (and assistance in accessing) other services, outreach to targeted individuals, nutrition education and health/wellness information and programs.

Volunteers of America

Nutrition Program
2660 Larimer Street
Denver, CO 80205
Richard Gall, Project Manager/Dining Center Program
www.voacolorado.org
303-297-0408 ext 13304

Congregate Dining Centers

Counties Served: Adams, Arapahoe, Clear Creek, Denver, Douglas, Gilpin and Jefferson

Services include congregate meals, information about (and assistance in accessing) other services, outreach to targeted individuals, nutrition education and health/wellness information and programs. A complete list of dining centers follows.

Dining Center

Days of Service

Serving Time

ADAMS COUNTY

Eagle View Adult Center
1150 Prairie Center Parkway
Brighton, CO 80601
303-655-2075

Monday and Thursday
Tuesday and Wednesday

11:30 a.m.
12:00 noon

ARAPAHOE COUNTY

Aurora Dining Center
Aurora Senior Center
30 Del Mar Circle
Aurora, CO 80011
303-739-7949

Monday - Thursday

12:00 noon

Dining Center

Days of Service

Serving Time

Englewood Dining Center
Malley Senior Center
3380 South Lincoln Street
Englewood, CO 80010
303-762-2660

Monday – Friday

12:00 noon

CLEAR CREEK COUNTY

Georgetown Dining Center
Georgetown Community Center
6th and Argentine Street
Georgetown, CO 80444
303-567-2382

Wednesday only

12:00 noon

Idaho Springs Dining Center
Project Support Senior Center
1402 Miner Street
Idaho Springs, CO 80452
303-567-2382

Monday - Friday

11:30 a.m.

DENVER, CITY & COUNTY

Barnum Recreation Center
360 Hooker Street
Denver, CO 80219
303-937-4655

Thursday only

11:30 a.m.

Cathedral Plaza
1575 Pennsylvania Street
Denver, CO 80203
303-837-1424

Monday –Friday

11:30 a.m.

Curtis Park II Dining Center
VOA Mission
2877 Lawrence Street
Denver, CO 80205
303-295-2165

Friday

11:00 a.m.

Inner City Dining Center
Denver Inner City Parish
1212 Mariposa Street
Denver, CO 80204
303-629-0636

Wednesday, Thursday
and Friday

12:00 noon

Kosher Dining Center
Jewish Community Center
350 South Dahlia Street
Denver, CO 80222
303-399-2660

Monday - Friday

11:45 a.m.

<u>Dining Center</u>	<u>Days of Service</u>	<u>Serving Time</u>
La Alma Dining Center La Alma Recreation Center 1325 West 11th Avenue Denver, CO 80204 303-572-4790	Monday – Tuesday	11:45 a.m.
Maltese Cross Dining Center Maltese Cross Manor Apartments 1590 Yates Street Denver, CO 80204 303-629-5138	Monday – Friday	11:30 a.m.
Metro Denver Association For the Deaf (SAC Hall) 1575 Elmira Street Aurora, CO 80010 720-862-3694	2 nd and 4 th Tuesdays only	12:00 noon
Metro Manor Dining Center Metro Manor Apartments 1523 Quitman Street Denver, CO 80204 303-572-7716	Monday – Friday	12:00 noon
Montbello Dining Center Montbello Recreation Center 15555 E. 53 rd Avenue Denver, CO 80239 720- 865-0580	Tuesday and Thursday	12:00 noon
Montbello Manor Dining Center Montbello Manor VOA 4355 Carson Street Denver, CO 80239 720-374-4955	Thursday only	12:00 noon
Mulroy Dining Center Mulroy Neighborhood Center 3550 West 13th Avenue Denver, CO 80204 303-892-1540	Monday - Thursday	11:30 a.m.
Senior Support II Dining Center Senior Support Services Center 846 East 18th Avenue Denver, CO 80218 303-832-1622	Monday - Friday	11:30 a.m.

Dining Center

Days of Service

Serving Time

Sunset Park Dining Center
Sunset Park Senior Center
1865 Larimer Street
Denver, CO 80202
303-297-0230

Monday – Friday

11:30 a.m.

Sunset Towers Dining Center
Sunset Towers Apartments
1925 Larimer Street
Denver, CO 80202
303-292-2065

Monday – Friday

11:30 a.m.

Thomas Bean Towers
2350 Cleveland Place
Denver, CO 80205
720-956-3846

Monday – Friday

12:00 noon

Westwood Dining Center
Westwood Community Center
1000 South Lowell Boulevard
Denver, CO 80219
303-934-2181

Monday - Friday

12:00 noon

Zion Dining Center
Zion Senior Center
5151 East 33rd Avenue
Denver, CO 80207
303-333-5746

Monday - Thursday

11:30 a.m.

DOUGLAS COUNTY

Castle Rock Dining Center
Castle Rock Senior Center
2323 N Woodlands Boulevard
Castle Rock, CO 80104
303-688-9498

Tuesday and Thursday

12:00 noon

GILPIN COUNTY

Gilpin County Senior Services
2960 Dory Hill Road Suite #100
Black Hawk, CO 80422
303-582-5444

Monday, Tuesday
and Wednesday

12:15 p.m.

Dining Center

Days of Service

Serving Time

JEFFERSON COUNTY

Arvada Dining Center

Mile High Vineyard Church
5445 Olde Wadsworth Boulevard
Arvada, CO 80002
720-300-3707

Wednesday only

12:00 noon

Golden Dining Center

First Presbyterian Church
17707 West 16th Avenue
Golden, CO 80401
303-279-7450

Wednesday only

12:00 noon

Lakewood Dining Center

Clements Community Center
1580 Yarrow Street
Lakewood, CO 80214
303-987-4833

Monday - Thursday
First Friday each month

12:00 noon

12:00 noon

Wheat Ridge Dining Center

Highland South Apartments
6360 West 38th Ave Bldg. B
Wheat Ridge, CO 80033
303-940-2068

Tuesday - Thursday

12:00 noon

**RESPIRE /CAREGIVER SUPPORT
SERVICES**

Alzheimer's Association

455 Sherman Street, Suite 500
Denver, CO 80203
Cheryl Parrish, Vice President of Program
www.alz.org/co
303-813-1669

Families Caring for People with Alzheimer's Disease

Counties Served: Adams, Arapahoe, Broomfield, Clear Creek, Denver, Douglas, Gilpin and Jefferson

The Colorado Chapter supports family caregivers caring for a loved one with Alzheimer's disease or other form of dementia through an array of support services including caregiver education, care consultation, and over 30 Denver Metro area support groups. Locations, dates, and times of monthly classes and support groups can be viewed online at www.alz.org/co or by calling the 24/7 Telephone Helpline for Information and Support: 1-800-272-3900.

Catholic Charities and Community Services

4045 Pecos Street
Denver, CO 80211
Carrie Savage, Kinship Program Coordinator
csavage@ccdenvver.org
www.CCDenver.org
303-742-0823 x2701

Para Espanol llame a Dora 303-742-0823 x2072

Kinship Care

Counties Served: Adams, Arapahoe, Denver, Douglas and Jefferson

The Kinship Program supports families that are raising relatives' children due to parents' death, drug addiction, incarceration, illness or other circumstances. Services include, but are not limited to the following: support and educational groups/trainings with children/youth activities in conjunction, case management, outreach, resource and referral services for caregivers, and special events for caregivers and kinship families.

City & County of Broomfield

Senior Services
280 Lamar Street
Broomfield, CO 80020
Pat Chatterton, Program Coordinator
pchatterton@broomfield.org
www.broomfield.org/senior/
303-464-5529

Respite Care

Counties Served: Broomfield

Broomfield Senior Services provides in-home respite for caregivers of Broomfield county residents, 60 years of age and older. Please call for additional information.

Lutheran Family Services Rocky Mountains

363 South Harlan Street, Suite 200
Denver, CO 80226
Nichelle Stiggers, Program Coordinator
www.lfsc.org
Nichelle.Stiggers@lfsc.org
303-217-5856

African American Caregiver Support Program

Counties Served: Arapahoe and Denver

The African American Caregiver Support Program provides assistance, support groups, counseling, and training to the African American caregiver community. Services are designed for caregivers of frail, older adults, and take into consideration the cultural mores, social norms, family structure and traditional values of the African American community. A respite stipend is also available for program participants, and is paid to a respite provider of their choice.

The Senior Hub

2360 West 90th Avenue
Federal Heights, CO 80260-6700
Mary Thatcher, Program Director
mthatcher@seniorhub.org
www.seniorhub.org
303-426-4408

Respite Services

Counties Served: Adams, Arapahoe, Denver, and Northeast Jefferson

The Senior Hub provides respite care to caregivers of adults over 60 years of age or older. Care providers are screened and trained to provide caregivers a much needed break. Care providers can give respite for two to six hours – two to three times a week. Services may be subsidized for family caregivers and seniors that qualify.

SCREENING/EVALUATION SERVICES

Senior Support Services

846 East 18th Avenue
Denver, CO 80218
Ted Pascoe, Executive Director
www.seniorsupportservices.org
303-832-1622

Care Management Services

Counties Served: Denver

Senior Support Services (SSS) is a day shelter for hungry and homeless seniors. SSS provides individualized and comprehensive screening and evaluation services to meet the special needs of these destitute seniors. This may include assistance obtaining health insurance, government benefits and affordable housing.

TRANSPORTATION SERVICES

Adams County Community Development

4430 South Adams County Parkway

Brighton, CO 80601

Liz Espinoza, Grants Coordinator

lespinoza@adcogov.org

www.co.adams.co.us

720-523-6210

Adams County A-Lift Community Transit Program

Counties Served: Adams

Medical/dental, dining center, grocery shopping, adult day and respite services, and local priority transportation is provided, including congregate meal sites or personal trips within five miles of residence. Transportation will be provided weekdays by Seniors' Resource Center. For more information or to schedule a ride, please call 303-235-6972 or visit <http://www.a-lift.org/>.

Medical and dining center transportation services are also provided in *rural* Adams County (*Brighton, Bennett, Strasburg and Watkins*). Transportation will be provided by Via on weekdays on a prescheduled basis by means of a brokered system. For more information or to schedule a ride, please call 303-447-2848.

Arapahoe County Community Resources

1690 West Littleton Boulevard

Littleton, CO 80120

Linda Haley, Senior Resources Manager

303-738-8089

First Ride Transportation for Seniors

720-540-5566

Arapahoe County Senior Transportation

Counties Served: Arapahoe and Jefferson

Transportation services are available for seniors age 60 and over who live in Sheridan, Englewood, Littleton, Centennial and Aurora. Transportation is provided through First Ride Transportation for Seniors and destinations include medical appointments, senior dining centers, grocery stores, food banks, and other local priority needs if space/funding is available.

City and County of Broomfield

280 Lamar Street
Broomfield, CO 80020
Erica Hamilton, Senior Services Supervisor
ehamilton@broomfield.org
www.broomfield seniors.com
303-464-5531

Senior / Disabled Transportation Services

Counties Served: Broomfield

Easy Ride provides transportation services Monday - Friday 8:30 a.m. to 1:30 p.m. for Broomfield seniors for local grocery shopping, medical appointments in and out of Broomfield County and to congregate meals at the Senior Center. Transportation to personal appointments and special events is provided as time and space permit.

Douglas County Department of Human Services

100 Third Street
Castle Rock, CO 80104
Valerie Robson, Adult Services Program Manager
www.Douglas.co.us/humanservices/index.htm
303-814-4374
First Call Transportation Center: 303-660-7519

Douglas County Senior Transportation

Counties Served: Douglas

New transportation clients are encouraged to contact the First Call Center at 303-660-7519 for assistance in accessing the most appropriate provider. Providers include the Castle Rock Senior Center, the Parker Senior Center, To The Rescue, Seniors' Resource Center and Neighbor Network.

Transportation options include trips for any of the following purposes:

- Medical and dental
- Dining center
- Adult day care
- Personal trips

Transportation is provided on a pre-scheduled basis by a broker system.

First Ride Transportation for Seniors

6385 North Broadway
Denver, CO 80216
Margaret Rendon, General Manager
Margaret.Rendon@firstgroup.com
720-540-5566

City & County of Denver Senior Transportation (FIRST RIDE)

Counties Served: Arapahoe and Denver

Transportation is provided through First Ride Transportation for Seniors 60 years and older to destinations that include medical appointments, senior dining centers, grocery stores, food banks, and other local priority needs if space/funding is available.

Seniors' Resource Center

3227 Chase Street
Denver, CO 80212
Hank Braaksma, Director of Transportation Services
hbraaksma@srcaging.org
303-235-6972

Jefferson County Senior Transportation

Counties Served: Arapahoe, Broomfield, Jefferson and Denver

Medical/dental, dining center, grocery shopping, adult day services and local priority transportation is provided including limited personal trips. Transportation will be provided weekdays by Seniors' Resource Center. For more information or to schedule a ride, please call 303-235-6972 or visit www.srcaging.org

Volunteers of America

2660 Larimer Street
Denver, CO 80205
Virdell Miller, Associate Director
www.voacolorado.org
303-297-0408

Gilpin and Clear Creek County Senior Transportation Program

Counties Served: Gilpin and Clear Creek

Medical/dental, grocery shopping, dining center, and local priority trips (such as trips to a nursing home, laundromat, cemetery, polling place, etc.). Transportation services will be provided weekdays by Volunteers of America on a prescheduled basis.

