

Behavioral Therapy Services Training



COLORADO

Department of Health Care
Policy & Financing

February 2017

Our Mission

Improving health care access and outcomes for the **people** we serve while demonstrating sound stewardship of financial **resources**



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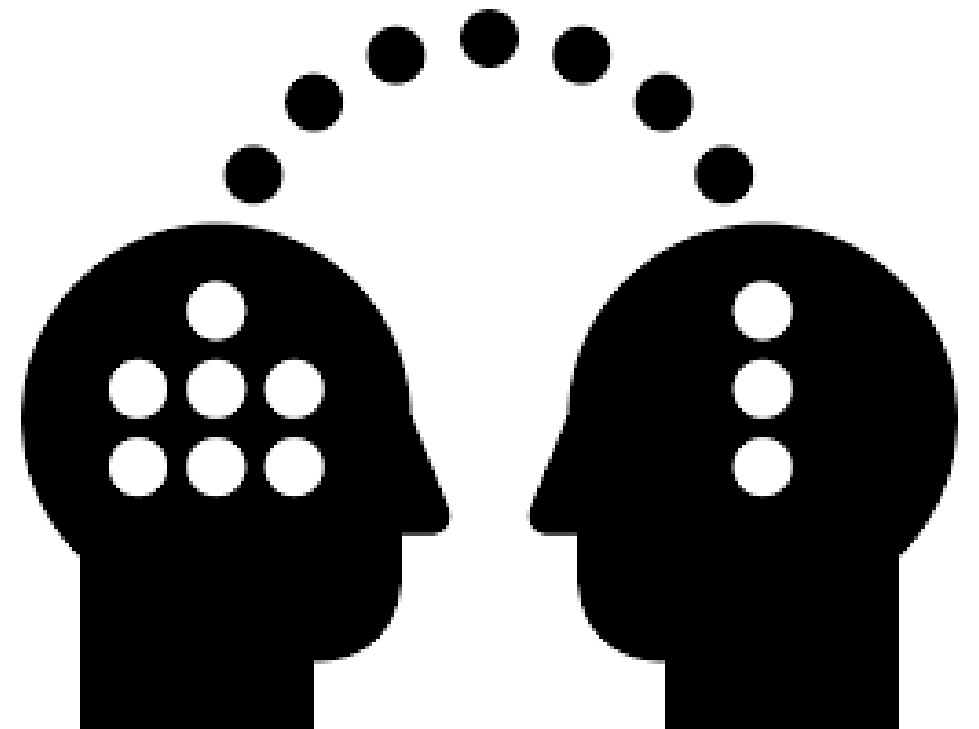
Housekeeping

- We are recording this session
 - Will be available on our website in the coming days
 - www.colorado.gov/hcpf/pediatric-behavioral-therapies
- Please use chat panel to enter your questions
- Files Panel
 - Click to download this presentation and handouts



What we want you to walk away knowing today...

- Accessing Behavioral Therapy Services
 - State Plan vs. Waiver Benefits
- Enrollment/Referral Process
- Billing codes and rates for each program
- PAR process and Roles
- Billing Scenarios
- Resources



State Plan vs. Waiver Benefits



Colorado Medicaid Rebranding



HCBS Waivers
(With Behavioral Therapy Services)

CWA
CES
CHRP
DD
SLS

State Plan
(Regular Medicaid)

Early and Periodic
Screening Diagnostic
and Treatment (EPSDT)

HealthFirstColorado.com



State Plan Benefits

- Every state has a Medicaid state plan which outlines the details of its Medicaid program
- There are mandatory benefits that the Federal government requires every Medicaid program provide, and there are optional benefits that each state can choose to provide
- Cannot be limited to a certain diagnosis or group of eligible members
- Also referred to as 'Regular Medicaid'



Early and Periodic Screening, Diagnostic and Treatment (EPSDT)

- Provides comprehensive and preventive health care services for individuals ages 20 and under including adults who are pregnant, who are enrolled in Health First Colorado (Colorado's Medicaid Program)
- Ensures children and youth receive appropriate preventive, dental, mental health, developmental and specialty services
- No benefit or monetary cap
- Services are based on medical necessity



EPSDT Medical Necessity

- All Medicaid coverable, medically necessary, services must be provided even if the service is not available under the State plan to other Medicaid eligible individuals
- Medical necessity is determined on a case by case basis
- No arbitrary limitations on services are allowed, e.g., one pair of eyeglasses or 10 physical therapy visits per year



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EPSDT Medical Necessity

- EPSDT Medical Necessity Does NOT include:
 - Experimental or investigational treatments
 - Services or items not generally accepted as effective; and/or not within the normal course and duration of treatment;
 - Services for caregiver or providers convenience
 - Services that are not considered to be state plan benefits, and for which Colorado has a waiver, cannot be a benefit under EPSDT. Items such as respite, in-home support services, and home modifications are a few examples of waiver services.



Questions



Waivers

- States can request permission to waive parts of the Social Security Act
 - Waive certain income/eligibility criteria
 - Provide specific services to target groups
 - Provide services to specific areas of the state
- All waivers must:
 - Be time limited – generally approved for 3-5 years with the option to renew
 - Be cost effective
 - Not duplicate services that are available under state plan



Home and Community Based Services (HCBS) Waivers

- Provides all Health First Colorado (Colorado's Medicaid Program) State Plan benefits **plus** additional waiver services
- Members receive services in their homes and community
- Allows members and their families to remain integrated in the community and have decision making power over their life and health



Colorado HCBS Waivers

Adult Waivers

- Persons with Brain Injury (BI)
- Community Mental Health Supports (CMHS)
- Persons who are Developmentally Disabled (DD)
- Persons who are Elderly, Blind and Disabled (EBD)
- Persons with Spinal Cord Injury (SCI)
- Supported Living Services (SLS)

Children's Waivers

- Children's Extensive Support (CES)
- Children's Home and Community Based Services (CHCBS)
- Children's Habilitative Residential Program (CHRP)
- Children with Life Limiting Illness (CLLI)
- Children with Autism (CWA)

Children with Autism

- For children with a medical diagnosis of Autism
- Must be ages birth-5 years old and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care
- Contact local Community Centered Board (CCB)

- Behavioral Therapies

www.colorado.gov/hcpf/children-autism-waiver-cwa



Children's Extensive Support

- For children with a developmental disability and intensive behavioral or medical needs
- Must be ages birth-17 years old and meet Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID) level of care
- Contact local Community Centered Board (CCB)

www.colorado.gov/hcpf/childrens-extensive-support-waiver-ces

- Adaptive Therapeutic Recreational Equipment and Fees
- Assistive Technology
- Behavioral Services
- Community Connector
- Home Accessibility Adaptations
- Homemaker Services
- Parent Education
- Personal Care Services
- Professional Services (Hippotherapy, Massage and Movement Therapy)
- Respite Services
- Specialized Medical Equipment & Supplies
- Vehicle Adaptations
- Vision Therapy



Children's Habilitative Residential Program

- For children and youth in foster care who have a developmental disability and very high needs
 - Must be ages birth-20 years old and meet ICF-IID level of care
 - Contact local County Department of Social/Human Services
- Behavioral Services
 - Community Connection Services
 - Habilitation Services
 - Cognitive Services*
 - Communication Services*
 - Emergency Assistance Training*
 - Independent Living Training*
 - Personal Care Services*
 - Self-Advocacy Training*
 - Supervision Services*
 - Travel Services*
 - Respite Services
 - Professional Services (Hippotherapy, Massage and Movement Therapy)

<https://sites.google.com/a/state.co.us/humanservices/home/services-by-county>

* - Services marked by an asterisk are not billed separately but under the habilitation services and are part of residential services



Other Waivers with Behavioral Therapies

- Developmental Disabilities (DD)
 - www.colorado.gov/hcpf/developmental-disabilities-waiver-dd
- Supported Living Services (SLS)
 - www.colorado.gov/hcpf/supported-living-services-waiver-sls



Eligibility



Financial

- County Human/Social Services Office
 - Income and Resources

Level of Care

- Case Management Agency
 - Level of Care Assessment

Targeting Criteria

- Case Management Agency
 - Waiver Criteria

Financial Eligibility

- The applicant's or child's income must be less than 300% of the Supplemental Security Income (SSI) limit
 - SSI 300% limit for 2016 is \$2,199 per month
 - May be a combination of different types of income such as SSI, SSDI, Social Security Survival benefits, child support, or income from a trust
- Individual resource limit is \$2,000
- Couple resource limit is \$3,000



Case Management Agencies

- 24 Single Entry Point Agencies (SEPs)
- 20 Community Centered Boards (CCBs)
- 3 Private Case Management Agencies

CHRP Only - Local County Department of Social/Human Services provides case management

Applicants must work with their local county department of human/social services to determine financial eligibility



Case Management Agency Responsibility

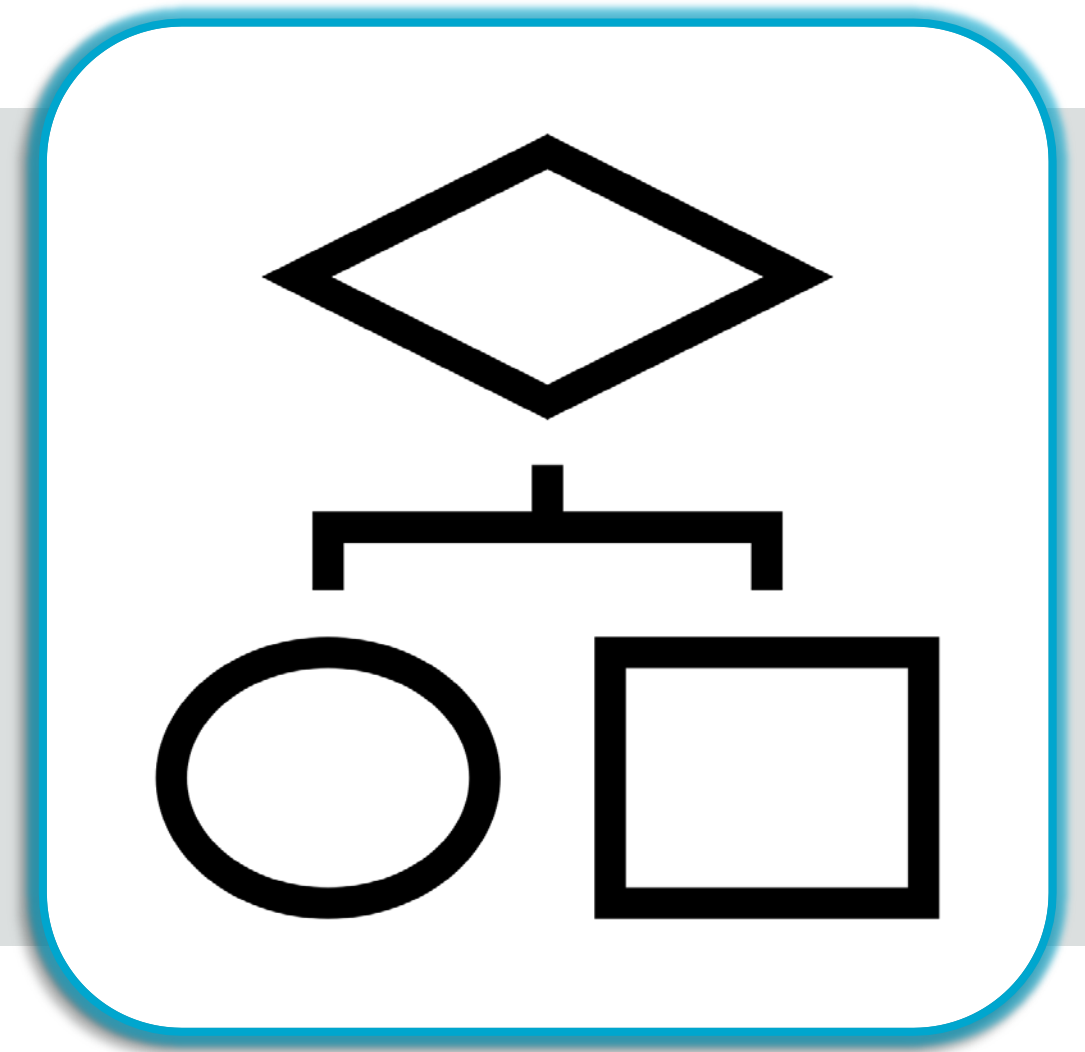
- Long Term Care Certification
 - Level of Care
 - ULTC 100.2 Assessment
 - Activities of Daily Living (ADL's)
 - Collateral Information
 - Professional Medical Information Page (PMIP)
 - Individualized Service Plan
- Works with county human/social services to determine financial eligibility



Questions



Process



How Individuals Enroll in an HCBS Waiver

1. Contact the local Case Management Agency
 - www.colorado.gov/hcpf/single-entry-point-agencies
 - www.colorado.gov/hcpf/community-centered-boards
 - <https://sites.google.com/a/state.co.us/humanservices/home/services-by-county>
2. Anyone can refer an individual for waiver
3. Case manager will complete referral, obtain appropriate paperwork, and set up home visit to complete the ULTC-100.2 Assessment if appropriate





Case
Manager

- Individual is referred to Case Manager
- Case Manager completes assessment(s)
- Case Manager obtains PMIP from Physician
- Case Manager assists client with Medicaid Application



Department/
Fiscal Agent

- Case Manager sends all completed paperwork to Department or Fiscal Agent (EQHealth)
- Department/Fiscal Agent reviews paperwork and enrolls individual
- Department/Fiscal Agent notifies case manager that individual is approved



Case
Manager

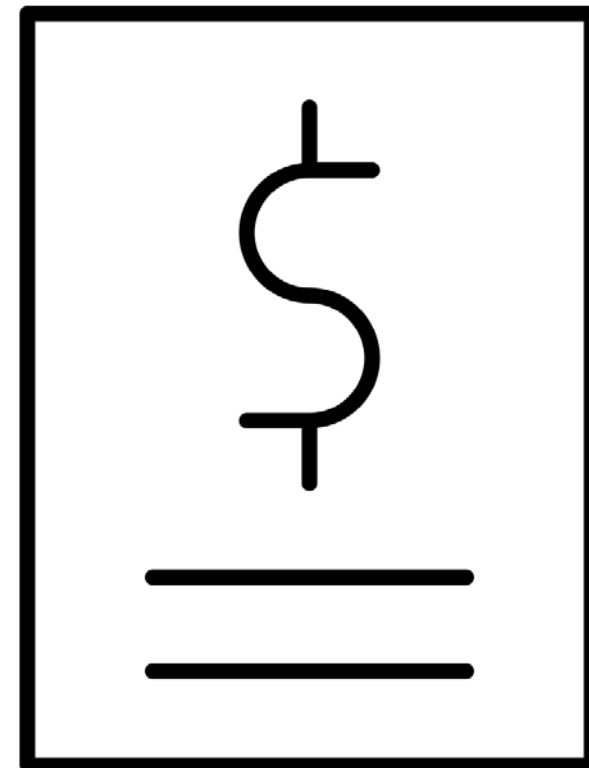
- Case Manager notifies family and provides them with a list of providers in their region
- Case Manager connects family with their choice of provider
- Case Manager submits a PAR for specific amount of behavioral therapies services they authorize based on assessed need and service plan



Provider

- Provider connects with individual/family and must perform their own assessment
- Provider may have own internal process for initial meeting and assessment

Billing Codes & Rates



EPSDT Billing Codes and Rates

February 2017

- Procedure Code: H2015
HCPCS Procedure Code Description: Comprehensive Community Support Services
Department Description: Adaptive behavior treatment, administered by technician
Rate: \$13.06
Unit: 15 minutes
- Procedure Code: H0036
HCPCS Procedure Code Description: Community Psychiatric Supportive Treatment, face to face
Department Description: Adaptive behavior treatment, administered by BCBA
Rate: \$20.35
Unit: 15 minutes

Continued...



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EPSDT Billing Codes and Rates

February 2017

- Procedure Code: H0031

HCPFS Procedure Code Description: Mental Health Assessment by non MD

Department Description: Behavior identification assessment, face-to-face with patient and caregiver(s), includes administration of standardized and non-standardized tests, detailed behavioral history, patient observation and caregiver interview, interpretation of test results, discussion of findings and recommendations with the primary guardian(s)/caregiver(s), and preparation of report

Rate: \$300.10

Unit: Per Assessment

- Procedure Code/Modifier: H0031/TS

HCPFS Procedure Code Description: Mental Health Assessment by non MD

Department Description: Behavior identification re-assessment, limited to 2 units per six months

Rate: \$35.21

Unit: 30 minutes

Find updated codes and rates here:

www.colorado.gov/hcpf/pediatric-behavioral-therapies



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Private Primary Insurance

- Before Behavioral Therapies was a benefit within Health First Colorado (Colorado's Medicaid Program) – providers were able to collect co-pays and deductibles for those patients who were under private insurance plans and Medicaid eligible
- Health First Colorado does not pay deductibles or co-pays
- Providers cannot collect those co-pays or deductibles any longer



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CWA Waiver Billing Codes and Rates

March 2017

- Procedure Code: H0004 U2
Behavior Therapies - Lead Therapist
Rate: \$21.64
Unit: 15 minutes
 - Procedure Code: H0004 U2 HN
Behavior Therapies - Senior Therapist
Rate: \$11.21
Unit: 15 minutes
 - Procedure Code: H2019 U2
Behavior Therapies - Line Staff
Rate: \$3.53
Unit: 15 minutes
 - Procedure Code: H2000 U2
Initial/Ongoing Treatment Evaluation
Rate: \$120.48
Unit: 1 Evaluation
 - Procedure Code: H2000 U2 TS
Post Service Evaluation
Rate: \$20.08
Unit: 15 minutes
- Find updated codes and rates here:
www.colorado.gov/hcpf/provider-rates-fee-schedule



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CES Waiver Billing Codes and Rates

February 2017

- Procedure Code: H2019 U7
Behavioral Line Staff
Rate: \$6.63
Unit: 15 minutes
 - Procedure Code: H2019 U7 22 TG
Behavioral Consultation
Rate: \$24.94
Unit: 15 minutes
 - Procedure Code: H2019 U7 TF TG
Behavioral Counseling
Rate: \$24.94
Unit: 15 minutes
 - Procedure Code: H2019 U7 TF HQ
Behavioral Counseling, Group
Rate: \$8.40
Unit: 15 minutes
 - Procedure Code: T2024 U7 22
Behavioral Plan Assessment
Rate: \$24.94
Unit: 15 minutes
- Find updated codes and rates here:
www.colorado.gov/hcpf/provider-rates-fee-schedule



CHRP Waiver Billing Codes and Rates February 2017

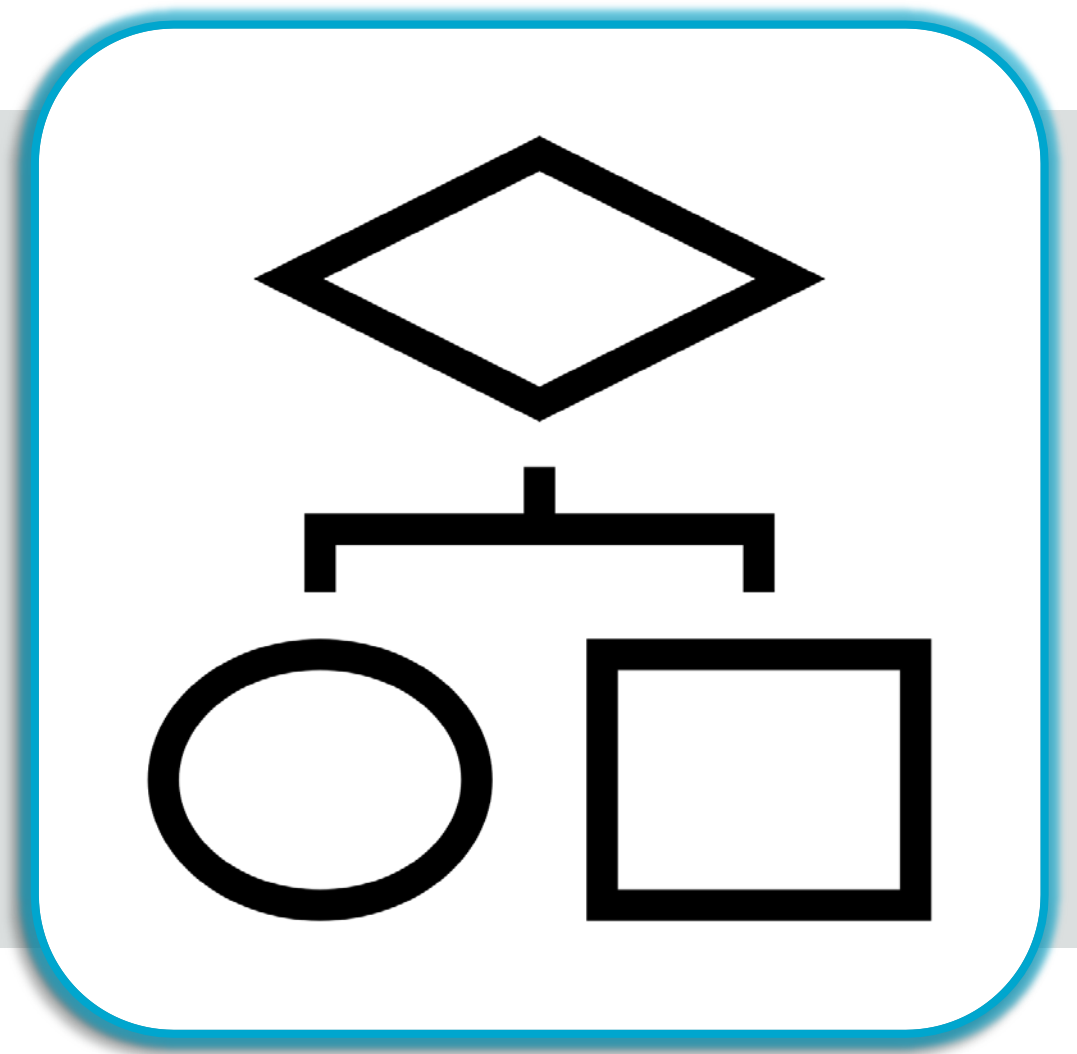
- Procedure Code: H2019 U9
Behavioral Line Staff
Rate: \$8.30
Unit: 15 minutes
 - Procedure Code: H2019 U9 TF
Senior Therapist
Rate: \$25.39
Unit: 15 minutes
 - Procedure Code: H2019 U9 TF 22
Lead Therapist
Rate: \$32.18
Unit: 15 minutes
 - Procedure Code: H0002 U9
Behavioral Assessment
Rate: \$1.00
Unit: 1 - Maximum limit of 700 units per year
- Find updated codes and rates here:
www.colorado.gov/hcpf/provider-rates-fee-schedule



Questions



PAR Process



EPSDT PAR Process

- All Behavioral Therapy services require prior approval before they can be reimbursed
- Provider submits prior authorization request (PAR) to Department's third party vendor - EQHealth
- EQHealth reviews PAR
- EQHealth determines medical necessity based on what provider submits

[ColoradoPAR.com](https://coloradopar.com) for training videos and instructions
for Providers



Waiver PAR Process

- All HCBS Waiver services require prior approval before they can be reimbursed
- Case Management Agencies (CMA) complete the prior authorization request (PAR) for the waiver per HCPF regulations
- CMAs submit the PAR to Department Fiscal Agent for review and approval



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Case Manager Role

- For EPSDT ONLY Clients:
 - No case management agency is involved
- For Clients receiving non-duplicative EPSDT and Waiver services:
 - Case manager will assist with coordination but is not responsible for setting up Behavioral Therapy services or submitting related PARs
- For Waiver ONLY Clients:
 - Case Manager develops and submits the PAR based on the member's needs
 - Monitors and evaluates services (reassessing needs as necessary)



Provider Role

- Submits PAR for EPSDT services only
- Provides services
- Bills for services
- Coordinates with case manager and other service providers as necessary about treatment



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Questions



Scenarios



Billing Scenario 1

- An EPSDT client has private insurance that covers some behavioral therapy, but has Health First Colorado (Colorado's Medicaid Program) as secondary insurance. How do I bill for a behavioral therapy visit?

Type answer in chat box



Scenario 1 Follow Up

- What would it look like for a CES client?
- What would it look like for a CWA client?
- What would it look like for a CHRP client?

Conversation in chat box



Billing Scenario 2

- Does Health First Colorado pay for co-pays?

Type answer in chat box



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Scenario 2 Follow Up

- What would it look like for a waiver client?

Conversation in chat box



Billing Scenario 3

- Our Board Certified Behavioral Analyst (BCBA) is consulting with our line staff about a CES client. Can I bill for both the line staff code and the consultation code at the same time?

Type answer in chat box



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Scenario 3 Follow Up

- What would it look like for a EPSDT client?
- What would it look like for a CWA client?

Conversation in chat box



Billing Scenario 4

- Can a client access behavioral therapy services via the waiver and EPSDT at the same time?

Type answer in chat box



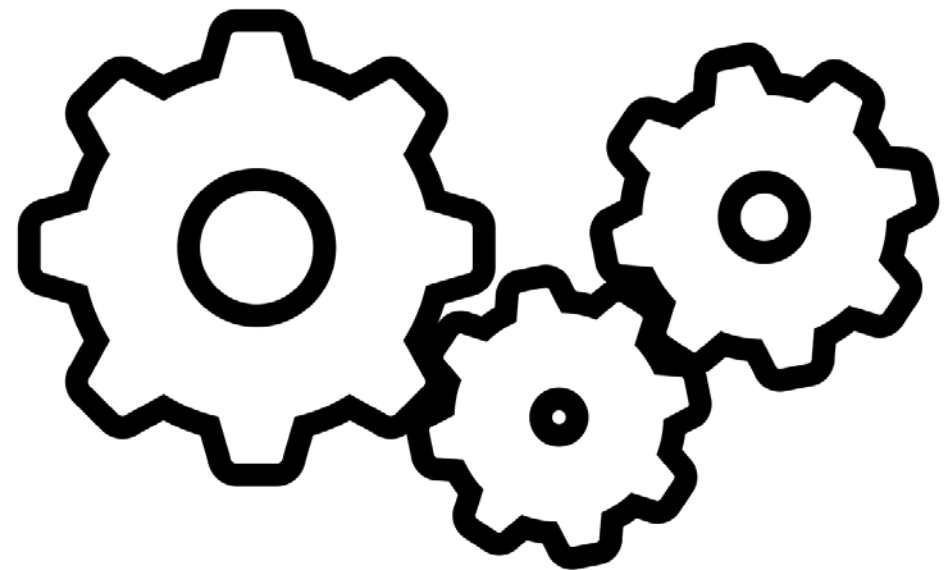
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Questions



Resources



Web Resources

- EPSDT

- www.colorado.gov/hcpf/early-and-periodic-screening-diagnostic-and-treatment-epsdt
- Pediatric Behavioral Therapies = www.colorado.gov/hcpf/pediatric-behavioral-therapies

- Waivers

- CWA - www.colorado.gov/hcpf/children-autism-waiver-cwa
- CES - www.colorado.gov/hcpf/childrens-extensive-support-waiver-ces
- CHRP - www.colorado.gov/hcpf/childrens-habilitation-residential-program-waiver-chrp

- Provider bulletin

- www.colorado.gov/hcpf/bulletins



Billing Codes and Rates

- HCBS Waiver Billing Codes and Rates
 - www.colorado.gov/hcpf/provider-rates-fee-schedule
 - Look under HCBS Rate Schedule Heading
 - Click CWA in current fiscal year
 - Click CES in current fiscal year
 - Click CHRP in current fiscal year
- Behavioral Therapies Billing Codes and Rates
 - www.colorado.gov/hcpf/pediatric-behavioral-therapies



Training and Troubleshooting

- Behavioral Therapy Services training materials
 - www.colorado.gov/hcpf/pediatric-behavioral-therapies
- LTSS Training
 - www.colorado.gov/hcpf/long-term-services-and-supports-training
- Provider Help
 - www.colorado.gov/hcpf/provider-help
- Troubleshooting - who to contact
 - CWA: Laura.Russell@state.co.us
 - CES: Sheila.Peil@state.co.us
 - CHRP: Nancy.Harris1@state.co.us
 - EPSDT: EPSDT@state.co.us



Program Rules

- Waiver regulations:

www.colorado.gov/hcpf/department-program-rules-and-regulations

- Department Program Rules, Colorado Code of Regulations:

CWA [10 CCR 2505-10, Section 8.519](#)

CES [10 CCR 2505-10, Section 8.503](#)

CHRP [10 CCR 2505-10, Section 8.508](#)



Contact Information

EPSDT	CWA	CES	CHRP
<p>Gina Robinson Program Administrator EPSDT@state.co.us</p>	<p>Laura Russell Children's Waiver Specialist Laura.Russell@state.co.us</p>	<p>Sheila Peil CES Waiver Specialist Sheila.Peil@state.co.us</p>	<p>Nancy Harris CHRP Waiver Specialist Nancy.Harris1@state.co.us</p>



*Thank you
for attending!*



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