

State Office of Risk Management Training Seminars

Defensive Driver Training

Formal defensive driver training – 4 hrs (includes certificate of completion)

Informal defensive driver training – 2 hrs (no certificate)

15-Passenger Van training – 4 or 2 hr course

Workers Compensation 101

Information on the state's workers' compensation program including benefits, penalties, filing, and claim management

Repetitive Motion Injury Prevention

Information on cumulative trauma disorder prevention

Back Injury Prevention

What causes back and neck injuries and how to prevent them. Includes proper lifting techniques and other helpful hints.

Slips, Trips, and Falls

How to avoid slips, trips, and falls and prevent the injuries they cause.

Return to Work

Definitions and concepts of Return to Work, why it can help you agency, and how to implement a Return to Work program.

Indoor Air Quality

Definitions and terminology of Indoor Air Quality, identifying IAQ problems and ways to reduce exposures.

Bloodborne Pathogens

Needle sticks and other bloodborne exposure claims; workers' compensation procedures and OSHA regulations are discussed.

Accident Investigation

Why agencies should investigate accidents, how it is done and what to do with the results.

Personal Protective Equipment

Information on hard hats, gloves, goggles, glasses, and other types of personal protective equipment which OSHA requires.

Hand Tool Safety

How to prevent employee injuries caused by hand tools. Includes powered and non-powered tools, protective equipment, and proper use.

Hazardous Materials/Communications

Overview of OSHA Hazardous Materials "Employee Right to Know" requirements. Includes information on MSDS and NFPA labeling system.

Confined Space Programs

Overview of the OSHA Confined Space Standard, its requirements and how to develop a program.