To: Long Term Facilities

From: Phyllis Brighton, Colorado MDS 3.0 Help Desk

Date: 5 June 2012

Re: MDS 3.0 Newsletter

♣ MDS 3.0 TRAINING *FREE*

- Denver Training will be this July 17th and 18th at the Plymouth Church on Hamden and Colorado Boulevard.
- Watch the Long Term Care Portal for further information as it becomes available.
- Also, email or call Phyllis Brighton with any areas of the MDS you would like to discuss in-depth.

AREAS FOR FURTHER THOUGHT

♣ MDS 3.0 QUALITY MEASURES (QMs)

- The MDS 3.0 QMs are entirely based on MDS 3.0 data; no MDS 2.0 data will be used for these measures.
- Consist of information derived from MDS data and provides a numeric value to quality indicators.
- QMs are available to the public as part of the Nursing Home Quality Initiative (NHQI) and are intended as objective measures regarding the quality of care in nursing facilities.
- QMs are also intended to assist facilities with their quality improvement efforts.
- Definitions
 - <u>Target period</u> the span of time that defines the QM reporting period (i.e. a calendar quarter)
 - <u>Stay</u> the period of time between entry and either a discharge or the end of the target period, whichever comes first.
 - Episode A period of time spanning one or more stays.
 - <u>Cumulative days in facility (CDIF)</u> The sum of the number of days within each stay included in an episode.
 - Short stay An episode with CDIF less than or equal to 100 days as of the end of the target period.
 - Long stay An episode with CDIF greater than or equal to 101 days as of the end of the target period.
 - Target date The event date for an MDS
 - o Entry record = entry date
 - o Discharge record = discharge date
 - o All other records = Assessment Reference Date (ARD)

- Short Stay Quality Measures
 - The Percentage (%) of Residents (Res) on a Scheduled pain Medication Regimen on Admission who Report a Decrease in Pain Intensity or Frequency.
 - % of Res who Self-Report Moderate to Severe Pain
 - % of Res with Pressure Ulcers that are New or Worsened
 - % of Res Assessed and Given, Appropriately, the Seasonal Influenza Vaccine
 - % of Res Assessed and Given, Appropriately, the Pneumococcal Vaccine
- Long Stay Quality Measures
 - % of Res Experiencing One or More Falls with Major Injury
 - % of Residents who Self-Report Moderate to Severe Pain
 - % of High-Risk Res with Pressure Ulcers
 - % of Res Assessed and Given, Appropriately, the Seasonal Influenza Vaccine
 - % of Res Assessed and Given, Appropriately, the Pneumococcal Vaccine
 - % of Res with a Urinary Tract Infection
 - % of Low-Risk Res Who Lose Control of their Boawls or Bladder
 - Res Who Have/Had a Catheter Inserted and Left in Their Bladder
 - % of Res Who Were Physically Restrained
 - % of Res Whose Need for Help with Daily Activities has Increased
 - % of Res Who Lose Too Much Weight
 - % of Res Who have Depressive Symptoms
- Remember, submit <u>all MDSs</u> in their Chronological Order. This will help to insure the data is accurate
- Also, remember, these reports are not the same as the Five Star Facility Preview Reports

♣ Food for Thought

- In MDS Section G items marked as "Extensive Assist" must have occurred that **way** 100% of the time.
- ♣ I look forward to seeing you all in July on the 17th and 18th and the CNAs the afternoon of the 18th!

Contact Phyllis Brighton with your questions and findings: Phyllis.Brighton@state.co.us