

Colorado "Safe Places" Rural Collaborative



Volume 2, Issue 10

October 2010

Improving Youth and Family Safety, Permanency, and Wellbeing Outcomes...Across Colorado

Update: Colorado Safe Places

- Colorado's six Rural Collaborative sites are gearing up for next month's: Colorado Homeless & Runaway Youth Awareness Month. Each site and their Youth Leadership Team have their own creative way to help raise awareness in their communities regarding runaway and homeless youth. Be sure to check out December's Issue to see what the outcome of each sites effort for this national event.
- Rural youth are invited to participate in the Colorado Homeless & Runaway Youth Awareness Months creative photo project! Youth who participate will contribute by submitting a photograph that depicts the youth's view of YOUTH HOMELESSNESS and the theme "Running in the Shadows"
- Thank you and farewell to Holly Tallant of CSI! Holly, who processes Colorado's Rural Collaborative grant invoices and answers the sites TA questions, has accepted a new position with a former employer. She has been invaluable in helping design and implements the grant/budget reporting system. We are sad to see her go, but wish her the best in her future endeavors!

CALENDAR OF EVENTS

OCTOBER 2010

October 12, 2010: Rural Collaborative for Homeless Youth Teleconference, 3-4pm, dial 1-877-732-0228, then *1973145*

October 18, 2010: State Rural Youth Leadership Team Meeting, 4:30-5:30pm, dial 1-877-732-0228, then *1973145*



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SAVE THE DATES

November 3rd - 5th 2010: Colorado's Homeless & Runaway Youth Awareness Month Kick-off event and Summit

November 9, 2010: Rural Collaborative for Homeless Youth Teleconference, 3-4pm, dial 1-877-732-0228, then *1973145*

November 15, 2010: Rural Youth Leadership Team Meeting, 4:30-5:30pm, dial 1-877-732-0228, then *1973145*

Survival Support Services

Colorado PEAK

PEAK is a web-based tool for people in Colorado to determine if they may be eligible for food, medical, or cash assistance, and to check on the status of their benefits. The web page can be used in English or Spanish. Once you have used the screening tool, you will be able to access applications for assistance if you qualify and even get a list of the items you will need to bring with you when you submit your application. To use Colorado PEAK, go to:

<https://peak.state.co.us/selfservice/>

Low Income Energy Assistance

While we are still enjoying warm Colorado weather, it will not be long before cooler weather will arrive. If you need help paying for your winter heating costs, LEAP may be able to help. LEAP will begin again on November 1, 2010. For more information about LEAP, including a list of local county office locations, go to: <http://www.cdhs.state.co.us/leap/index.htm>

Zero to Three

ZERO TO THREE is a national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers. If you have a client with young children, this website contains information and resources to help nurture a young child's development. Go to: <http://www.zerotothree.org/>

Kids Health

The Kids Health website has information regarding growth, development and health for kids and youth. Find out about food and fitness, drugs and alcohol, diseases and conditions, infections, school and jobs, and staying safe. You can get information about mind and body, as well as download interesting recipes and get expert answers for youth questions. To access this resource, go to: <http://pediatrics.about.com/>

Soup Kitchen Locations

The Colorado Department of Human Services website has information on benefits and services for people who need help. You can find information on soup kitchens at:

<http://www.cdhs.state.co.us/fdp/soupkitchencontactinfo.htm>

and the Temporary Emergency Food Assistance Program, including income guidelines for qualification at:

<http://www.cdhs.state.co.us/fdp/tefapagencycontactinfo.htm>

CommUnity Supports

Citizenship Toolkit

If you work with clients who may need citizenship information, you can find guides and forms at the U.S. Citizenship and immigration services. Resources include a guide on how to apply for citizenship, study materials, and videos on the overview of the naturalization process and the interview and test. To access these resources, go to:

<http://www.uscis.gov/citizenship>

5 Easy Ways to be Involved in National Runaway Prevention Month

1. **Upload a web banner to your website:** download [the NRPM web banner](#) and upload it to your website.
2. **Link to NRS:** Post the [Running in the Shadows](#) or [Green Light Project](#) logo on your website with a link to www.1800RUNAWAY.org.
3. **e-Blast:** send an e-blast to your contact list with 2-3 sentences announcing that the theme for the 9th annual National Runaway Prevention Month campaign is *Running in the Shadows*.
4. **Update your status:** post a status message on Twitter, Facebook, Myspace, or any social media page to tell your friends about NRPM.
5. **Add your signature:** create an e-signature for your e-mails stating November is National Runaway Prevention Month and include a link to www.1800RUNAWAY.org.

National Runaway Switchboard Bulletin Board

The National Runaway Switchboard Bulletin Board is a place where youth and parents post questions, thoughts, and concerns about what it feels like to be a teenager or a parent. In return, an NRS trained intervention specialist can help come up with options in dealing with these issues. Responses posted by others who may have gone through some of the same issues, can also be of help.

The Bulletin Board is completely anonymous and confidential. Individuals ask NRS about family issues, legal questions, peer pressure, relationships, or other problems. Visit www.1800RUNAWAY.org for information on NRS' Bulletin Board.



Education and Employment

Colorado State University is Tuition Free for Qualified Students

Beginning Fall 2011, undergraduate students whose families earn less than \$57,000.00 per year will pay half-price tuition at CSU! Pell Grant-eligible students will not be required to pay any tuition or fees! For more information about this exciting new opportunity for higher education, go to: <http://www.colostate.edu/commitment/>

FosterClub Transition Toolkit

FosterClub has developed a toolkit to help youth develop a plan to transition into adulthood. The plan, which is prepared with the support of an involved adult, helps youth assess their assets, identify resources, and create a plan for transition. Youth can track their progress in ten different areas. You can access this toolkit at www.fosterclub.com/files/transition_toolkit.pdf

Special Education Law

Are you looking for a resource to help you understand special education law? Wrightslaw has lots of resources regarding special education, IDEA 2004, No Child Left Behind, and resources for college students with disabilities. Parents, teachers, and youth advocates will find the information informative and easy to understand. To access this resource, go to: <http://www.wrightslaw.com/>

ED.gov

Need information on education, whether it is for high school or college? Want to learn more about student loans and grants? Would you like to know if you can get some of your student loan debt forgiven? You can find all of this information at ED.gov. Go to: www.ed.gov

StreetConnect

StreetConnect was developed as a multi-purpose resource site focusing on homeless and street-involved youths that was developed through a partnership between youth service providers, youths, and researchers. Here's what you can find at StreetConnect:

- Youths can find a huge range of resources and answers to common questions on every topic from getting I.D. to finding out where you can show your art. [Check it out!](#)
- Youth service providers can find summaries of the latest research on intervention, learn about key researchers in the area, and learn about resources to pass on to their clients by looking through the youth section.
- Other groups, including healthcare providers, the general public, and policy makers can get answers to common questions from youths themselves.
- Information for parents and guardians of missing youths

Find out more at www.streetconnect.org

Word Search

Can you find the following words in the puzzle below?

Topic: October

D W I I O S I X R H U U S T Z
L M O U B N P P E Q K E S C T
O K Q R R A R O B N B E P B S
C F T B C G P N O K R B P S R
O O R V P E I G T K H O M I H
P J I N I K R Z C Z Y P C O D
I J C F P O B A O Q K I T U H
X M K M S R L D C K Y R B I V
W Z U V U W L G L S E J W N D
C P H A R V E S T A Y D N A C
M L L D U R P P T T S Y H U N
W V L X V S X R Q E Y N F L K
O E K G A B F O Z R K L O O A
B L X I I I P L K X P L U A L
L N E E W O L L A H N B C I L

CANDY
COLD
CORN
HALLOWEEN
HARVEST
OCTOBER
PUMPKIN
SCARECROW
SPOOKY
TREAT
TRICK

Chicken Fried Steak

Ingredients

- 4 pieces of beef round steak, cut 1/2" thin and pounded to 1/4", about a pound total
- 1 cup flour
- 1 tsp thyme
- 1 tsp salt
- 1 tsp pepper
- 1/2 tsp cayenne pepper
- 2 eggs
- 3 Tbs lard or other fat

Directions

Pound the meat and set aside. Heat the fat in a frying pan large enough to hold 1 or 2 steaks.

Put the egg in a pie pan and mix it up. If you like, you can add a bit of milk or half and half or water. Put the flour and seasonings in another pie pan and stir together.

When the fat is hot, use two forks to lift a pounded steak into the flour, then into the egg and coat it, then over to the flour again, pressing down slightly to make it stick. Put the steak into the fat and cook for about 2 minutes on each side. Remove to a plate and keep warm until all are done.



From: www.cheapcooking.com

Photo: www.mightysweet.com

If you have articles, resources, poems, recipes, cartoons, or other items of relevant interest that you would like to share with our networking collaborative, please submit to:

Amanda Cleveland at amandaurbanpeak@csi-policy.org

Thank You!

NOTICE: CDHS/DCW reserves the right to publish or not publish any item submitted.

Alamosa County Youth Voice

On August 23-24, 2010, youth from Alamosa County attended the Pathways Conference in Chicago, Illinois. Youth were active and equal participants in the Grantees Meeting with the Family and Youth Services Bureau and representatives from Iowa, Minnesota, Nebraska, Oklahoma, and Vermont. Alamosa youth led a presentation on activities conducted in Colorado during the Year 2 – Services grant period!



Above, Kiran Obee from Center for Systems Integration (sitting), helps Celina and Stevie present at the Pathways Conference.



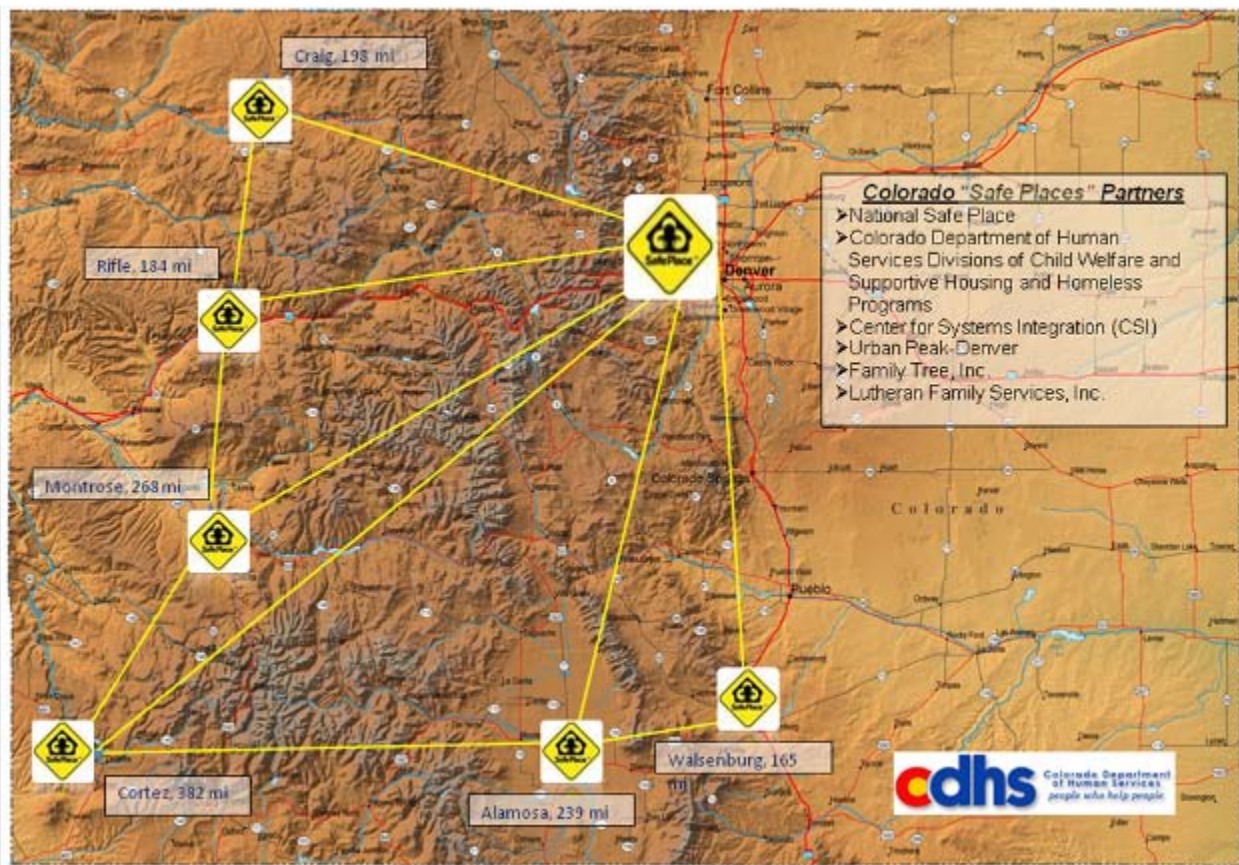
Above, Celina and Stevie enjoy some fresh air during a break in conference proceedings.



Above, Stevie participates in the Pathways Conference with attendees from other states.



Above, Celina sits with youth from other states during the conference proceedings.



Safe Places – Rural Collaborative

Key Contacts

Urban Peak-Denver
Amanda Cleveland
SSRHY Project Specialist
303-455-1740 X 104
amandaurbanpeak@csi-policy.org

Family Tree
Nicole Sherwood
(303) 235-0630
nsherwood@thefamilytree.org

Lutheran Family Services
Heidi Hendricks, Basic Center
Program Coordinator
Lead Agency, Basic Center Grant
(303) 217-5862
Heidi.hendricks@lfsco.org

Alamosa
Naira Bagumyan
(719) 589-3671
Nairab@slvmhc.org

Moffat
Paula Reed
(970) 629-5904
moffatrh@moffatcounty.net

Garfield
Brenda Wagner
(970) 625-5282 x106
bwagner@garfield-county.com

Montezuma
Brian Kelly
(970) 565-4926
brian@scycinc.org

Huerfano
Michelle George
(719) 738-2378
hcteencourt@yahoo.com

Montrose
Katie Donahue
(970) 964-2488
Katied@htop.org



YES! Academy (Safety Net) Contacts

Southwest Family to Family
Soraida Montano
303-934-4110 x. 110 or
smontano.wfn@gmail.com

Urban Peak, Denver
Kathy Morgan
(303) 974-2911
kathy.morgan@urbanpeak.org

SSRHY Grant Administrative Team

Amanda Cleveland (Urban Peak Denver)
SSRHY Project Specialist, SSRHY
(303)455-1740 ext. 104
amandaurbanpeak@csi-policy.org

Denise McHugh, JD (CSI)
Planning Consultant, SSRHY
(303) 455-1740
Denise@csi-policy.org

Kiran Obee, MPA (CSI)
Integration Consultant
(303) 455-1740
Kiran@csi-policy.org

Andrew Johnson, M.S.
Homeless Youth Coordinator
(303) 866-7366
Andrew.Johnson3@state.co.us

Bob Coulson, MPA, MA, MDiv
Adolescent Services Administrator
(303) 866-4706
Bob.Coulson@state.co.us



YLT/Work Order Contacts

Ricardo Matthias
Adolescent Specialist
(303) 866-3151
Ricardo.Matthias@state.co.us

Mitchell M.
Interim Chairperson
mullmitchell@yahoo.com

Lead/Fiscal Agent Contacts

Support Services for Rural Homeless Youth:
Kiran Obee, MPA (CSI)
(303) 455-1740
Kiran@csi-policy.org

Statewide Strategic Use Funds 2:
Chuck Macchietto (Huerfano County)
(719) 738-2810; Charles.Macchietto@state.co.us

Basic Center Program:
Heidi Hendricks (Lutheran Family Services)
(303) 217-5862; Heidi.hendricks@lfsco.org



Bridging the Gap

November 2010 Java & Juice Series

Learn about all the Java and Juices hosted by BTG!

Denver Java and Juice

November 9th: How to get into the Military—Guest Speaker Mark Curan
Date: 2nd Tuesday of each month
Time: 4:00 pm to 6:00 pm
Location: Panera Bread - Capitol Heights 1330 Grant
Bus: 52

Boulder/Longmont Java and Juice

November 10th: How to deal with Change
Date: 2nd Wednesday of each month
Time: 4:00pm to 6:00 pm
Location: Panera Bread—425 Ken Pratt Blvd, Longmont
Bus: L, Boulder Bolt

Arvada Java and Juice

November 11th: Consumer Knowledge
Date: 2nd Thursday of each month
Time: 4:00 pm to 6:00 pm
Location: Starbucks- 9901 W 58th (58th and Kipling)
Bus: 52

Financial Smarts Java and Juice

November 12th: How to save for the holidays!—Guest Speaker—Sonja from YAB
Date: 2nd Friday of each month
Time: 4:00pm to 5:00 pm
Location: Young Americans Bank — 3550 East First Ave
Bus: 3



Grant Thornton:

November 23rd: How to use Thanksgiving leftovers
Date: 4th Tuesday of each month
Time: 4:00-pm to 6:00pm
Location: 707 17th St., Suite 3200, Denver, CO 80202

Life Mapping

Date: November 17th
Time: 3:00-7:00
Location: Mile High United Way—2505 18th St.

Aurora Java and Juice

November 18th: Respondez s'il vous plait—RSVP what does it mean and other general etiquette questions
Date: 3rd Thursday of each month
Time: 4:30 pm to 6:00 pm
Location: Village Inn
9050 East Hampden Avenue (Yosemite and Hampden)
Bus: Lightrail E, F, H to Southmoor then 105

Call Julie to RSVP for any of these events: 303.561.2395

Topic-related giveaway at every event. Incentive may be available for youth attending with an open BTG account.

Call us today to update your information and you can receive a gift card! We need your current address, phone number, and email.
Call Julie at 303.561.2395