



Minutes

Community Living Advisory Group

Monday, November 26, 2012

1 pm - 4 pm

History Colorado Center - 4th Floor
1200 Broadway, Denver, CO 80203

<u>Members</u>	<u>Present</u>	<u>Absent</u>
Senator Betty Boyd	X	
Representative Cheri Gerou		A
Joscelyn Gay	X	
George DelGrosso	X	
Jayla Sanchez Warren	X	
Melody Wright	X	
Don Rosier		A
Sam Murillo	X	
Shelley Hitt		A
Liz Fuselier	X	
Senator Ellen Roberts		A
Representative Claire Levy		A
Patrick Coyle		A
Vivian Stovall	X	
David Ervin	X	
Barry Martin		A
Julie Reiskin	X	
Marijo Rymer	X	
Linda Worrell	X	
Carol Meredith	X	
Senator Irene Aguilar	X	
Suzanne Brennan	X	
Nancy McDonald		A
Guy Dutra-Silveira	X	
Mark Emery	X	
Jack Hilbert		A
Jose Torres	X (rep by Josh Winkler)	
Chris Herron		A
Jean Hammes	X	
Gavin Attwood		A
Grant Jackson		A
Ian Engle	X	
Craig Ammermann		A

I. Welcome & Introductions

Senator Betty Boyd

Members introduced themselves and their organizations. Senator Boyd reviewed the agenda. Comments about October minutes: In the Welcome and Introduction section of the minutes, the "ability of consumers to work and give back" should have been included in the bulleted list.

A question was raised about when we will have a discussion about feedback on the Data Book. The group will re-visit this topic in December. Suzanne Brennan informed the group that feedback from the LTCAC on the Data Book (from June) will be released soon. In the meantime, members of this group should consider what questions they have about the data, and what other data members want to see, and email those questions/comments to John Barry at john.r.barry@state.co.us.

II. Colorado Commission on Aging

Vivian Stovall

Vivian introduced two handouts:

"Description of the Colorado Commission on Aging" Some highlights:

- ▲ 17 members
- ▲ 2 members per congressional district (1 Democrat, 1 Republican): Lucia Guzman (President Pro Tem Elect), Representative Massey (will be leaving)
- ▲ 1 member at large appointed by the Governor's Office
- ▲ 1 member must be from west of the Continental Divide, one member must be a consumer, caretaker of a consumer or advocate.
- ▲ One essential duty of the Commission: advise the Governor and the General Assembly regarding age and the aging community.

"Draft Planning Document" (this is based on the Commission's discussions, and is not a formal planning document. The Commission is working on a final planning document)

- ▲ There are 8 new members on the Commission because of redistricting or term limits.
- ▲ The Commission has been bringing in speakers to educate the members.
- ▲ Area Agency on Aging: The Commission has been meeting with the new leaders of the House and Senate to look at funding sources.
- ▲ Some of the goals that the Commission has identified:
 - develop a closer relationship with aging stakeholders to understand their experiences and barriers
 - become more visible to the public
 - provide recommendations/feedback on 3 bills that are about to be submitted to revise/amend the Older Americans Act
 - be inclusive of LTCAC and Community Living Advisory Group to help with education and visibility

III. Fast-Paced Planning Process

Jeff Pryor

Joscelyn Gay introduced the handout, "50a Report" from year 2000, that says current rates do not meet costs in Long-term Services and Supports, and recommends making efforts to

incrementally increase rates to meet costs. The report also makes recommendations, including providing vouchers to consumers for services, revisiting the Nurse Practice Act, and others. This document is intended to be a reference for this group as it plans. Rates quoted in this document are probably from 1998-99. Percentages are more relevant to the discussion than the actual rates. A request was made to combine information from this report into the Data Book.

Edward DeBono was the creator of the Fast-Paced Planning Process. This is not a strategic planning process, but a way for this group to set priorities in a short time frame. Members formed groups of 4, spent 4 minutes discussing each question, and a recorder in each group reported out after each discussion.

Executive Order: What are our goals after reviewing the Executive Order?

- ⤴ redesign the system, including all service models: be able to provide a little non-medical support to people that need it immediately without an onerous process
- ⤴ appropriate data and a mechanism to capture that information so that we can more purposefully provide services to people
- ⤴ network to communicate data more effectively between service providers, agencies, state departments
- ⤴ provide the right service for the right person at the right time
- ⤴ look at system redesign, to provide the right services at right time, by individual choice
- ⤴ responsive data system, better metrics to measure what is really meaningful to people's lives
- ⤴ help develop comprehensive, common sense decision making processes across all agencies that influence LTSS
- ⤴ redesign LTSS to create efficient and effective person-centered community support options
- ⤴ concrete, actionable, meaningful tasks
- ⤴ infrastructures that are person-centered and efficient
- ⤴ create person-centered community-based care

What is the vision for the Community Living Advisory Group?

- ⤴ This group will recommend changes to redesign the system, and that this redesign will actually be implemented.
- ⤴ The LTSS system will be a true consumer-directed Money Follows the Person system, an actual market-driven type of system, in which each eligible person has access to community living, and they can choose what they want (not determined by units or boundaries). We will create some kind of demand management model, and ultimately, a system in which there is no longer a need advocacy.
- ⤴ We have a simple, sustainable system. This system is as simple as this illustration: if you cannot physically go to the store anymore, you can go online and get the help to get what you need.
- ⤴ All persons who need services receive them in the most appropriate way. Services are simple to obtain and person-centered.

- ⤴ People with disabilities and aging adults should **thrive** in communities of their choosing with the supports they desire. "Thrive" and "standard of life" are individually defined by the person wanting services. Consumers have ease of access. There is a true single entry point approach.

What are our key values?

- ⤴ accessibility, transparency, simplicity, flexibility, achievability, accountability, meaningfully person-centered
- ⤴ respect individuals' rights, personal needs and wants
- ⤴ respect people's need to be social creatures (not creating isolation)
- ⤴ acknowledge that people are innately respectful of public resources, and not assume they will use more resources than they need
- ⤴ respect our time, use the work that has already been done, and start moving forward
- ⤴ respect and dignity
- ⤴ integrate the work of the LTCAC subcommittees into the Community Living Advisory Group
- ⤴ community inclusiveness
- ⤴ celebrate diversity and compassion
- ⤴ recognize that each Person has a skill set
- ⤴ keep from marginalizing people
- ⤴ accessible, affordable, and integrated housing
- ⤴ not fostering dependence or reinforcing dependence
- ⤴ action oriented, embrace change, respect and dignity for people receiving services and for different perspectives
- ⤴ act as stewards of collective resources

What are the driving forces? What is happening that influences LTSS? What are some recommendations for how to stay alert to what is relevant to this group?

- ⤴ understand how to coordinate with other groups and limit what this group is doing to prevent duplication
- ⤴ fragmentation and duplication in the system
- ⤴ need to work with the LTCAC and other groups that are working on these issues, get regular reports from them.
- ⤴ money-limited amount, limited opportunities to get more
- ⤴ legislation
- ⤴ federal policy
- ⤴ time
- ⤴ technology
- ⤴ what customers want, inter-generational differences (keeping up with the times)
- ⤴ be intentional not to be parochial or siloed, as there is currently some intentionality to the fragmentation (parochial interests)
- ⤴ budget (In CO, managed care and federal incentives)
- ⤴ Affordable Care Act
- ⤴ lack of progress to this point
- ⤴ population changes (aging and growing population)

- ⤴ change at the federal level on the discussion of deficit reduction
- ⤴ systemic oppression occurs by dividing us into competing interests

Public Comment:

Gary Montrose: A substantial portion of the State Medicaid budget is driven by doctors, and we are not talking about the Regional Care Collaborative Organizations as much as we should be. The LTCAC Care Coordination subcommittee is discussing these issues, and will report on progress to this group.

IV. BREAK

V. Fast-Paced Planning Process (continued)

Who/what can help to inform us?

- ⤴ Data people at HCPF
- ⤴ Data people at DHS
- ⤴ Department of Regulatory Agencies
- ⤴ Public Safety
- ⤴ National Partners
- ⤴ Centers for Medicare and Medicaid Services
- ⤴ Joint Budget Committee
- ⤴ Higher Ed - Coleman
- ⤴ Colorado Department of Public Health and Environment
- ⤴ Other States
- ⤴ Regional Care Collaborative Organizations
- ⤴ Users of LTSS
- ⤴ Kaiser Family Foundation
- ⤴ What the state Departments currently have in mind
- ⤴ Need to know where CDPHE really fits, and how they are involved with this work
- ⤴ Parents of young people with disabilities
- ⤴ What data exists? What is being measured? Does the data collected matter to consumers?

Discussion regarding presentations to this group:

- ⤴ Presentations should be relevant to the discussion at the moment.
- ⤴ During the Transformational Council, the idea was raised that we should treat all groups as partners. If we have any presentations, housing and transportation should be those topics.
- ⤴ We might think about designing specific questions and solicit information more directly.

What are the priorities for getting the information we want?

- ⤴ Senator Boyd, from the point of view of public policy: If this group has any recommendations for legislation this year, we need to be on top if it immediately. We have deadlines of December and January to make recommendations for this year. We

also have to decide the mechanics of how to do so - through the legislators that are present or through the Governor's Office?

- ⤴ Senator Aguilar suggested that we create a concrete document of objectives, and a "path". Perhaps we should review what groups before us have completed.
- ⤴ strategic plan, leveraging the work that other groups have done before and are doing now
- ⤴ road map
- ⤴ Revisit some of the structural changes between DHS and HCPF: what is the feedback on those changes from this group?
- ⤴ setting priorities
- ⤴ understanding the demand on Colorado right now: understanding how things are working right now in the system
- ⤴ identifying gaps
- ⤴ identifying duplicated areas
- ⤴ A lot of people are being served now in inappropriate places (i.e. incarcerated people who should be served by LTSS) and we need that information
- ⤴ Data: have a conversation with the data people to figure out what information we really want, and then how to get it.
- ⤴ Regarding legislation, we should look at pieces of legislation that have been passed in the past and are not being implemented, and understand why.

December's meeting: What is important to start on?

- ⤴ Vision: hone in on the breadth and depth of what we are talking about
 - What will make this group different from other/previous groups?
 - Vision not related to specific groups or funding sources (i.e. Medicaid vs. non-Medicaid)
 - How will (do we want) Colorado be different 10 years from now?
- ⤴ Not just about Medicaid, but about the continuum
- ⤴ Working on Senator Aguilar's recommendation of the path
- ⤴ Make sure we do not divide ourselves into competing interests
- ⤴ Talk about the Affordable Care Act
- ⤴ Revisit the issue of the legislation that formed this group, and the information about how departments have merged and changed
- ⤴ Each member come to next meeting with a recommendation toward the strategic plan
- ⤴ Need to know what other states have done
- ⤴ Look at output from the work we did last year

Consensus for next month's discussion: Identify the ultimate vision (destination) of the group and work backward to identify action items, and look at what other states have done.

VI. Announcements/Other Business

None

VII. Public Comment

Julie Farrar: Our supply and demand do not match up, and we need to look at how to align those two.

VIII. Next Meeting

Monday, December 17, 2012

1:00 PM – 4:00 PM

Location: History Colorado, 4th Floor