Healthy Living Initiatives

What are the Healthy Living Initiatives?
The Department of Health Care Policy and Financing is committed to improving the health of our clients, staff and community. This focus on healthy living extends from healthy development during infancy and childhood through the life span to healthy aging.

What are the Healthy Living focus areas?
The Department will address population health, focusing on improving health outcomes. This process depends on consistent measurement of health indicators and clinical outcome measures. Below are focus areas and data measures:

Oral Health
Improve dental outcomes in children on Medicaid and CHP+ by promoting evidence-based strategies

- Health outcome measures include the percent of children who have dental caries
- Performance measures include the percent of children who received treatment or prevention services including sealants.

Behavioral Health
Advance the diagnosis and treatment of depression for clients on Medicaid and CHP+

- Health outcome measures include the percent of clients who have had a diagnosis of depression in the past year
- Performance measures include the percent of clients whose depression is managed effectively.

Nutrition and Fitness
Reduce overweight and obesity rates among clients on Medicaid/ CHP+

- Health outcome measures include the percent of children and adults who are overweight or obese
- Performance measures include the percent of children who receive weight assessment and counseling, and the percent of adults who receive Body Mass Index (BMI) assessment.

Tobacco Free Living
Reduce tobacco use and secondhand smoke exposure for clients on Medicaid and CHP+

- Health outcome measures include the percent of clients who report using tobacco, the percent of newborns exposed to second hand smoke, and the percent of women who smoked during their last trimester of pregnancy.
- Performance measures include the percent of clients who smoke, whose doctor advises them to quit, and discusses medication and tobacco cessation strategies.

For more information about the Healthy Living Initiatives, click here.

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