

## **FISCAL YEAR 2009-10 GRANTEES**

### **Colorado Culture Change Coalition**

\$50,600

Website information on how to recognize and evaluate a long-term care community's integration of resident-centered care principles and practices; links to other culture change sites; information on implementing resident-centered care; educational offerings; exchanging ideas and asking questions. Development and training of state-wide Volunteer Speakers Bureau educating consumers about resident-centered care. Funding for a state-wide training - Colorado Accord 2011 and an introductory training on culture change.

Contact: Becky Paskind

### **Colorado State & Veteran Nursing Home**

\$10,500

Support Eden train-the-trainer on resident-centered care principles and practices for staff at Fitzsimons/Aurora, Bruce McCandless/Florence, Homelake/Monte Vista, Rifle/Rifle and Trinidad/Trinidad.

Contact: Viki Manley

### **EDU Catering**

\$2,500

Educate Colorado State Surveyors and Centers for Medicare and Medicaid Services (CMS) Denver Region XIII Surveyors on culture change ideas and regulatory compliance opening discussion on identifying barriers within the survey process and potential solutions that will be presented to CMS Central Office.

Contact: Carmen Bowman

### **EDU Catering**

\$23,000

Twenty volunteer nursing homes state-wide will be part of a collaborative effort to implement culture changes and receive free quarterly training and a mid-way all day workshop addressing barriers identified during quarterly coaching sessions and will benefit from learning from others. Each home will be coached to use the Artifacts of Culture Change measurement tool and identify real and/or perceived barriers.

Contact: Carmen Bowman

**Exempla Colorado Lutheran Home (ECLH)** \$3,600

ECLH will conduct an aromatherapy pilot program to promote the quality of sleep in a group of nine volunteer residents who currently are experiencing insomnia. Impacts of the pilot will be evaluated for physical wellbeing, life satisfaction, depression and mood, and the ability to take part in the community within and outside of ECLH.

Contact: Rebecca Case

**Gay, Lesbian, Bi-Sexual and Transgender Community Center (GLBT)** \$12,500

Creation of a new model intending to erase fears and overcome barriers by educating LTC facilities and their staff to be more culturally competent and aware of GLBT persons receiving skilled care. A curriculum will be developed to facilitate change through active education and through creating opportunities for safe conversation among staff and residents.

Contact: Debra Pollock

**Highline Rehabilitation & Care Center** \$10,165

The facility will attempt to decrease medications for residents with dementia to be replaced by therapeutic modalities and behavioral approaches. Some examples are herbal supplements, therapeutic touch, aromatherapy, validation therapy, massage therapy, hydrotherapy, heat, music, meditation, yoga, detoxification and pressure type therapies. The long term benefit for the resident will be an improvement in one or more of the following areas: decreased restraints, behaviors, depression, thought process, weight, falls or medications.

Contact: Jennifer Brown

**The Legal Center for People with Disabilities and Older People** \$47,800

Funding will be used to update the Resident's Rights Bingo game to further promote and improve resident-centered care in addition to being a resource for learning about elder rights. The resource will be used electronically and incorporate adult leaning strategies to make the game more interactive, relevant and engaging; follow up activities will be added to allow it to be used year round with residents, family groups and for staff training and in-services required to be conducted at least annually.

Contact: Mary Anne Harvey

### North Star Community

\$4,782

Funding will support a wellness project based on the benefits of shared rhythm circles. A staff member will become a trained HealthRhythms facilitator. Equipment will be purchased to facilitate the program; one set used for the North Star Community home and the other set available for loan to other communities.

Contact: Marcia Brenowitz

### Pinon Management

\$30,000

Funding will support the design of a curriculum to develop Neighborhood Guides from six different Pinon managed communities. The communities represent a broad spectrum of demographics allowing the identification of unique challenges such as urban vs. rural, large vs. small, short-term vs. long-term, younger vs. older, traditional vs. uniquely-abled populations, English-speaking vs. non-English-speaking staff and residents. Guides will be responsible for developing and mentoring the neighborhood teams in their communities to support a true resident-centered model of care.

Contact: Nancy Fox

*During the first year of implementation, the Nursing Facility Culture Change Accountability Board reviewed 36 proposals for meeting the legislative intent for culture change, CMS guidelines, merit, potential for replication, and ability to evaluate impact on residents. It recommended the ten proposals identified above to the Colorado Department of Healthcare Policy and Financing and the Colorado Department of Public Health and Environment. The two Departments concurred and the funds have been disbursed.*