## ARRA investment grants in Prevention Services

# Tobacco, Physical Activity and Nutrition

- Decreasing smoking prevalence and smoking initiation among youth by convening an expert group to provide recommendations on state action.
- Integrating public health into community development by training public health leaders in built environment and working with communities to adopt comprehensive master plans that include public health elements like walkability, public transportation and grocery stores.
- Increasing healthy eating options by reducing the sodium content of foods in restaurants, doing counter-advertising and promoting voluntary worksite policies to reduce consumption of sugar-sweetened beverages, and promoting nutrition education in schools with high rates of poverty.

## **Physical Activity and Nutrition**

Improving school nutrition by training school food service staff on healthy food
procurement and preparation and improving land use policies and foster a farm to school
program that supplies fresh and healthy food to Colorado's students and benefits
Colorado's agriculture economy

#### Quitline

 Reducing smoking prevalence and exposure to secondhand smoke among low-income pregnant women and Medicaid populations by working with partners that serve lowincome populations to more effectively reach and proactively refer low-income pregnant women and Medicaid populations to the QuitLine.

#### **Chronic Disease Prevention**

 Expanding the reach of a national chronic disease self-management program in Weld and Larimer Counties, the six-county San Luis Valley region and the eight-county Denver Metro area. The program now reaches 50% more individuals, providing them with physical activity and nutrition education, communication techniques and self-management skills that enable them manage their conditions and stay well.

### WIC

 Improving the efficiency of service delivery to participants and grocery stores by exploring the feasibility of providing food benefits to participants viea an electronic EBT transaction instead of checks.

National Health Service Corps (NHSC), State Health Professions Loan Repayment Program and the Primary Care Office

 Increasing the number of health care providers in medically underserved communities by repaying a portion of the student loan debt of health professionals in exchange for service.