Title of Rule: Prenatal Plus Program

Rule Number: MSB 03-11-24-B

Division / Contact / Phone: Health Benefits / Viki Manley / 866-5620

STATEMENT OF BASIS AND PURPOSE

1. Summary of the basis and purpose for the rule or rule change. (State what the rule says or does and explain why the rule or rule change is necessary).

   The purpose of the amendment is to reformat the rule.

2. An emergency rule-making is imperatively necessary

   ☐ to comply with state or federal regulation and/or

   ☐ for the preservation of public health, safety and welfare.

   Explain:

3. Federal authority for the Rule, if any:

4. State Authority for the Rule:

   25.5-1-301 through 25.5-1-303, C.R.S. (2003);
   26-4-508, C.R.S (2003)

Initial Review	**01/09/04**	Final Adoption
Proposed Effective Date	**04/01/04**	Emergency Adoption

DOCUMENT #8

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REGULATORY ANALYSIS

1. Describe the classes of persons who will be affected by the proposed rule, including classes that will bear the costs of the proposed rule and classes that will benefit from the proposed rule.

   There will be no impact to Medicaid participating physicians or clients.

2. To the extent practicable, describe the probable quantitative and qualitative impact of the proposed rule, economic or otherwise, upon affected classes of persons.

   There will be no impact to Medicaid clients.

3. Discuss the probable costs to the Department and to any other agency of the implementation and enforcement of the proposed rule and any anticipated effect on state revenues.

   This rule will not have an effect on the Department, another agency or state revenues.

4. Compare the probable costs and benefits of the proposed rule to the probable costs and benefits of inaction.

   This rule will increase Department efficiency.

5. Determine whether there are less costly methods or less intrusive methods for achieving the purpose of the proposed rule.

   There are no less costly methods or intrusive methods for achieving the purpose of the proposed rule.

6. Describe any alternative methods for achieving the purpose for the proposed rule that were seriously considered by the Department and the reasons why they were rejected in favor of the proposed rule.

   There were no alternative methods considered for the proposed rule.

8.748 PRENATAL PLUS PROGRAM

8.748.1 CLIENT ELIGIBILITY

8.748.1.A. A client shall meet all the following conditions to be eligible for a Prenatal Plus Risk Assessment:

1. Medically verified pregnancy including a 60-day postpartum period.
2. Determined either presumptively eligible or eligible for Medicaid.
3. Self-referred or referred by a health or human service practitioner as having risk behaviors that might negatively impact the pregnancy outcome.

8.748.1.B. To receive Prenatal Plus services other than Risk Assessment, the client shall also have been determined qualified for the program by the Prenatal Plus Risk Assessment provider.

8.748.2 PROVIDER ELIGIBILITY

Providers wishing to participate in the Prenatal Plus Program shall complete an application developed by the Colorado Department of Public Health and Environment. The provider shall demonstrate how they will meet the specified service requirements including at a minimum:

1. Identify and target pregnant women with risk factors potentially requiring the Prenatal Plus service package.
2. Deliver Prenatal Plus services to pregnant women who pass the Risk Assessment.
3. Refer clients for other services as necessary and coordinate with other community agencies.
4. Track, document and report risk resolution and pregnancy outcome.

Application review and provider selection is conducted at the Department of Public Health and Environment. Only providers who have received training for the Prenatal Plus Program and meet the service requirements determined by the Department of Public Health and Environment will be eligible for reimbursement for Prenatal Plus services.

8.748.3 REIMBURSABLE SERVICES

8.748.3.A. Reimbursable Prenatal Plus services shall specifically address the psychosocial behaviors that impact pregnancy outcome and are in addition to medical prenatal care. They are limited to:

1. Risk Assessment: Identification and documentation of client medical, psychosocial, nutritional and behavioral strengths and risk factors that could negatively impact pregnancy outcome.

2. Prenatal Care Coordination: Services provided by a Prenatal Plus provider that includes service planning and coordination, referral, follow-up and monitoring.

3. Home visitation: A 30-90 minute face-to-face contact with a client at the client's residence or alternative non-provider site by the Prenatal Plus provider to address issues identified through the Risk Assessment.

4. Nutrition counseling: Nutrition intervention services provided by a registered dietitian including ongoing nutrition assessment, client counseling and referral to other health professionals as needed.

5. Psychosocial counseling: Services provided by a mental health professional including ongoing assessment of the client's psychological and social situation, brief psychotherapy, crisis intervention and referral to additional mental health treatment as needed.

8.748.4 REIMBURSEMENT

Reimbursement shall be the lower of:

1. Submitted charges; or

2. Fee schedule as determined by the Department.

~~8.748 PRENATAL PLUS SERVICES FOR PREGNANT WOMEN WITH BEHAVIOR RISKS THAT MIGHT NEGATIVELY IMPACT PREGNANCY OUTCOME~~

~~8.748.1 DEFINITIONS~~

~~For the purposes of Section 8.748, the following definitions shall apply:~~

~~A. Prenatal Plus Provider means a Medicaid enrolled provider who is trained by and meets service requirements of the Colorado Department of Public Health and Environment, completes a risk assessment of the pregnant woman, and provides a package of enhanced prenatal services.~~

~~B. Risk Assessment means an identification and documentation of client medical, psychosocial, nutritional and behavioral strengths and risk factors that determine program enrollment.~~

~~C. Prenatal Care Coordinator means an employee or contractor of a Prenatal Plus Provider. A care coordinator must meet the education and experience requirements of the Department of Public Health and Environment.~~

~~D. Home Visitation means 30-90 minute face-to-face contact with a client within the client's current residence or alternative non-provider site by the prenatal care coordinator to address issues identified through the risk assessment.~~

~~E. Nutrition counseling means services provided by a registered dietician to counsel and educate the client on nutritional risks that could impact pregnancy outcome. Nutrition counseling services under Prenatal Plus are above and beyond the screening, counseling and education provided by the Women, Infants and Children (WIC) program.~~

~~F. Psychosocial counseling means services provided by a mental health professional within the scope of his/her degree or licensure to change behaviors that could impact pregnancy outcome.~~

~~G. Prenatal Care Coordination means services provided by a designated care coordinator including risk assessment, service planning and coordination, referral, follow-up and monitoring.~~

~~8.748.2 DETERMINATION OF CLIENT ELIGIBILITY~~

~~A. To receive Prenatal Plus risk assessment, client must meet all the following conditions:~~

~~1. medically verified pregnancy including 60 day postpartum period;~~

~~2. determined either eligible presumptively or eligible for Medicaid by a qualified Presumptive Eligibility site or by the Department of Social Services in the county where the person resides;~~

~~3. self-referred or referred by a health or human service practitioner as having risk behaviors that might negatively impact the pregnancy outcome.~~

~~B. To receive Prenatal Plus services beyond risk assessment as specified in 8.748.5, the recipient must meet all the criteria in 8.748.2A and have passed the Prenatal Plus risk assessment which determines and documents the pregnant woman's risk factors including but not limited to items such as history of low birth weight, age, inadequate weight gain, smoking, homelessness, physical abuse, low education, unmarried, and other indicators of high life stress.~~

~~8.748.3 PROVIDER ELIGIBILITY~~

~~Under a cooperative agreement with the Colorado Department of Health Care Policy and Financing, the Colorado Department of Public Health and Environment will develop service requirements and train providers for the Prenatal Plus Program. Only Medicaid enrolled providers who have received such training and meet the service requirements determined by the Department of Public Health and Environment will be eligible for Medicaid reimbursement for Prenatal Plus services.~~

~~8.748.4 APPLICATION PROCESS~~

~~In addition to being Medicaid enrolled providers, providers wishing to participate in the Prenatal Plus Program must complete an application as developed by the Colorado Department of Public Health and Environment. In the application, the provider will need to demonstrate how they will meet the service requirements specified by the Department of Public Health and Environment including at a minimum:~~

~~A. identify and target pregnant women with risk factors potentially requiring the Prenatal Plus service package;~~

~~B. deliver Prenatal Plus services to pregnant women eligible for Medicaid who pass the risk assessment;~~

~~C. refer clients to other services as necessary and coordinate with other community agencies; and~~

~~D. track, document, and report risk resolution and pregnancy outcome.~~

~~The Department of Public Health and Environment and the Department of Health Care Policy and Financing will jointly review the applications in order to select the Prenatal Plus providers for a community.~~

~~Adopted: 12/08/95 Adopted: New Material~~
~~Effective Date: 1/01/96 Effective Date:~~

~~8.748.5 REIMBURSABLE PRENATAL PLUS SERVICES~~

~~Prenatal Plus services specifically address the psychosocial behaviors that impact pregnancy outcome and are in addition to medical prenatal care.~~

~~Reimbursable Prenatal Plus Services are limited to:~~

~~A. risk assessment;~~
~~B. prenatal care coordination;~~
~~C. home visitation;~~
~~D. nutrition counseling; and~~
~~E. psychosocial counseling.~~

~~8.748.6 REIMBURSEMENT~~

~~Reimbursement for enhanced prenatal services shall be the lower of:~~

~~A. Submitted charges; or~~

~~B. Fee schedule as determined by the Colorado Department of Health Care Policy and Financing in conjunction with the Colorado Department of Public Health and Environment.~~