

NATURAL HEALTH PRACTITIONERS
OVER 10,000 in COLORADO

Natural Health Practitioners include:

- Holistic Health Practitioners
- Herbalists
- Nutritional Consultants
- Homeopaths
- Aromatherapists
- Reflexologists
- Energy Work Practitioners
- Ayurvedic Practitioners

SCOPE OF PRACTICE:

The philosophy of holistic health states that the practitioner must only use safe methods of assessment and therapy while emphasizing the care of the whole person, including physical, mental, emotional and spiritual aspects. Almost all forms of natural health care adhere to this basic definition. The primary focus of herbalism is to treat people as individuals irrespective of the condition they have and to stimulate their innate healing power through the use of herbs, diet and lifestyle.

- Food, Food Extracts
- Dietary Supplements
- Herbal/Botanical Preparations
- Air, Water, Heat, Cold
- Sound, Light
- Exercise, Lifestyle Counseling
- Homeopathic Preparations
- Bio-Energetic Methods

Attend various schools, some of which are accredited through the U.S. Department of Education. Curriculum includes: Anatomy, Physiology, Nutrition, Herbolgy, Homeopathy, Diet, Biofeedback, Reflexology, Aromatherapy, Energy Work, etc.

NATUROPATHIC DOCTORS
OVER 1,000 IN COLORADO

Attend various naturopathic schools and graduate with a degree of Naturopathic Doctor, Doctor of Naturopathy, N.D.

SCOPE OF PRACTICE:

A distinct system of non-invasive health practice in which neither surgery nor drugs are used; consisting instead of assessment, education and natural health modalities to help stimulate and maintain the body's intrinsic self-healing process which include, but are not limited to:

- Food, Food Extracts, Digestive Aids
- Vitamins, Minerals, Enzymes
- Air, Water, Heat, Cold, Sound, Light
- Herbal/Botanical Preparations
- Nutritional Preparations
- Exercise, Lifestyle Counseling
- Homeopathic Preparations
- Bio-Energetic Methods
- Holistic Assessment
- All Natural Health Modalities

Naturopathic schools offering this training have been in existence for centuries. Most schools are accredited by various agencies and prerequisites include BS and MS degrees. Curriculum includes: Nutrition Counseling, Natural Health, Naturopathy, Biology, Anatomy, Physiology, Herbolgy/Botanical Medicine, Homeopathy, Reflexology, Acupressure, Biochemistry, Disease Prevention, etc.

The Naturopathic Doctor (N.D.) title is vitally important. Medical Doctors refer patients to these practitioners because of their ND title. Many nutritional products, devices and continuing education are only available to practitioners if they have graduated from a school with a degree of Naturopathic Doctor. These practitioners would not be able to continue offering their services without the N.D. title and would be put out of business.

CNME NATUROPATHIC PHYSICIANS
(Now calling themselves Naturopathic Doctors)
LESS THAN 100 IN COLORADO

Attend one of five CNME naturopathic medical schools in the U.S. and graduate with a degree of Naturopathic Physician or Naturopathic Medical Doctor.

SCOPE OF PRACTICE:

Utilization of all methods of clinical and laboratory diagnostic testing, including:

- Diagnostic Radiology and other Imaging Techniques
- Medicines of Mineral, Animal and Botanical origin
- Writing Controlled Pharmaceutical Prescriptions, including Narcotics
- Minor Surgery
- Intravenous Therapies, Chelation, Hormone Replacement Therapy
- Primary Care Physician
- Medically Diagnose Disease
- Naturopathic Obstetrics
- Nutritional Medicine
- Psychotherapy, Counseling
- Therapeutic Fasting
- Hygiene and Public Health Measures
- Homeopathy
- Acupuncture
- Chinese Medicine
- Naturopathic Physical Medicine
- Manipulative Therapies
- Hydrotherapies
- Heat and Cold
- Ultrasound

These schools have been in existence for approximately 30 years. Curriculum includes: Anatomy, Biochemistry, Physiology, Histology, Pathology, Immunology, Biology, Botanical Medicine, Neuroscience, Pharmacology, Nutrition, Counseling, Homeopathy, Laboratory & Clinical Diagnosis, etc.